

2003

## Program Inscape Symposium

Rose Williams

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Australian Research and Training Centre for the Arts in Psychotherapy @ Edith Cowan University School of Contemporary Art. Edited by: Dr Rose Williams Papers Refereed By: David Maclagan, Annie Henzell, Babette Sabella November 13-16, 2003 Wollaston Conference Centre, Perth.  
This Conference Proceeding is posted at Research Online.  
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Australian Research and Training Centre for  
the Arts in Psychotherapy

@ Edith Cowan University  
School of Contemporary Art

**'inscape'**  
**ARTCAP**  
**SYMPOSIUM**  
**2003**

Conference Proceedings

November 13-16, 2003

Wollaston Conference Centre, Perth

Edited by: Dr Rose Williams

Full papers Refereed by:

David Maclagan  
Annie Henzell  
Babette Sabella

Published @ ECU on: [www.soca.ecu.edu.au/artcap/symposium2003](http://www.soca.ecu.edu.au/artcap/symposium2003)

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# 1 introduction to proceedings

The inaugural ARTCAP symposium 2003 drew together artist-therapists, researcher-dramatists, students, writers, and practitioners across arts and therapeutic traditions to consider the theme of 'inscape' in its context from the words of Gerard Manly Hopkins:

*"Another night from the gallery window I saw a brindled heaven, the moon just marked by a blue spot pushing its way through the darker cloud, underneath and on the skirts of the rack, bold long flakes whitened and swaled like feathers, below/ the garden with the heads of the trees and shrubs furry grey: I read a broad careless inscape flowing throughout"(Gerard Manley Hopkins - Feb 23, 1872)*

The three symposium saw interested delegates from all over Australia, New Zealand and the United Kingdom make invaluable contributions to workshops, panels, experiential sessions and community life (our program was residential for some). Student works were also showcased in the SOCA @ ECU gallery space (spectrum) and were a focus of the program along with works from visiting fellow David Maclagan.

The focus of our time together was on working both in written 'texts' but also across embodied texts in movement, action and sound and in conversation. These full-text refereed proceedings reflect only some of the very wide ranging aspects of our

considerations together. They represent a beginning point in the ongoing activities of ARTCAP @ ECU and collaborative research-in-action, conversation and other events which the Centre hopes to auspice in coming years. This document constitutes only the written portion of works submitted. The works in total including photographs of works and stills from performances can be viewed in future on the ARTCAP website [www.soca.ecu.edu.au/artcap/symposium2003](http://www.soca.ecu.edu.au/artcap/symposium2003).

Many thanks to all the contributors for their work and we at ARTCAP look forward to the next time we meet. Enquiries regarding ARTCAP activities and collaborations can be directed to SOCA on 9370 6284.

Regards

Dr Rose Williams  
INSCAPE Convenor  
Manager ARTCAP @ SOCA

# 2 conference program

**INSCAPE: SYMPOSIUM CONCERNING THE ARTS IN PSYCHOTHERAPY**  
**November 13,14,15 & 16**

**Main Venue:**

**Wollaston College Conference and Retreat Centre**  
**1 Wollaston Road Mt Claremont**  
**9384 5511**

*"Another night from the gallery window I saw a brindled  
heaven, the moon just marked by a blue spot pushing its way  
through the darker cloud, underneath and on the skirts of  
the rack, bold long flakes whitened and swaled like  
feathers, below/ the garden with the heads of the trees and  
shrubs furry grey: I read a broad careless inscape flowing  
throughout" (Gerard Manley Hopkins - Feb 23, 1872)*

Thursday 13<sup>th</sup>

6:30pm Shared Meal - Introduction of conference  
team/housekeeping notes

8:00pm Session 1: "Setting the Scene" & Process Space  
(Banksia Room)  
(Co-ordinator - Robyn Bett r.bett@ecu.edu.au)

Establishing a Participant Focus - An action session to  
explore the concerns/ideas of symposium participants and  
'sensitise' the symposium community to our collective  
expectations and thoughts about our time together. This  
session will be led by Robyn Bett - coordinator of the MA  
Dramatherapy and International Playback personality and  
will incorporate dramatherapy techniques.

10:00 Close

Friday 14<sup>th</sup>

6:30 Yoga/Meditation Space

7:30 Breakfast/Announcements

9:00            Session 2:        The Fishbowl   - "Outside-In"  
                  (Banksia Room)  
                  (Co-ordinator John Henzell j.henzell@ecu.edu.au)

A Glimpse into the Healing Arts - A conversation between visiting guests from the British Arts Therapies traditions and senior Australian practitioners/educators to respond to issues/ideas currently alive within Australian Arts Therapies communities. A moment to examine insights/curiosities/ concerns held as "outsiders looking in" and for some local response. This session will be moderate by John Henzell and will include Dr David Maclagan (author, artist and art therapy educator), Jill Westwood (Head of University of Western Sydney Arts Therapy Program) & Maureen (Whitcliffe College NZ)

12:00           Lunch/Set up marketplace

1:00            "Marketplace" (Various venues)  
                  (Co-ordinator Rose Williams  
                  rose.williams@ecu.edu.au)

Making the Most of Us - Marketplace is the time for any conference participant to devise and advertise to their fellow community members a session they would like to run. Anything from choir singing, swapping biscuit recipes, a dance class, space for detailed focus on a particular theme running in the conference to date, a new practice idea etc. All participants are invited to come equipped with any materials required and a space/time will be allocated to you (please indicate on booking sheet).

4:00            Session 3: Imagery & Meaning Making (Chapel)  
                  (Co-ordinator John Henzell, j.henzell@ecu.edu.au)

Artists and the Unconscious - A conversation between contemporary Australian art-makers about meaning making, arts practice and the unconscious. This session will be held in the great outdoors and will be orchestrated by John Henzell with pivotal contemporary Australian art makers including Greg Pryor (Visiting Fellow), Mark Minchinton (Head of Performance Studies VCU), Dr Domenico Declario (Head of SOCA @ ECU) and Venice Biennale Australian representative Lyndall Jones .

6:30            Dinner



8:00            Process Space (Banksia Room)  
(Co-ordinator Robyn Bett r.bett@ecu.edu.au)

Renewing a Participant Focus - An opportunity to review the day, gather thoughts, make reflections and otherwise 'process' what has been going on for participants either personally or collectively. This session will be run by Robyn Bett and will be a time to refocus on participant concerns.

9:00            Close

*Saturday 15<sup>th</sup>*

Yoga/Meditation Space

7:30 Breakfast

9:00            Session 4 - Hypothetical (Chapel)  
(Co-ordinator Tarquam McKenna  
t.mckenna@ecu.edu.au)

Coexisting in Practice - a session with Jungian Psychoanalyst Dr Sally Kester and educator/dramatist Tarquam McKenna looking into collective knowledge regarding co-existence of the unconscious in contemporary health settings and practice frameworks. Dr Kester is past president of ANZJA and is a training analyst.

12:00          Lunch

1:30            Session 5: Public Forum (Perry Lakes) - Art and the Human Spirit  
(Co-ordinator Rose Williams  
r.williams@ecu.edu.au)

What does it mean to engage the human spirit? A collaborative conversation event, open to the public, gathering artists-therapists engaging with the theme of the human spirit, the soul and what is it that a 'transpersonal' sense brings to the making of art and the process of therapy. This session will be held in the chapel and moderated by Dr Rose Williams. It will engage three different 'spirit' paradigms including the Steiner anthroposophy traditions (Vivienne Beere - Arts Therapist), Australian Indigenous healing arts (John Mallard - Curtin Centre for Aboriginal Studies) and a Jungian imagination in

the life of the Anglican church (Dr George Trippe - Anglican minister and psychoanalytic therapist).

3:30 Tea & Travel to Spectrum

4:30 Student Focus (Spectrum Gallery) "Another night from the gallery window....."  
(Co-ordinator Rose Williams  
[rose.williams@ecu.edu.au](mailto:rose.williams@ecu.edu.au))

A wine and cheese gathering to review student work including performance/ sculpture/ painting with formal presentations of student papers and other 'texts'. This session will allow space for short performance pieces exploring themes in student work and a discussion of images with the image-makers.

7:30 Dinner (Moon Café Northbridge)

Conference dinner will be booked at a Northbridge café in walking distance from the Spectrum Gallery. Participants are welcome to also have a free evening in Northbridge if that is your preference. Travel back to the conference venue for those staying on site will not be formally arranged however taxis can be booked prior to the event. Bookings for the conference meal can be made on site once a venue and costs are confirmed.

*Sunday 16<sup>th</sup>*

Yoga/Meditation Space

7:30 Breakfast

9:00 Session 6: Collaborative Research Forum  
(Banksia Room)  
(Co-ordinator Rose Williams,  
[rose.williams@ecu.edu.au](mailto:rose.williams@ecu.edu.au))

How is it that Art & Therapy can co-exist in research? A look at contemporary/ creative forms of research available to practitioners and students. We examine the role of research or 'structured inquiry' in the arts psychotherapy arena. Dr Rose Williams, ARTCAP Co-ordinator will be joined by fellow researchers presenting work and discussing themes. The session will focus on an 'action inquiry' approach which will engage all participants in researching

their own approach to 'professional curiosity'. This session is an opportunity to talk about publication of research work, practitioner-researcher models of 'doing research work', how we might broaden and deepen the public engagement with arts psychotherapy practice through publication of work that can strengthen the intellectual resources available to practitioners and the health professions.

12:00 Lunch

1:45 Session 7: Reflection/Looking Ahead  
(Chapel/grounds)  
(Co-ordinator Robyn Bett r.bett@ecu.edu.au)

A community gathering to take our leave of each other,  
report to the Symposium  
Community about ideas and concerns for the future and  
continuing efforts to deepen the dialogue between the arts  
and psychotherapy. Closing will incorporate an assembly-in-  
action of the collective art making occurring throughout  
the symposium. This session will be led by Robyn Bett.

3:00 Close