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## **Transformational Learning in the Western Australian Context**

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# Transformational Learning in the Western Australian Context

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## Aim

- To understand first year education students university experiences
- To determine if a model of transformative learning can be used to explain the learning experience of a cohort of first year university education students
- How does the evidence suggest a model for transformative learning on first year University study

## Background/Significance

- The Bradley Review (2008) recommends making Higher Education available to people from Underrepresented and low Socioeconomic Status (SES) backgrounds
- Suggests that more students enrolling in Australian universities will have limited educational experiences

# Background/Significance

- Students will face having to learn in a new environment
- This requires students to develop an understanding of the expectations and support available within that environment
- Transformational learning theory will therefore be an increasingly important lens through which to identify the learning strategies that may best support these students and inform curriculum development and delivery

# Theoretical Framework

- Transformational Learning (TL) is learning that occurs when an individual questions their existing values, attitudes and beliefs (Mezirow, 1990).
- The incentive to question existing values comes from experiencing a situation that cannot be made sense of using existing meaning schemes.
- Mezirow (1990) regards this as a disorienting dilemma that leads to a process of critical reflection and rational discourse followed by 'perspective transformation'.

# Research Methods

- Mixed methods
- Survey
- Case Study Interview
- Surveys and Case Studies were conducted in weeks 3, 3 and 4 of Semester 1, 2012

# Research Methods

- 72 students took part in an on-line survey. Questions gathered information about :
  - **Student Demographics,**
  - Responses were analysed to understand the students “lifeworld”
  - **Student experience and attitude to study,**
  - Questions were adapted from the First Year Experience Questionnaire designed to identify “behaviour of being at risk of failure”. Questions were mapped to the phases of Transformational Learning.
  - Questions used the categories of Academic Application, Student Identity, Academic Orientation and Comprehending and Coping (James , Krause & Jennings, 2010)



# Research Methods

- 11 Students took part in an Interview consisting of 12 questions
- Interview questions were mapped to the phases of Transformational Learning
- Responses were analysed using Grounded Theory Methods

# Findings

- **Demographics (Lifeworld)**
  - 15% arrange child care in order to attend University
  - 35% do paid work between 15 and 30 hours per week
  - 42 % of students are FIF
  - 44.4% aged 21 years and over
  - 98% have access to ICT and a quiet study space where they live

# Findings

- Attitudes to study
- 54 % of students reported being overwhelmed by the course workload and are having difficulty Comprehending and Coping with the study material. (Indicators of at risk behaviour)
- Of these 30 % also reported enjoying the intellectual challenge of studying and that lectures stimulated their interest in the course material

# Findings

- Case Studies
- Students reported being overwhelmed by the course work load
- Difficulty surviving on reduced financial income and finding time to work and study
- Don't have sufficient time management skills to prioritise the study workload

# Findings

- **Transformational Learning**
- Analysis of survey responses and case studies showed students experience the following phases:
  - Disorienting Dilemma
  - Examination of self and abilities to cope with study workload and financial responsibilities
  - A critical reflection on psychic, sociocultural and epistemic assumptions
  - Options for exploring new roles, relationships and actions
  - Acquisition of knowledge and skills for implementing ones plans