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2021

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[10.1186/s43042-021-00157-w](http://dx.doi.org/10.1186/s43042-021-00157-w) 

Acheampong, E., Adu, E. A., Obirikorang, C., Amoah, G., Afriyie, O. O., Yorke, J., ... Yeboah, F. A. (2021). Association of genetic variants with prostate cancer in Africa: A concise review. Egyptian Journal of Medical Human Genetics, 22, article 33. <https://doi.org/10.1186/s43042-021-00157-w> This Journal Article is posted at Research Online. https://ro.ecu.edu.au/ecuworkspost2013/10156

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# Association of genetic variants with prostate cancer in Africa: a concise review



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## Abstract

**Background:** Prostate cancer (PCa) has one of the highest heritability of all major cancers, where the genetic contribution has been documented, and knowledge about the molecular genetics of the disease is increasing. However, the extent and aspects to which genetic variants explain PCa heritability in Africa are limited.

Main body: In this review, we summarize studies that highlight how identified genetic variants explain differences in PCa incidence and presentation across ethnic groups. We also present the knowledge gaps in PCa genetics in Africa and why Africa represents an untapped potential ground for genetic studies on PCa. A significant number of genome-wide association studies, linkage, and fine-mapping analyses have been conducted globally, and that explains 30–33% of PCa heritability. The African ancestry has a significant mention in PCa incidence and presentation. To date, the candidate gene approach has replicated 23 polymorphisms including dinucleotide and trinucleotide repeats in 16 genes. CYP17-rs743572, CYP3A4-rs2740574, CYP3A5-rs776746, CYP3A43-rs501275, and haplotype blocks, containing these variants, are significantly associated with PCa among some population groups but not others. With the few existing studies, the extent of genetic diversity in Africa suggests that genetic associations of PCa to African ancestry go beyond nucleotide sequence polymorphisms, to a level of environmental adaptation, which may interpret genetic risk profiles. Also, the shreds of evidence suggest that evolutionary history contributes to the high rates of PCa relative to African ancestry, and genetic associations do not always replicate across populations.

**Conclusion:** The genetic architecture of PCa in Africa provides important contributions to the global understanding of PCa specifically the African-ancestry hypothesis. There is a need for more prostate cancer consortiums to justify the heritable certainties of PCa among Africans, and emphasis should be placed on the genetic epidemiological model of PCa in Africa.

Keywords: Genetic variants, Risk alleles, Prostate cancer

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#### Background

Prostate cancer (PCa) is the fifth leading cause of death from cancer in men, with an estimated 307,000 deaths representing  $6.6\%$  of total male cancer mortality [\[1](#page-8-0)]. Among men of African descent, PCa is the leading cancer in terms of incidence and mortality with approximately 22.0 per 100,000 population of men affected [\[2](#page-8-0)]. There is a consensus that 56% of new cases of cancers are reported in Africa and other low-middle-income countries which are projected to reach about 70% by 2030 [\[3](#page-8-0)–[5](#page-8-0)]. Regional reports indicate that the ageadjusted incidence per 100,000 population ranges from 10.6 in Northern Africa to 61.7% in Southern Africa [\[6](#page-8-0)]. In sub-Saharan Africa (SSA) alone, disability-adjusted life years (DALYs) and mortality from prostate cancer increased from 100,200 to 219,700 and 5600 to 12,300, respectively over a decade (1990–2010) [[7,](#page-8-0) [8](#page-8-0)]. Until recently, major unexplained differences exist in PCa incidence and mortality between countries in Africa, subjected to socioeconomic factors and genetics. For example, the age-standardized PCa incidence rate per 100, 000 is 37.1 in Uganda [\[9](#page-9-0)], 30.5 in Benin [\[10\]](#page-9-0), 30.26 in Eritrea [[11\]](#page-9-0), 24.5 in Mozambique [[12\]](#page-9-0), 20.4 in Northern Uganda [\[13\]](#page-9-0), 16.5 in Mauritius [\[14\]](#page-9-0), and 4.3 in Eastern Morocco [[15\]](#page-9-0). Aside from these African continentspecific differences, there are also significant geographical differences largely due to the underlying biology of prostate carcinogenesis, the variation in access to screening and treatment, and exposure to risk factors of PCa [[6\]](#page-8-0). However, the proportion of racial, ethnic, or geographical differences in PCa incidence that can be explained by these factors is relative and poorly understood.

PCa has one of the highest heritability of all major cancers [\[16](#page-9-0)–[19\]](#page-9-0), where the genetic contribution to PCa risk has been documented and knowledge about the molecular genetics of the disease is increasing and evolving. For instance, family based linkage studies have identified both common and ethnic-specific loci that partly explain the diversity in PCa incidence. Linkage signals including 12q24, 1q24-25, and 8q24 are common to both European and non-European descendants and have been widely replicated in candidate gene studies across diverse ethnic groups [\[20\]](#page-9-0). Also, as of 2014, genome-wide association studies (GWAS) have identified 76 susceptibility loci associated with PCa risk, and approximately 30% of the familial risk is due to such variants  $[21]$  $[21]$ . This typifies that understanding the genetic risks of PCa is essential to personalized medicine and a bridge in understanding differences in incidence and mortality outcomes.

In this study, we review topics covered on the genetics of PCa in Africa from January 1990 to September 2020 with detailed sections on (1) inheritance and Africanassociated risk, (2) GWAS, and (3) candidate gene studies in PCa. The review also highlighted the gaps in knowledge and prospects in the field to translate the clinical utility of these genetic variants, hitherto undecided. Our literature search included Google Scholar, PubMed, Web of Science, and Scopus. Medical Subject Heading (MeSH) Terms of PCa (Prostatic Neoplasms) were tagged to all countries in Africa across the online databases.

#### Inheritance and African-associated PCa risk

In 2015, a study among first-degree relatives in Senegal revealed that being black and having a first-degree relative with PCa does not appear to increase the risk of PCa [[22\]](#page-9-0). While this finding remains to be confirmed or refuted among other African populations, several studies [[23](#page-9-0)–[26](#page-9-0)] among men with African heritage have reported a strong familial aggregation of PCa. Unfortunately, comprehensive meta-analyses conducted thus far, which provide evidence of familial aggregation of PCa, did not include any study from Africa. Thus, there are unclear answers to what aspects of genetic risk contribute to PCa incidence in Africa. Accordingly, familial studies are needed to evaluate the true estimate of PCa heritability in Africa.

Petersen et al. [[27\]](#page-9-0) reported a stronger link between KhoeSan ancestry (in South Africa) and high-risk of PCa, which can explain a 2-fold increase in PCa presentation in Black South Africans compared with African Americans (AA). Typical of this finding, the genetic contribution to the burden of PCa among AA has been traced to West/West-Central Africa that shares about 82% of their ancestral genes [[27,](#page-9-0) [28\]](#page-9-0). To hold this fact, it means that modern men of African ancestry are not unlikely to have undergone selective pressure and possess PCa risk signatures in their genome with possible familial aggregation. Accordingly, these signatures may be conserved in men of African ancestry including the AA, which may clarify the unexplained 57% PCa heritability among such populations [[19\]](#page-9-0). Comprehensive studies on familial aggregation of PCa among Africans, especially men from West/Western-central Africa, are needed to understand population risk and extract evidence for personalized preventive strategies.

#### Risk alleles at 8q24 region in the African population

Various models have been employed to uncover the landscape of genetic variations associated with PCa. In Africa, the GWAS and candidate gene association approach are the most used models. Genetic variants of moderate-to-low-risk rather than rare variants with high penetrance have been widely investigated across Africa, especially the African MadCap Network. The first study that tested the transferability of European and AA common shared variants [[20\]](#page-9-0) in the West-African population

(Nigeria and Cameroon) observed that SNPs rs6983561, rs7008482, and rs16901979 were significantly associated with PCa risk [[29](#page-9-0)]. At the same time, they reported that SNPs rs6983267, rs7008482, and rs7000448 which have low penetrance (2–4%) in the European population were prevalent in more than 84% of the West African population. Similarly, a prior study by Haiman et al. [\[30\]](#page-9-0) reported that the risk allele at the strongest SNP-rs16901979 associated with PCa revealed higher penetrance in West Africans (54%) than European Americans (3%).

Han et al. [[31\]](#page-9-0) conducted a fine mapping of the 8q24 PCa-risk region (127.8–128.8Mb) to search for novel associations with common and rare variations among men of African Ancestry. Three ancestry-specific signals (rs72725879, rs114798100, and rs111906932), one of which is novel (rs111906932) located within or near some PCa-associated long noncoding RNAs (lncRNAs), including PRNCR1, PCAT1, and PCAT2, were identified. These associations were replicated in Ghanaian and Ugandan men [[31](#page-9-0)]. Also, a comprehensive resequencing analysis of 250kb region of 8q24.21 in Ghanaian men replicated similar findings [[32](#page-9-0)]. Similarly, 8q24 risk region marked by ancestry-specific risk variant rs72725854, near lncRNAs of PCAT1, accounted for 12% of PCa risk in the Ugandan population [\[33\]](#page-9-0). Moreover, regions marked by rs7008482 and rs6983267 were replicated in the Black South African mixed population [\[34\]](#page-9-0). The report of Chung et al. [\[32\]](#page-9-0) indicated that all 8 PCa-associated loci and rs13252298 in 8q24 are monomorphic in the Ghanaian population. This represents that both ancestryspecific rare and common variants, as well as commonly shared variants, are present in the African population. For all the studies, West African men have a much higher prevalence of 8q24-risk alleles than other populations of European and Asian ancestry which may explain the African-ancestry risk burden of PCa among AA population.

The overall findings suggest that rarer genetic variation in the 8q24 region may contribute, in part, to the greater risk of PCa among the African population. Ahmadiyeh et al. [\[35](#page-9-0)] demonstrated that several independent polymorphic variants on chromosome 8q24 may produce a conventional biological mechanism that promotes the disease or regulation of nearby genes (cisregulation) or genes on other chromosomes (trans-regulation). Pomerantz et al. [\[36](#page-9-0)] also indicated that the 8q24 locus harbors previously unannotated microRNAs (miRNAs) which are involved in cis-regulation of distal genes and affecting RNA expression.

The significance of 8q24-risk alleles has been demonstrated in a recent study among the Ugandan population [[33\]](#page-9-0). Polygenic risk score including 8q24-risk alleles has 2-times predictive ability than score constructed without 8q24-risk alleles [\[33\]](#page-9-0), suggesting that variation in this

region may prove vital for risk classification among the African population. Common variants including rs7008482, rs72725879, and rs114798100 were transferable in more than one population group in Africa (Table [1\)](#page-5-0). However, rs6983561 and rs16901979 were replicated in some population group in Africa but not others (Table [1\)](#page-5-0), although there were relatively high allele frequencies in such populations. This finding also suggest that population structure and context-specific factors influence the definition of risk alleles for a population group.

Other risk variants from genome-wide association studies In GWAS [\[37,](#page-9-0) [38\]](#page-9-0), 30 variants were identified to be associated with PCa in a prostate cancer study in a Ghanaian population. However, the most promising association was the 10p14 locus marked by introns of noncoding RNAs (rs7918885; 358kb 5′ of GATA3, RP11-543F8), which depicts evidence of transferability in the AA population. Subgroup analysis revealed variants at 5q31 (lead SNP PCDHA1-rs34575154), 22q13.31 (CELSR1-rs6008813), 7q31.31 (rs12537079; 61kb 5′ of AC003084.2; 119kb 5′ of NAA38), and 2q14.2 (rs12477565; AC012363.13; 22kb 5′ of INHBB), associated with GS≥7 cancers. SNPs at Xq28 (rs985081; 22kb 3′ of IDS) and 6q21 (rs2185710; 84kb 3′ of U6) were associated with low GS <7 cancers.

In a genome-wide association meta-analysis among men of African ancestry, 13q34 candidate signals located 5′ of the gene IRS2 and 3′ of a long noncoding RNA (rs75823044) and 22q12.1 candidate functional allele in the CHEK2 gene were novel signals found only in men of African ancestry [\[39\]](#page-9-0). Additionally, according to Fernandez et al. [[34\]](#page-9-0), rs10993994 (10q11) showed evidence of transferability in South-African mixed ancestry men. A study by Petersen et al. [\[27](#page-9-0)] among the South African Black population identified loci at 2p11.2, 3p14, 8q23, and 22q13.2 associated with the aggressive presentation of PCa. In a further comparative analysis using Fisher's exact significance test with Bonferroni correction, 22q13.2 and 2p11.2 were associated with Gleason score  $(GS) > 8$ . Also, 2p11.2 was associated with  $PSA \ge 20$  ng/ ml, whereas 8q23 and 3p14 were found to be associated with PSA-High-risk prostate cancer. Haplotype and single-marker association analysis identified rs10103786 and rs4504665 within 8q23 that remained significant after correcting for multiple testing [[27\]](#page-9-0). The loci enriched with  $GS \ge 8$  and  $PSA \ge 20$  ng/ml, 22q13.2 and 2p11.2, have shown evidence of transferability among different population groups [\[40](#page-9-0)–[43\]](#page-10-0). The pattern of PCa risk allele identification from GWAS is typical of a recent report by the MadCap Network that there are significant individual and population-level differences in PCa risk within the Africa population [\[44\]](#page-10-0). Among men



<span id="page-5-0"></span>

Color representation: green label, ancestry specific signals; blue, commonly shared variance; ash, variants are transferable in some population group but not others

of African ancestry, Haiman et al. [[45](#page-10-0)] identified novel risk variants on 17q21 (rs7210100; odds ratio per allele= 1.51;  $p=3.4\times10^{-13}$ ), which has approximately 5% penetrance among AA compared with 1% in the white race. These findings emphasized the significance of GWAS for discovering significant PCa rare variants associated with the African race [[45](#page-10-0)].

#### Candidate gene studies

From January 1990 to September 2020, only 23 polymorphisms, including dinucleotide and trinucleotide repeats, in 16 genes, have been investigated in association with PCa in Africa. The cytochrome variants involved in androgen and estrogen metabolism [\[46](#page-10-0)–[52\]](#page-10-0) and variants involved in cell proliferation and inflammation (COX-2 and GSTS genes) [[53](#page-10-0)–[56](#page-10-0)] have been investigated in multiple studies. CYP17-rs743572, CYP3A4-rs2740574, CYP3A5-rs776746, CYP3A43-rs501275, and haplotype blocks containing these variants were significantly associated with PCa among Tunisians and the South African population [\[46,](#page-10-0) [47](#page-10-0), [49](#page-10-0)]. However, the association of

CYP3A4-rs2740574 and CYP3A5-rs776746 with PCa was not replicated among Senegalese men [[49](#page-10-0)]. COX-2 polymorphisms (rs3918304 and rs20415) [\[53\]](#page-10-0) and rs2745557 [[54\]](#page-10-0) were transferable to South African and Egyptian populations, respectively. Whereas polymorphisms in GSTM1 but not GSTT1 were associated with PCa in the Tunisian population [\[55\]](#page-10-0), the association was reciprocated in the Algerian population [\[56\]](#page-10-0). Other markers involved in nucleotide excision repair (XPC gene) [\[57](#page-10-0)], regulation of cell-cycle progression (ELAC2 gene) [\[58](#page-10-0)], and regulation of androgen receptor (HSP70 and AR genes) [\[59](#page-10-0), [60\]](#page-10-0), and COMT [[52\]](#page-10-0), studied in single studies, were found to be significantly associated with PCa risk and severity.

#### Genetic epidemiological layout of PCa in Africa

Taking together the shreds of evidence from GWAS and candidate gene association studies, the genetic epidemiological layout of PCa among the African population is shown in Fig. [1.](#page-6-0) It appears that the genetic risk of PCa is more complex and results from polygenic inheritance.

<span id="page-6-0"></span>

that comprehensive studies are warranted to understand the contribution of genetic to PCa inheritance

The focus of research, thus far, has been on Africanancestry risk rather than familial aggregation to identify rare variants with larger effect sizes. The 8q24 locus has the highest number of independently associated common and ancestry-specific variants, which might be clinically relevant. Du et al. [[41\]](#page-9-0) have demonstrated that chromatin conformation of 8q24 SNPs exerts long-range tissue-specific control on MYC expression which gives potential insight into the pathogenesis of prostate cancer. Du et al. [[33\]](#page-9-0) further attempted to use risk variants at 8q24 for risk profiling and exhibited that variation in this region may prove vital for risk classification among the African population. It thus, highlights that population genetic risk score distribution at this region could potentially differentiate PCa risks for men more accurately according to their risk score percentile. For example, Ugandan men within the 90–99% of genetic risk scores constructed with 8q24-risk alleles were 4 times more at risk of PCa.

Additionally, other chromosomal aberrations at 2p11, 3p14, 8q23, 13q34, 5q31, 7q31, and 22q13 are associated with the aggressive presentation of PCa among the West African population. Evidence from genetic association studies also affirms the genetic contribution to PCa among Africans. Generally, variations in androgen and estrogen metabolism genes, cell proliferation genes, and genes involved in inflammation have a high effect on PCa susceptibility (Table [2\)](#page-7-0). The extent of genetic diversity in Africa and the association pattern to PCa suggest that genetic and environmental exposure concurrently interpret genetic risk profiles. Unfortunately, there is limited data in Africa to support any hypothesis in this regard. The heterogeneity in risk allele frequencies, nonreplication of risk variant, represents that diverse populations with African ancestry might share some common prostate cancer susceptibility alleles that may be different from the non-African populations.

## Knowledge gaps, prospects, and clinical implications

The focus of research on the genetics of PCa in Africa has been the African-ancestry risk hypothesis. Therefore, available data [[37](#page-9-0), [38\]](#page-9-0) provides evidence of the high-risk profile of AA from African-ancestry with unresolved issues of being black and having a first-degree relative with PCa not associated with increased PCa risk [\[22](#page-9-0)].



<span id="page-7-0"></span>

Color representation: ash, variants are transferable in some population group but not others

There was no evidence of pedigree or affected-sibling pair studies to understand the genetic contribution of PCa heritability in Africa. The impact of this is that most of the GWAS Consortium are largely focused on potential ancestors of AA, excluding largely the Northern, Middle, and other parts of African countries unexplored [[61](#page-10-0), [62\]](#page-10-0).

There are significant individual and population-level differences in prostate cancer risk such that the inclusion of a new set of the population will result in a new ancestry-specific signal [\[44\]](#page-10-0). Currently, the GWAS approach identified common, low-penetrance, and shared PCa predisposing variants among the African population. These common SNPs have high penetrance (MAF of at least 5%) with modest effect sizes and explain about 12% of the genetic contribution to PCa risk [[33](#page-9-0)], leaving the majority of risk unexplained. The rare variant hypothesis [\[63\]](#page-10-0) may be substantial in this regard, which necessitates the need to go beyond the commonly used SNP arrays in GWAS. Accordingly, high-coverage targeted or whole-genome sequencing in a larger sample will provide sufficient statistical power to allow a direct variant-by-variant analysis [[64\]](#page-10-0).

<span id="page-8-0"></span>Current efforts in the genetics of PCa have a goal towards personalized therapy for patients. Thus, important genetic epidemiological and functional studies are needed to understand the role of these variants. However, there is no consensus on the genetic architecture of Africans. In terms of individual risk profiling, the functional aspects of these variants are needed for targeted treatment programs. Thus, a wide range of genetic consortia is needed to interrogate the genomes of the African population by pooling efforts and resources.

#### Conclusion

The genetic architecture of PCa in Africa provides important contributions to the global understanding of PCa specifically the African-ancestry hypothesis. Although African ancestry has been successfully used to fine-mapped important variants, it only explains 30–33% of prostate cancer heritability. However, to what extent and aspects to which genetic variants explain PCa heritability in Africa are limited. Therefore, more prostate cancer consortiums are needed to justify the heritable certainties of PCa among Africans, and emphasis should be placed on the genetic epidemiological model of PCa in Africa. What we can appreciate is that the use of comprehensive methods in the search for genetic variants and functions have highlighted important candidate genes that perform a special function in PCa biology.

#### Abbreviations

AA: African Americans; GWAS: Genome-wide association studies; miRNAs: MicroRNAs; SNPs: Single-nucleotide polymorphisms; SSA: Sub-Saharan Africa; PCa: Prostate cancer

#### Acknowledgements

None

#### Authors' contributions

EA and EAA: conception and methodology; EA and EAA: data curation, inclusion, and exclusion criteria. EA and EAA: original draft; EA, EAA, EOA, GA, MAG, ENA, CKSG, FAY, OAA, JY, and CO: writing and editing; supervision: CKSG, FAY, and CO. The authors read and approved the final manuscript.

#### Funding

No funding was obtained for this study.

## Availability of data and materials

Not applicable

### **Declarations**

Ethics approval and consent to participate Not applicable.

#### Consent for publication

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

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#### Received: 2 January 2021 Accepted: 16 March 2021 Published online: 30 March 2021

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