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Abdominal aortic calcification, bone mineral density and fractures: A systematic review and meta-analysis of observational studies

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3 **Abdominal aortic calcification, bone mineral density and fractures: a**
4 **systematic review and meta-analysis of observational studies**
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3 **1 Abstract**
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6 **2 Background:** Abdominal aortic calcification (AAC) has been inconsistently associated with
7 skeletal health. We aimed to investigate the association of AAC with bone mineral density
8 (BMD) and fracture risk by pooling the findings of observational studies.
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12 **3 Methods:** Medline, EMBASE, Web of Science and Google Scholar were searched (August
13 2021). All clinical studies that assessed the association between AAC and BMD or fracture
14 were included. AAC was categorized into AAC any/advanced (all higher reported groups) vs
15 no/less advanced (lowest reported group). Pooled standardized mean differences (SMDs) and
16 risk ratios (RRs) with 95% confidence intervals (CI) were determined for BMD and fracture,
17 respectively, using random-effects models.
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20
21 **4 Results:** Of 2,192 articles screened, 86 (61,553 participants) were included in the review, while
22 42 provided data for meta-analysis. AAC was associated with lower BMD at the total hip
23 [SMD=-1.05 (95%CI: -1.47 to -0.63); 16 studies], femoral neck [-0.25 (-0.46 to - 0.04); 10]
24 and lumbar spine [-0.67 (-1.21 to -0.12); 20]. AAC was associated with a greater risk of any
25 fracture [RR= 1.73 (95%CI: 1.48 to 2.02); 27]. AAC was also associated with vertebral, non-
26 vertebral and hip fractures. In dose-response analysis, the highest AAC group had greater risks
27 of any, vertebral and non-vertebral fractures.
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31 **5 Conclusions:** AAC is associated with lower BMD and increased fracture risk at multiple sites,
32 underscoring the potential importance of vascular disease on skeletal health. Detection of AAC
33 at the time of BMD testing may provide clinicians with prognostic information about bone
34 health to enhance osteoporosis screening programs and fracture risk prediction.
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38 **6 Keywords:** Vascular calcification, osteoporosis, fracture
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23 Introduction

24 Vascular calcification, previously considered an inevitable consequence of aging, is now
25 understood to be an active and dynamic process of mineral deposition within arterial walls. It
26 is closely linked with chronic diseases such as atherosclerosis, chronic kidney disease (CKD),
27 and type 2 diabetes mellitus (1). Specifically, abdominal aortic calcification (AAC) has been
28 identified as a marker of advanced atherosclerotic plaques (2), and is associated with an
29 increased risk of cardiovascular events and poor prognosis (3). AAC has also been associated
30 with poorer skeletal health, such as lower bone mineral density (BMD) (4, 5) and an increased
31 risk of osteoporotic fractures (4, 6, 7).

32 Vascular calcification and osteoporosis (another disease previously considered a natural
33 consequence of aging) have shared genetic (8) and signalling pathways (9) as well as other risk
34 factors (e.g. smoking, diabetes mellitus, obesity and menopause) suggestive of a common
35 causal origin (10, 11). Vascular calcification may theoretically precede and provoke bone loss
36 by impairing peripheral blood perfusion potentially affecting osteogenesis (12). Vascular
37 disease may also be associated with reduced physical activity and fitness, leading to weak and
38 fragile bone as well as low muscle mass which may predispose to falling (13). Mechanisms
39 underlying these observations, which commonly present during aging, represent potential
40 targets for intervention. However, despite these putative causal links, the findings of the
41 available small studies with different measures of skeletal outcomes and median AAC are often
42 discordant. Thus, synthesis of the available studies is crucial to refining our understanding of
43 the relationship if any, of AAC with skeletal health.

44 To date, two previous meta-analyses of observational studies have reported on this association,
45 Chen and Yu et al (2016) (14) and Wei et al (2018) (15). However, these studies identified only
46 a limited number of articles (15 and seven, respectively) and failed to investigate potential

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3 47 sources of between-study heterogeneity such as imaging modality. Moreover, it is unclear
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5 48 whether the association between AAC and BMD or fracture is similar across different skeletal
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7 49 sites and cohorts of differing characteristics. We aimed to assess BMD differences, and risk of
8
9 50 fractures in patients with AAC.
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13 51 **Methods**

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16 52 This systematic review and meta-analysis of observational studies was conducted in
17
18 53 accordance with PRISMA guidelines and was registered in PROSPERO (CRD42018088019).
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20 54 The protocol was published previously (7).
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23 55 **Data sources and search strategy**

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26 56 Database searches were performed in MEDLINE, EMBASE, Web of Science core collection
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28 57 and Cochrane library for articles published from inception to August 6, 2021 without language
29
30 58 restriction using key terms such as vascular calcification, bone mineral density, fracture and
31
32 59 additional filters such as human and observational studies as detailed in **Table S1** and
33
34 60 previously published protocol (7). We also searched Google Scholar (top 200 by relevancy)
35
36 61 manually to retrieve additional relevant articles. Conference abstracts were also assessed.
37
38 62 Reference lists of eligible studies were hands-searched and previous meta-analyses were
39
40 63 evaluated for potentially relevant articles missing from the main search.
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45 64 **Study selection**

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48 65 Studies were reviewed for eligibility by at least two independently reviewers (AJR, KL or
49
50 66 AKG) as described previously (7). Retrieved studies were pooled together into a citation
51
52 67 manager with duplicates removed. The remaining articles were screened sequentially by title,
53
54 68 then abstract, then full text according to predefined exclusion and inclusion criteria.
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56 69 Disagreements at each level of screening were resolved by consensus or an involvement of a
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58 70 third reviewer (JRL).
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3 **71 Eligibility criteria**
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6 72 As no randomized trials exist, we included observational studies conducted in humans, of any
7
8 73 design, that assessed AAC by any methodology and reported BMD at any site by any modality,
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10 74 or prevalent or incident fracture reported by any means as described previously (7).
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13 **75 Risk of bias and quality assessment**
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16 76 The risk of bias was assessed by at least two reviewer (AJR, KL or AKG) using the Newcastle-
17
18 77 Ottawa Scale (NOS) (16). The risk of bias for each of the studies included in the meta-analysis
19
20 78 was assessed based on the study design (cross-sectional, case-control or cohort studies)
21
22 79 grouped into three categories of quality (good, fair or poor) as described previously (17, 18).
23
24 80 Summary estimates of the confidence placed on the evidence was evaluated using the Grading
25
26 81 of Recommendations Assessment Development and Evaluation (GRADE) for prognosis which
27
28 82 starts with high quality evidence that can then be rated down (19). Publication bias was
29
30 83 evaluated using visual inspection of funnel plots and Egger's regression tests (20).
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35 **84 AAC reporting**
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38 85 AAC was assessed either semi-quantitatively (radiograph or DXA) or quantitatively (CT). Data
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40 86 used for analysis specifically related to AAC only. Where studies combined data for AAC with
41
42 87 calcification from other parts/branches of the aorta, these data were excluded from meta-
43
44 88 analysis. In the main quantitative analysis, the lowest reported AAC group (low or none) was
45
46 89 used as referent and compared with the combination of all higher reported groups
47
48 90 (any/advanced AAC) to compute the standardized mean difference (SMD) for BMD measures,
49
50 91 absolute risk difference (ARD) and relative risk (RR) for any and site-specific fractures. For
51
52 92 example, if a study has four AAC groups (AAC score: 0-1; 2-5; 6-9 and 9+), analysis combined
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54 93 the highest three groups (2-5; 6-9 and 9+) and compare fracture risks and BMD measures
55
56 94 against the lowest group (0-1). We have used this approach to minimize classification bias
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3 95 given the heterogeneity in AAC group definitions in the included literature. Additionally, we
4
5 96 have analysed studies that reported AAC either as: (1) any versus none to assess the relationship
6
7 97 between any AAC and fracture outcomes or (2) for studies that reported three or more AAC
8
9 98 groups, dose–response analysis was made. To do this, we considered the lowest AAC score as
10
11 99 the reference group. Fracture risks in the the middle group(s) and the highest AAC group (high
12
13 100 AAC) were compared against this reference group. Where data on more than three groups of
14
15 101 AAC were presented, the middle groups were combined as ‘moderate AAC’.

102 **Statistical analysis**

103 For BMD measures, estimates were expressed as SMD with 95% confidence intervals
104 (95% CIs) to account for reporting differences (g/cm^2 , g/cm^3 , g/mm^3). For fracture outcomes,
105 ARD and RR with 95% CI were calculated, from which, a summary estimate was determined
106 using random effects models. Summary estimate fixed effects models were also provided in
107 the forest plots to show internal consistency of the relationship. As an attempt to account for
108 between-study heterogeneity, we conducted several sub-group analyses, identified a priori (7),
109 and potential effect modifiers were explored through meta-regression. Additionally, we
110 conducted an exploratory analysis pooling together adjusted risk estimates as reported in
111 included studies of the association between AAC and fracture as a measure of internal validity.
112 The I^2 (%) and τ^2 statistics were reported as measures of the proportion of total variability due
113 to between-study heterogeneity and between-study variance, respectively. Smaller values
114 indicate less variability and variance in between-study heterogeneity. All analyses were
115 computed using R version 4.0.4 (R Foundation for Statistical Computing, Vienna, Austria
116 (<https://www.R-project.org/>) and considered statistically significant when the bounds of the
117 95% CI did not cross one for RR and zero for SMD.

118

119 **Results**

120 **Literature search**

121 2192 unique records were retrieved through database searches. Of these, 1944 records were
122 excluded based on title or abstract, and a further 162 were excluded after full-text screening
123 leaving 86 (61,553 participants) studies for qualitative synthesis [**Figure 1**].

124 **Study characteristics**

125 Study characteristics of all included studies (those contributing to qualitative synthesis only as
126 well as those included in quantitative synthesis) are presented in **Table 1**. The majority of the
127 studies were conducted in an older adult population aged over 65 years (n=57 studies, 67%).
128 Most studies were conducted in Europe (n=32 studies, 37.2%) or North America (n=26 studies,
129 30.2%), and 63.9% (n=55 studies) were published in 2010 or later. Most studies (n=59 studies,
130 68.6%) were conducted in the general population of men and women or only in postmenopausal
131 women, and 22.1% (n=19 studies) were conducted in patients with CKD, haemodialysis, or
132 kidney stones (**Table 1**). AAC was evaluated by radiograph in 46 studies (53.4%) by CT in 25
133 studies (30.2%) and by DXA in 14 studies (16.3%). Detailed characteristics of the studies
134 including the key findings from each study are presented in **Table S2**.

135 Of the 86 eligible studies included in the qualitative synthesis, 42 studies (two abstracts, 40 full
136 publications) provided extractable data suitable for the meta-analysis [BMD, n=14, fracture,
137 n=12, both BMD and fracture, n=16] [**Figure 1**]. For studies that were not included in the meta-
138 analysis (n=44, 51.2%), these articles were reviewed in the qualitative synthesis only. These
139 studies included reports that did not provide quantitative data to enable an association to be
140 drawn between AAC with BMD or fracture. Abstracts were checked to determine if they were
141 subsequently published after the search date. Where uncertainties were apparent,
142 corresponding authors were contacted for relevant data.

143 **Risk of bias assessment**

144 Risk of bias assessment is presented in **Data S1**. Of the 42 studies included in meta-analysis,
145 40 studies were assessed (two conference abstracts not assessed), 24 studies (60%) were graded
146 as good quality, 14 studies (35 %) graded as fair quality and two (5%) studies graded as poor
147 quality (**Table S3-5**).

148 **AAC and BMD measures**

149 BMD was reported by 30 studies: 10 studies for femoral neck (n=6981 participants), 16 studies
150 for total hip (n=20277), 20 for lumbar spine (n=17260), four for distal radius (4257
151 participants), three for proximal radius (n=3476), three for whole body (n=3426), two each for
152 calcaneus (n=2575) and vertebral trabecular vBMD (n=1259) [**Table S6**]. Compared with
153 individuals with no/less advanced AAC, those with any/advanced AAC had lower BMD at the
154 total hip, femoral neck, lumbar spine and calcaneus, all $p < 0.05$ [**Figure 2** and **Table S7**].
155 Marked heterogeneity was evident in all analyses.

156 **Sensitivity analyses in studies reporting BMD as an outcome**

157 Subgroup analyses highlighted women with any/advanced AAC had consistently lower BMD
158 at the femoral neck, total hip, and lumbar spine but these associations were not seen in men
159 except a marginal difference at the total hip. Similarly, lower femoral neck, total hip and lumbar
160 spine BMDs were observed in studies that used radiograph to capture AAC [**Table S8**] whilst
161 this association was only evident for total hip in studies that used DXA to capture AAC.
162 Additionally, any/advanced AAC was significantly associated with lower BMD at the total hip
163 and lumbar spine even after excluding studies with poor and fair quality. However, the
164 magnitude of the association between AAC and femoral neck BMD was attenuated after
165 exclusion of studies with poor and fair quality. In meta-regression, as the proportion of women
166 in each study increased, the effect size between AAC and femoral neck BMD decreased ($\beta = -$

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3 167 0.005). The R^2 value for this association was 0.28 indicating that 28% of the variance in studies
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5 168 that reported the association between AAC, and femoral neck BMD may be explained by the
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7 169 proportion of women included in studies [Table S9 and Figure S1]. In studies that reported
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9 170 the association between AAC and BMD by skeletal sites, a statistically significant evidence of
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11 171 publication bias was only observed for calcaneus [Table S7 and Figure S2 A-C].
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15 172 **AAC and fracture outcomes**

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18 173 The association between any/advanced AAC and risk of any fracture was reported in 28 studies
19
20 174 (n=33748 participants): 22 studies for vertebral (n=23344), 10 for non-vertebral (n=18424) and
21
22 175 nine for hip fractures (n=17809) (Table S10 and 11). Individuals with any/advanced AAC had
23
24 176 a greater absolute risk and relative risk for any [Figure 3], vertebral, non-vertebral and hip
25
26 177 fractures [Figure 4]. AAC was associated with greater risk for incident fracture and site-
27
28 178 specific incident fractures [Figure 3 and Table S11]. In studies that reported three or more
29
30 179 AAC groups, the RR for any, vertebral and non-vertebral fractures increased with increasing
31
32 180 severity of AAC group [Table S12]. Pooled analyses of reported estimates after adjustment for
33
34 181 BMD (including a minimum of age, BMI and smoking) revealed AAC was associated with
35
36 182 greater risks of prevalent (six studies: OR=2.34 95%CI:1.46 to 3.74, $I^2=71.0\%$) and incident
37
38 183 (six studies: HR=1.45; 95%CI:1.21 to 1.72, $I^2=57.4\%$) fractures. Marked heterogeneity was
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40 184 evident in all analyses.
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46 185 **Sensitivity analyses in studies reporting fracture outcomes**

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48
49 186 The association between any/advanced AAC, any and site-specific fractures remained
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51 187 significant after excluding studies with poor and fair quality [Table S13]. Subgroup analyses
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53 188 showed a consistent increased RR of any, vertebral, non-vertebral and hip fracture in studies
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55 189 with a sample size greater than 500, studies undertaken in women only, and in studies that
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57 190 utilized radiographs for AAC detection [Table S14]. In meta-regression, age explained the
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3 191 observed between-study heterogeneity for the association between AAC and any ($\beta = -0.038$)
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5 192 and vertebral fractures ($\beta = -0.047$) by 35.7% and 44.4%, respectively. In addition, percentage
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7 193 of smokers in the cohort explained the observed between study heterogeneity for any ($\beta = -$
8
9 194 0.012) and vertebral ($\beta = -0.012$) fractures by 33.5% and 25.7% respectively [**Figure S3A-D**
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12 195 and **Table S15**].

15 196 **Publication bias in studies reporting fracture outcomes**

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18 197 Funnel plot and Egger's tests indicated moderate to minimal-study publication bias in studies
19
20 198 reporting the association between the presence of any/advanced AAC and risk of any and hip
21
22 199 fracture ($p = 0.02$). However, no statistically significant evidence of publication bias was
23
24 200 observed in studies that reported vertebral and non-vertebral fractures [**Table S10 and Figure**
25
26 201 **S4A-D**].

30 202 **Quality of evidence assessment**

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32
33 203 There was moderate quality evidence for BMD outcomes. There was moderate-high quality
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35 204 evidence for any, vertebral and non-vertebral fracture outcomes and low-quality evidence for
36
37 205 hip fracture outcomes [**Table S16**].

40 206 **Discussion**

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44 207 Growing evidence suggests a close relationship between the development and progression of
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46 208 cardiovascular disease and osteoporosis, previously thought of as natural consequences of
47
48 209 aging. We sought to provide the association of AAC with both BMD and fracture in a single
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50 210 comprehensive report. We observed that, compared with people with no/less advanced AAC,
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52 211 people with any/advanced AAC demonstrated lower BMD across several skeletal sites and
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54 212 higher RR for any and site-specific fractures. These data provide consistent findings linking
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56 213 AAC, a readily quantifiable marker of vascular disease, with poor skeletal health confirming
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3 214 that AAC and bone metabolism are linked and may improve fracture prediction and
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5 215 reclassification. We also showed that in pooling estimates that accounted for BMD in adjusted
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7 216 analyses, AAC remained a significant predictor of fracture risk. Moreover, the majority of the
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9 217 studies that were included in qualitative synthesis only (namely, studies without data for meta-
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11 218 analysis) reported an inverse relationship between AAC and BMD (more AAC, lower BMD)
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13 219 (21-23) and increased risk of fractures (24-26) in general and specific populations. A few
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15 220 studies included in the qualitative review showed no relationship between AAC, BMD or
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17 221 fractures (26-29). These studies were low powered and conducted in samples not
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19 222 representative of the general population, but the overall meaningful the qualitative analyses
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21 223 generally supports findings from our quantitative synthesis that the presence and severity of
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23 224 AAC indicates poor skeletal health and prognosis.

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29 225 AAC is speculated to alter blood flow dynamics through aortic stiffening, leading to small
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31 226 vessel disease which may impact the skeletal circulation (30). The skeleton receives about 10%
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33 227 of the cardiac output and for similarly perfused organs, aortic stiffening can induce end-organ
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35 228 damage (31). It has also been speculated that AAC diminishes renal and mesenteric blood flow,
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37 229 therefore retarding the delivery and absorption of essential micro-nutrients needed for bone
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39 230 remodelling (30). This potentially increases oxidative stress, thereby accelerating bone loss and
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41 231 increasing fracture risk (9, 32). The femoral head and neck receives most of its supply via the
42
43 232 medial circumflex femoral artery which is a branch of the femoral artery originating from the
44
45 233 abdominal aorta via the iliac artery. Thus, this anatomical relation supports the nutrient supply
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47 234 hypothesis (12, 33). Of note, a significant association between AAC and lumbar spine BMD
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49 235 was observed further supporting the nutrient supply theory given the lumbar arteries branch off
50
51 236 the abdominal aorta. However, no such relationship was observed with BMD at the distal
52
53 237 radius, proximal radius, and whole body. This possibly reflects a lesser contribution of
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55 238 abdominal aortic blood flow to these skeletal areas. This is supported by Szulc et al (2014) (33)
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3 239 where the association of AAC and hip fracture persisted, but not lower limb fractures, after
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5 240 adjustment for ankle-brachial index (an indirect marker of blood flow dynamics). This suggests
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8 241 that some observed associations may be explained by mechanisms beyond the nutrient supply
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10 242 hypothesis.

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12 243 Given the well-established association of BMD in the causal pathway for fracture, we expected
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14 244 that associations between AAC and fractures would mirror associations observed for BMD at
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16
17 245 these sites. Compared with individuals with no/less advanced AAC, we found that those with
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19 246 any/advanced AAC had a 66% increased RR of fracture at any site. Findings were consistent
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21 247 for vertebral, non-vertebral and hip fractures which supports observations from the BMD
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23
24 248 analysis. This would suggest that AAC may have an important role in increasing the risk of
25
26 249 low BMD leading to fracture. Interestingly, AAC was also associated with greater risks of
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28 250 fractures in studies that reported associations of AAC with fracture after adjustment for BMD
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30
31 251 which suggests that at least some of the excess fracture risk attributable to AAC is not mediated
32
33 252 by BMD. Therefore, the presence of AAC in an individual should warrant further observation
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35 253 and follow-up and may have a role in risk stratification and guide decisions about treatment
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37 254 recommendation in those below treatment threshold. Population age of included studies
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39 255 accounted for large proportions of between-study heterogeneity in meta-regression with respect
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41 256 to fractures only and not BMD. Further, the association between AAC and fracture remained
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44 257 in a pooled analysis of available reported multivariable adjusted effect estimates. This suggests
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46 258 unknown (or unaccounted for) factors during aging affecting both the calcification process and
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49 259 fracture risk.

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52 260 Other mechanisms thought to explain these associations include, the well-described effect of
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54 261 atherosclerosis/vessel calcification on syncope and on compromised muscle strength that can
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57 262 both exacerbate the risk of falls (34) and subsequent fracture (35). Further, traditional risk
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59 263 factors for fracture and CVD such as advanced age, smoking and post-menopausal oestrogen
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3 264 decline (all having deleterious effects on bone quality and vascular health) may also explain
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5 265 the observed associations (36). To this end, our subgroup analyses showed estimates were
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8 266 consistently stronger in women-only (particularly for BMD analyses) studies compared to
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10 267 men-only or mixed populations. However, there were inconsistent effects of age and smoking
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12 268 in meta-regression, likely related to the small number of studies included in the analysis and/or
13
14 269 limited data availability to enable meaningful regression. Older individuals and smokers may
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16 270 have a greater accumulation of other fracture risk factors, reducing the relative contribution of
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18 271 AAC to fracture risk and BMD. This suggests that early detection of AAC could enhance
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20 272 identification of individuals at higher risk of osteoporosis. Overall, absolute fracture risks were
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22 273 large and, importantly, consistent with the magnitude of RR, supporting the notion that
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24 274 clinically meaningful associations are being observed. Although the absolute risks for hip and
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26 275 non-vertebral fractures were modest (likely related to lower event rates consistent with our
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28 276 understanding of these fractures), the healthcare costs and mortality associated with these
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30 277 fractures renders these ARDs clinically important (37). Notably, these findings highlight areas
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32 278 of primary prevention to reduce vascular-bone disease. From a public health standpoint,
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34 279 screening of AAC in patients at risk for fracture and poor skeletal health could enhance risk
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36 280 stratification and represent an opportunity to ‘value-add’ to existing osteoporosis screening
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38 281 programmes as has been recently demonstrated but has not been adopted in screening
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40 282 guidelines (38).

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47 283 This report has numerous strengths, providing an additional contribution to the literature
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49 284 beyond what has been previously reported (14, 15). Firstly, the reporting of AAC associations
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51 285 with both BMD and fractures provides internal consistency. We showed consistent associations
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53 286 between AAC with BMD and fractures across skeletal sites underscoring the importance of
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55 287 maintaining BMD in fracture reduction but also highlights how vascular disease is an important
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57 288 contributor to fracture. Secondly, we conducted a comprehensive literature search and
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3 289 identified 13-21 (87%-300%) more studies than the previous meta-analyses (14, 15). Thirdly,
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5 290 we undertook detailed subgroup and meta-regression analyses to investigate factors that may
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7 291 explain the observed between-study heterogeneity. These subgroup analyses served a
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10 292 secondary purpose of understanding factors that modify observed associations, which could
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12 293 provide clues for putative causal pathways and offer areas to target in intervention trials.

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15 294 The present study has several limitations. First, high between-study heterogeneity (I^2 53% -
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17 295 100% and τ^2 0.06-1.53) was noted in several analyses, suggesting the need for a careful
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20 296 interpretation of the findings. This suggests that the range of true effect sizes may yet include
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22 297 the null. Importantly, when we pooled together reported estimates for the association of AAC
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24 298 with fracture after adjustment for BMD, measures of heterogeneity were reduced. This suggests
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26 299 that considering important risk factors enhances confidence in the summary estimates. For this
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29 300 reason, we have attempted to explore such factors through numerous subgroup analyses (where
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31 301 study characteristics were more) homogeneous and meta-regression. Most of these analyses
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33 302 supported the primary analysis, underscoring internal validity. Overall, we are of the view that
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35 303 pooling of studies despite this heterogeneity is justified on clinical grounds as the studies
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37 304 included have sought to investigate the same question. We note that meta-analysing effect
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39 305 estimates from prospective cohort studies yielded reduced heterogeneity, highlighting the
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41 306 putative role AAC may have in fracture and the ongoing need for higher forms of evidence to
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43 307 inform our understanding. Specifically, subgroup analyses revealed findings to be more
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45 308 pronounced in women, possibly reflecting greater statistical power (as there were more studies
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47 309 conducted in women) as well as the known effects of oestrogen decline on skeletal and vascular
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49 310 outcomes. Cohort age and percentage of smokers also explained a considerable amount of the
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51 311 observed between-study heterogeneity in studies that reported the association between AAC,
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53 312 any or vertebral fractures. However, this fits with our understanding of age and smoking as
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55 313 independent risk factors for AAC and fractures. Second, publication bias was noted for studies
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3 314 that investigated the association between AAC and any and hip fractures. These limitations
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5 315 may have affected the validity of observed associations. Publication biases may be attributable
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7
8 316 to the inclusion of two conference abstracts; however, we believe inclusion of these data are
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10 317 justified to increase statistical power and only represent a small fraction of the included studies.
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12 318 Third, given that the studies included in these meta-analyses were observational, causality
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14 319 cannot be inferred. Fourth, cut points (thresholds) for AAC groupings that were used to
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16 320 categorise into any/advanced AAC versus no/low were not consistent amongst the studies and
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18 321 this may have contributed to observed effect estimate variance through classification bias
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21 322 which is beyond our capacity as reviewers to control. Dose response analyses were conducted
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24 323 to minimise this limitation. Fifth, many studies provided limited data on the contribution of
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26 324 confounders on the associations between AAC, BMD or fracture. This was primarily driven by
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28 325 the fact that many of the studies were not specifically designed to investigate these associations
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31 326 but had data for extraction that allowed such an association to be explored.

327 **Conclusion**

328 The present study synthesized the available literature and determined that, overall, the presence
329 and severity of AAC is associated with lower BMD and increased fracture risk across multiple
330 sites and across multiple patient populations. Since AAC may be quantified at the time
331 of BMD testing, it may provide prognostic information to clinicians about vascular and bone
332 disease. Future studies should focus on understanding shared risk factors and in developing
333 prevention and treatment strategies that may, concomitantly, reduce both vascular and
334 musculoskeletal disease burden.

335 **Conflict of Interest**

336 None declared

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2
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5

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34 **350 Author contributions**
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37 351 AJR, JRL, KL and AKG study concept and design. AJR and KL searched and retrieved the
38
39 352 articles. AKG, AJR, and KL extracted the data. AKG and AJR conducted the data analyses.
40
41 353 AKG and AJR drafted the manuscript. AJR, JRL and MS supervised the study. AJR co-
42
43 354 ordinated the authorship team. All authors read and approved the revised version and final
44
45 355 supported versions. AKG and AJR have the primary responsibility for the final content.
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33 469 **Table Title**

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35 470 **Table 1.** Characteristics of the included studies

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37 471 **Figure Captions**

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39 472 **Figure 1:** Study selection flow diagram

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41 473 **Figure 2:** Forest plot for the association between AAC and BMD taking unadjusted group

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43 474 means by skeletal site

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45 475 **Figure 3:** Forest plot for the unadjusted association of AAC with prevalent (top) and incident

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47 476 (bottom) fractures

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49 477 **Figure 4:** Forest plot for unadjusted association of AAC with site-specific fracture

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480 **Table 1.** Characteristics of the included studies

Characteristics	All studies, n (%)	Studies included in meta-analysis, n (%)	Study included only in qualitative synthesis, n (%)
Year of publication			
Pre-2010	31 (36.1)	16 (38.1)	15 (34.1)
2010-2015	33 (38.4)	17 (40.5)	16 (36.4)
2016-2021	22 (24.4)	9 (21.4)	13 (29.5)
Setting			
Chronic kidney disease, kidney stones and patients in haemodialysis	19 (22.1)	2 (4.7)	17 (38.6)
Postmenopausal women only	29 (33.7)	21 (50)	8 (18.2)
General population	30 (34.9)	17 (40.5)	13 (29.5)
Other*	8 (9.3)	2 (4.8)	7 (15.9)
Region			
North America	26 (30.2)	11 (26.2)	15 (34.1)
Europe	32 (37.2)	15 (35.7)	17 (38.6)
Asia	10 (11.6)	5 (11.9)	5 (11.4)
Oceania	9 (10.5)	3 (7.1)	6 (13.6)
Africa	5 (5.8)	5 (11.9)	-----
South America	4 (4.7)	3 (7.1)	1 (2.3)
Number of subjects			

<500	48 (55.8)	17 (40.5)	31 (70.5)
>500	38 (44.2)	23 (57.1)	15 (34.1)
Modality of AAC assessment			
Radiography	46 (53.5)	28 (66.7)	18 (40.9)
Quantitative computed tomography	26 (30.2)	4 (9.5)	22 (50.0)
Dual energy x-ray absorptiometry	14 (16.3)	10 (23.8)	4 (9.1)
Sex			
Men only	8 (9.3)	6 (14.2)	2 (4.5)
Women only	33 (38.3)	23 (54.8)	10 (22.7)
Mixed	40 (46.5)	13 (31.0)	27 (61.3)
Not specified	5 (5.8)	-----	5 (11.4)
%People with a smoking history			
<15%	12 (13.9)	9 (21.4)	3 (6.8)
≥ 15%	31 (36.0)	12 (28.6)	19 (43.2)
Not specified	43 (50.0)	21 (50)	22 (50)
Study design			
Prospective	24 (27.9)	15 (35.7)	9 (20.5)
Cross-sectional	58 (67.4)	26 (61.9)	32 (72.7)
Case-control	2 (2.3)?	1 (2.4)	1 (2.3)

481 *Chronic obstructive pulmonary disease, HIV, Rheumatoid arthritis, and type 2 diabetes
 482 mellitus.

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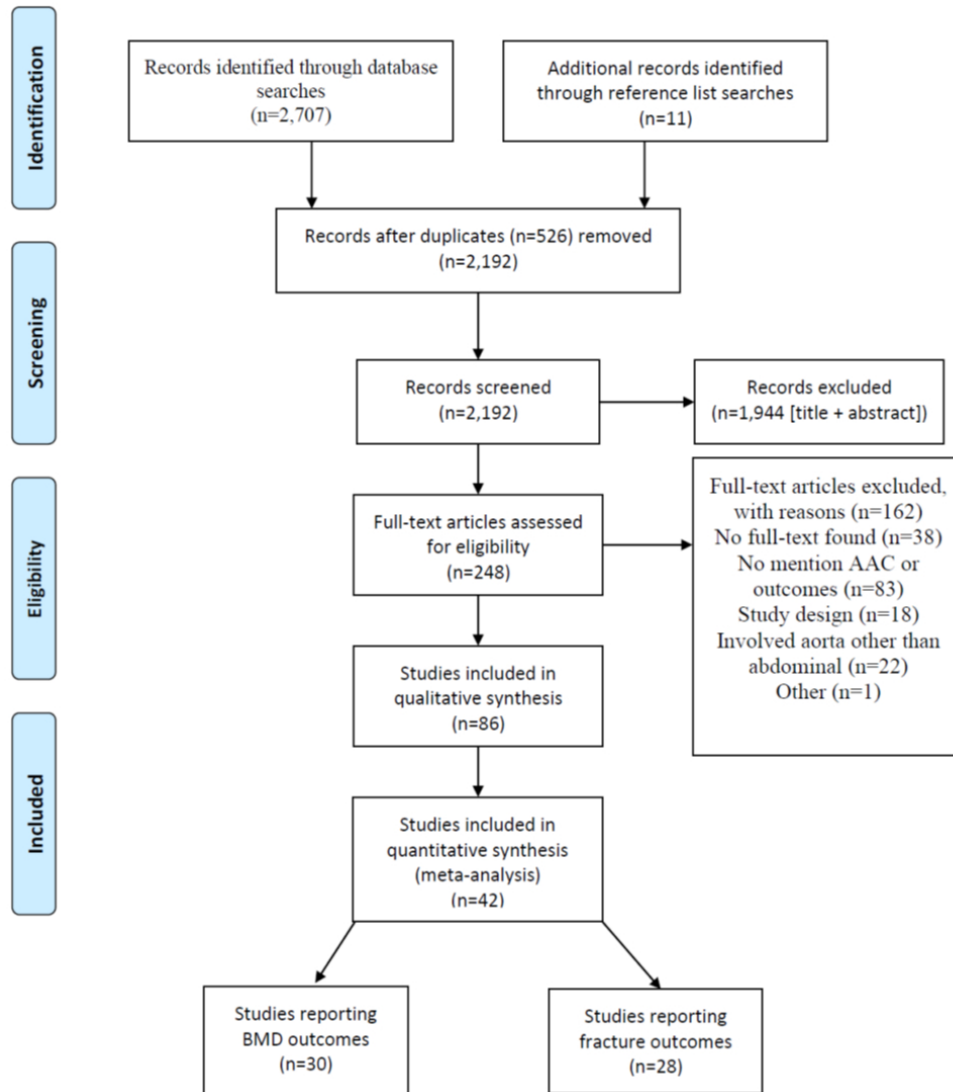


Figure 1: Study selection flow diagram

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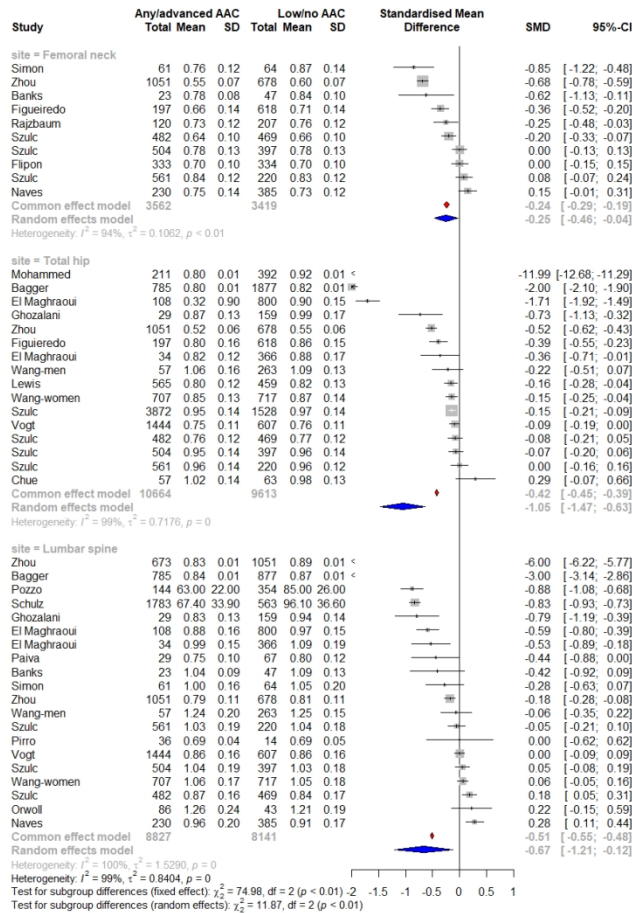


Figure 2: Forest plot for the association between AAC and BMD taking unadjusted group means by skeletal site

370x343mm (96 x 96 DPI)

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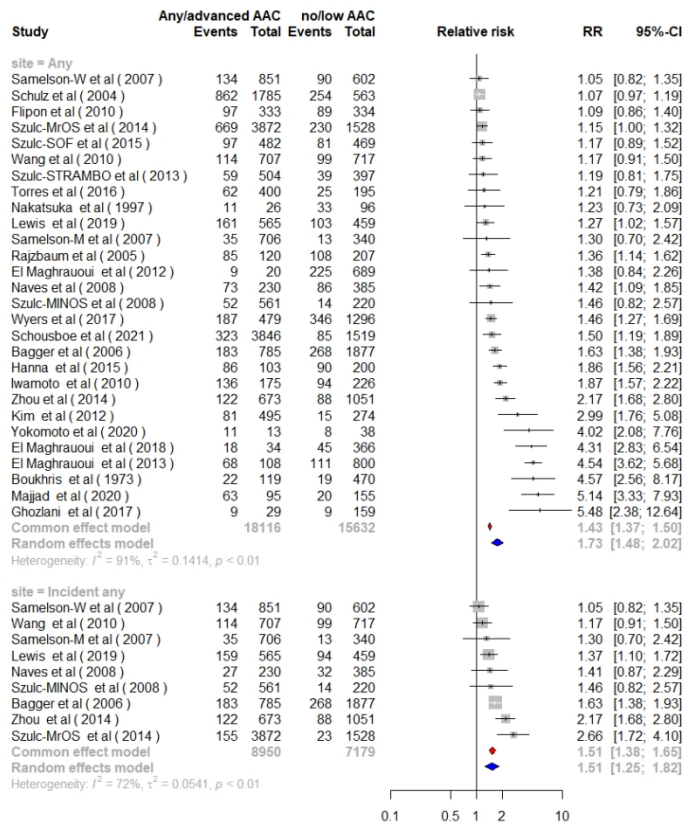


Figure 3: Forest plot for the unadjusted association of AAC with prevalent (top) and incident (bottom) fractures

317x291mm (96 x 96 DPI)

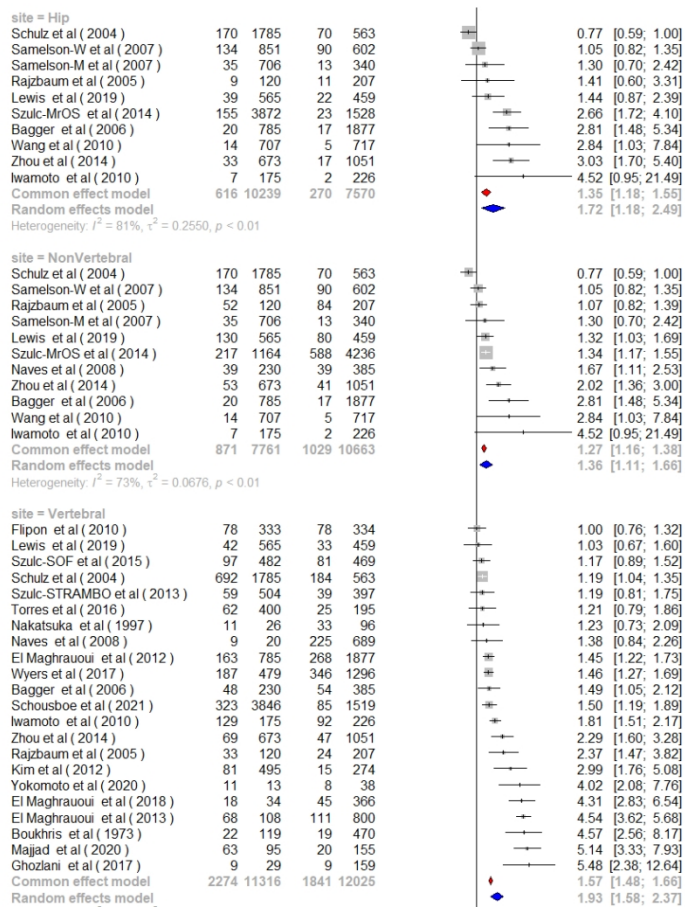


Figure 4: Forest plot for unadjusted association of AAC with site-specific fracture

317x291mm (96 x 96 DPI)

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3 **Abdominal aortic calcification, bone mineral density and fractures: a**
4 **systematic review and meta-analysis of observational studies**
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1 Abstract

2 **Background:** Abdominal aortic calcification (AAC) has been inconsistently associated with
3 skeletal health. We aimed to investigate the association of AAC with bone mineral density
4 (BMD) and fracture risk by pooling the findings of observational studies.

5 **Methods:** Medline, EMBASE, Web of Science and Google Scholar were searched (August
6 2021). All clinical studies that assessed the association between AAC and BMD or fracture
7 were included. AAC was categorized into AAC any/advanced (all higher reported groups) vs
8 no/less advanced (lowest reported group). Pooled standardized mean differences (SMDs) and
9 risk ratios (RRs) with 95% confidence intervals (CI) were determined for BMD and fracture,
10 respectively, using random-effects models.

11 **Results:** Of 2,192 articles screened, 86 (61,553 participants) were included in the review, while
12 42 provided data for meta-analysis. AAC was associated with lower BMD at the total hip
13 [SMD=-1.05 (95%CI: -1.47 to -0.63); 16 studies], femoral neck [-0.25 (-0.46 to - 0.04); 10]
14 and lumbar spine [-0.67 (-1.21 to -0.12); 20]. AAC was associated with a greater risk of any
15 fracture [RR= 1.73 (95%CI: 1.48 to 2.02); 27]. AAC was also associated with vertebral, non-
16 vertebral and hip fractures. In dose-response analysis, the highest AAC group had greater risks
17 of any, vertebral and non-vertebral fractures.

18 **Conclusions:** AAC is associated with lower BMD and increased fracture risk at multiple sites,
19 underscoring the potential importance of vascular disease on skeletal health. Detection of AAC
20 at the time of BMD testing may provide clinicians with prognostic information about bone
21 health to enhance osteoporosis screening programs and fracture risk prediction.

22 **Keywords:** Vascular calcification, osteoporosis, fracture

23 Introduction

24 Vascular calcification, previously considered an inevitable consequence of aging, is now
25 understood to be an active and dynamic process of mineral deposition within arterial walls. It
26 is closely linked with chronic diseases such as atherosclerosis, chronic kidney disease (CKD),
27 and type 2 diabetes mellitus (1). Specifically, abdominal aortic calcification (AAC) has been
28 identified as a marker of advanced atherosclerotic plaques (2), and is associated with an
29 increased risk of cardiovascular events and poor prognosis (3). AAC has also been associated
30 with poorer skeletal health, such as lower bone mineral density (BMD) (4, 5) and an increased
31 risk of osteoporotic fractures (4, 6, 7).

32 Vascular calcification and osteoporosis (another disease previously considered a natural
33 consequence of aging) have shared genetic (8) and signalling pathways (9) as well as other risk
34 factors (e.g. smoking, diabetes mellitus, obesity and menopause) suggestive of a common
35 causal origin (10, 11). Vascular calcification may theoretically precede and provoke bone loss
36 by impairing peripheral blood perfusion potentially affecting osteogenesis (12). Vascular
37 disease may also be associated with reduced physical activity and fitness, leading to weak and
38 fragile bone as well as low muscle mass which may predispose to falling (13). Mechanisms
39 underlying these observations, which commonly present during aging, represent potential
40 targets for intervention. However, despite these putative causal links, the findings of the
41 available small studies with different measures of skeletal outcomes and median AAC are often
42 discordant. Thus, synthesis of the available studies is crucial to refining our understanding of
43 the relationship if any, of AAC with skeletal health.

44 To date, two previous meta-analyses of observational studies have reported on this association,
45 Chen and Yu *et al* (2016) (14) and Wei *et al* (2018) (15). However, these studies identified
46 only a limited number of articles (15 and seven, respectively) and failed to investigate potential

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3 47 sources of between-study heterogeneity such as imaging modality. Moreover, it is unclear
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5 48 whether the association between AAC and BMD or fracture is similar across different skeletal
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7 49 sites and cohorts of differing characteristics. We aimed to assess BMD differences, and risk of
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9 50 fractures in patients with AAC.
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13 51 **Methods**

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16 52 This systematic review and meta-analysis of observational studies was conducted in
17
18 53 accordance with PRISMA guidelines and was registered in PROSPERO (CRD42018088019).
19
20 54 The protocol was published previously (7).
21
22

23 55 **Data sources and search strategy**

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26 56 Database searches were performed in MEDLINE, EMBASE, Web of Science core collection
27
28 57 and Cochrane library for articles published from inception to August 6, 2021 without language
29
30 58 restriction *using key terms such as vascular calcification, bone mineral density, fracture and*
31
32 *additional filters such as human and observational studies as detailed in Table S1 and*
33
34 59 *previously published protocol* (7). We also searched Google Scholar (top 200 by relevancy)
35
36 60 manually to retrieve additional relevant articles. Conference abstracts were also assessed.
37
38 61 Reference lists of eligible studies were hands-searched and previous meta-analyses were
39
40 62 evaluated for potentially relevant articles missing from the main search.
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45 64 **Study selection**

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48 65 Studies were reviewed for eligibility by at least two independently reviewers (AJR, KL or
49
50 66 AKG) as described previously (7). Retrieved studies were pooled together into a citation
51
52 67 manager with duplicates removed. The remaining articles were screened sequentially by title,
53
54 68 then abstract, then full text according to predefined exclusion and inclusion criteria.
55
56 69 Disagreements at each level of screening were resolved by consensus or an involvement of a
57
58 70 third reviewer (JRL).
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71 **Eligibility criteria**

72 As no randomized trials exist, we included observational studies conducted in humans, of any
73 design, that assessed AAC by any methodology and reported BMD at any site by any modality,
74 or prevalent or incident fracture reported by any means as described previously (7).

75 **Risk of bias and quality assessment**

76 The risk of bias was assessed by at least two reviewer (AJR, KL or AKG) using the Newcastle-
77 Ottawa Scale (NOS) (16). The risk of bias for each of the studies *included in the meta-analysis*
78 was assessed based on the study design (cross-sectional, case-control or cohort studies)
79 grouped into three categories of quality (good, fair or poor) as described previously (17, 18).
80 Summary estimates of the confidence placed on the evidence was evaluated using the Grading
81 of Recommendations Assessment Development and Evaluation (GRADE) for prognosis which
82 starts with high quality evidence that can then be rated down (19). Publication bias was
83 evaluated using visual inspection of funnel plots and Egger's regression tests (20).

84 **AAC reporting**

85 AAC was assessed either semi-quantitatively (radiograph or DXA) or quantitatively (CT). Data
86 used for analysis specifically related to AAC only. *Where studies combined data for AAC with*
87 *calcification from other parts/branches of the aorta, these data were excluded from meta-*
88 *analysis.* In the main quantitative analysis, the lowest reported AAC group (low or none) was
89 used as referent and compared with the combination of all higher reported groups
90 (any/advanced AAC) to compute the standardized mean difference (SMD) for BMD measures,
91 absolute risk difference (ARD) and relative risk (RR) for any and site-specific fractures. For
92 example, if a study has four AAC groups (AAC score: 0-1; 2-5; 6-9 and 9+), analysis combined
93 the highest three groups (2-5; 6-9 and 9+) and compare fracture risks and BMD measures
94 against the lowest group (0-1). We have used this approach to minimize classification bias

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3 95 given the heterogeneity in AAC group definitions in the included literature. Additionally, we
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5 96 have analysed studies that reported AAC either as: (1) any versus none to assess the relationship
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7 97 between any AAC and fracture outcomes or (2) for studies that reported three or more AAC
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9 98 groups, dose–response analysis was made. To do this, we considered the lowest AAC score as
10
11 99 the reference group. Fracture risks in the the middle group(s) and the highest AAC group (high
12
13 100 AAC) were compared against this reference group. Where data on more than three groups of
14
15 101 AAC were presented, the middle groups were combined as ‘moderate AAC’.

102 **Statistical analysis**

103 For BMD measures, estimates were expressed as SMD with 95% confidence intervals
104 (95% CIs) to account for reporting differences (g/cm^2 , g/cm^3 , g/mm^3). For fracture outcomes,
105 ARD and RR with 95% CI were calculated, from which, a summary estimate was determined
106 using random effects models. Summary estimate fixed effects models were also provided in
107 the forest plots to show internal consistency of the relationship. As an attempt to account for
108 between-study heterogeneity, we conducted several sub-group analyses, identified *a priori* (7),
109 and potential effect modifiers were explored through meta-regression. Additionally, we
110 conducted an exploratory analysis pooling together adjusted risk estimates as reported in
111 included studies of the association between AAC and fracture as a measure of internal validity.
112 The I^2 (%) and τ^2 statistics were reported as measures of the proportion of total variability due
113 to between-study heterogeneity and between-study variance, respectively. Smaller values
114 indicate less variability and variance in between-study heterogeneity. All analyses were
115 computed using R version 4.0.4 (R Foundation for Statistical Computing, Vienna, Austria
116 (<https://www.R-project.org/>) and considered statistically significant when the bounds of the
117 95% CI did not cross one for RR and zero for SMD.

118

119 Results

120 Literature search

121 2192 unique records were retrieved through database searches. Of these, 1944 records were
122 excluded based on title or abstract, and a further 162 were excluded after full-text screening
123 leaving 86 (61,553 participants) studies for qualitative synthesis [Figure 1].

124 Study characteristics

125 *Study characteristics of all included studies (those contributing to qualitative synthesis only as*
126 *well as those included in quantitative synthesis) are presented in Table 1.* The majority of the
127 studies were conducted in an older adult population aged over 65 years (n=57 studies, 67%).
128 Most studies were conducted in Europe (n=32 studies, 37.2%) or North America (n=26 studies,
129 30.2%), and 63.9% (n=55 studies) were published in 2010 or later. Most studies (n=59 studies,
130 68.6%) were conducted in the general population of men and women or only in postmenopausal
131 women, and 22.1% (n=19 studies) were conducted in patients with CKD, haemodialysis, or
132 kidney stones (Table 1). AAC was evaluated by radiograph in 46 studies (53.4%) by CT in 25
133 studies (30.2%) and by DXA in 14 studies (16.3%). Detailed characteristics of the studies
134 including the key findings from each study are presented in Table S2.

135 *Of the 86 eligible studies included in the qualitative synthesis,* 42 studies (two abstracts, 40 full
136 publications) provided extractable data suitable for the meta-analysis [BMD, n=14, fracture,
137 n=12, both BMD and fracture, n=16] [Figure 1]. For studies that were not included in the meta-
138 analysis (n=44, 51.2%), *these articles were reviewed in the qualitative synthesis only.* These
139 studies included reports that did not provide quantitative data to enable an association to be
140 drawn between AAC with BMD or fracture. *Abstracts were checked to determine if they were*
141 *subsequently published after the search date.* Where uncertainties were apparent,
142 corresponding authors were contacted for relevant data.

143 **Risk of bias assessment**

144 Risk of bias assessment is presented in **Data S1**. Of the 42 studies included in meta-analysis,
145 40 studies were assessed (two conference abstracts not assessed), 24 studies (60%) were graded
146 as good quality, 14 studies (35 %) graded as fair quality and two (5%) studies graded as poor
147 quality (**Table S3-5**).

148 **AAC and BMD measures**

149 BMD was reported by 30 studies: 10 studies for femoral neck (n=6981 participants), 16 studies
150 for total hip (n=20277), 20 for lumbar spine (n=17260), four for distal radius (4257
151 participants), three for proximal radius (n=3476), three for whole body (n=3426), two each for
152 calcaneus (n=2575) and vertebral trabecular vBMD (n=1259) [**Table S6**]. Compared with
153 individuals with no/less advanced AAC, those with any/advanced AAC had lower BMD at the
154 total hip, femoral neck, lumbar spine and calcaneus, all $p < 0.05$ [**Figure 2** and **Table S7**].
155 Marked heterogeneity was evident in all analyses.

156 **Sensitivity analyses in studies reporting BMD as an outcome**

157 Subgroup analyses highlighted women with any/advanced AAC had consistently lower BMD
158 at the femoral neck, total hip, and lumbar spine but these associations were not seen in men
159 except a marginal difference at the total hip. Similarly, lower femoral neck, total hip and lumbar
160 spine BMDs were observed in studies that used radiograph to capture AAC [**Table S8**] whilst
161 this association was only evident for total hip in studies that used DXA to capture AAC.
162 *Additionally, any/advanced AAC was significantly associated with lower BMD at the total hip
163 and lumbar spine even after excluding studies with poor and fair quality. However, the
164 magnitude of the association between AAC and femoral neck BMD was attenuated after
165 exclusion of studies with poor and fair quality.* In meta-regression, as the proportion of women
166 in each study increased, the effect size between AAC and femoral neck BMD decreased ($\beta = -$

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3 167 0.005). The R^2 value for this association was 0.28 indicating that 28% of the variance in studies
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5 168 that reported the association between AAC, and femoral neck BMD may be explained by the
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7 169 proportion of women included in studies [Table S9 and Figure S1]. In studies that reported
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9 170 the association between AAC and BMD by skeletal sites, a statistically significant evidence of
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11 171 publication bias was only observed for calcaneus [Table S7 and Figure S2 A-C].
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15 172 **AAC and fracture outcomes**

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18 173 The association between any/advanced AAC and risk of any fracture was reported in 28 studies
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20 174 (n=33748 participants): 22 studies for vertebral (n=23344), 10 for non-vertebral (n=18424) and
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22 175 nine for hip fractures (n=17809) (Table S10 and 11). Individuals with any/advanced AAC had
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24 176 a greater absolute risk and relative risk for any [Figure 3], vertebral, non-vertebral and hip
25
26 177 fractures [Figure 4]. AAC was associated with greater risk for incident fracture and site-
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28 178 specific incident fractures [Figure 3 and Table S11]. In studies that reported three or more
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30 179 AAC groups, the RR for any, vertebral and non-vertebral fractures increased with increasing
31
32 180 severity of AAC group [Table S12]. Pooled analyses of reported estimates after adjustment for
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34 181 BMD (including a minimum of age, BMI and smoking) revealed AAC was associated with
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36 182 greater risks of prevalent (six studies: OR=2.34 95%CI:1.46 to 3.74, $I^2=71.0\%$) and incident
37
38 183 (six studies: HR=1.45; 95%CI:1.21 to 1.72, $I^2=57.4\%$) fractures. Marked heterogeneity was
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40 184 evident in all analyses.
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46 185 **Sensitivity analyses in studies reporting fracture outcomes**

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49 186 *The association between any/advanced AAC, any and site-specific fractures remained*
50
51 187 *significant after excluding studies with poor and fair quality [Table S13].* Subgroup analyses
52
53 188 showed a consistent increased RR of any, vertebral, non-vertebral and hip fracture in studies
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55 189 with a sample size greater than 500, studies undertaken in women only, and in studies that
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57 190 utilized radiographs for AAC detection [Table S14]. In meta-regression, age explained the
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3 191 observed between-study heterogeneity for the association between AAC and any ($\beta = -0.038$)
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5 192 and vertebral fractures ($\beta = -0.047$) by 35.7% and 44.4%, respectively. In addition, percentage
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7 193 of smokers in the cohort explained the observed between study heterogeneity for any ($\beta = -$
8
9 194 0.012) and vertebral ($\beta = -0.012$) fractures by 33.5% and 25.7% respectively [Figure S3A-D
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11 and Table S15].
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15 196 **Publication bias in studies reporting fracture outcomes**

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18 197 Funnel plot and Egger's tests indicated moderate to minimal-study publication bias in studies
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20 198 reporting the association between the presence of any/advanced AAC and risk of any and hip
21
22 199 fracture ($p = 0.02$). However, no statistically significant evidence of publication bias was
23
24 200 observed in studies that reported vertebral and non-vertebral fractures [Table S10 and Figure
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26 201 S4A-D].
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31 202 **Quality of evidence assessment**

32
33 203 There was moderate quality evidence for BMD outcomes. There was moderate-high quality
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35 204 evidence for any, vertebral and non-vertebral fracture outcomes and low-quality evidence for
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37 205 hip fracture outcomes [Table S16].
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41 206 **Discussion**

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44 207 Growing evidence suggests a close relationship between the development and progression of
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46 208 cardiovascular disease and osteoporosis, previously thought of as natural consequences of
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48 209 aging. We sought to provide the association of AAC with both BMD and fracture in a single
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50 210 comprehensive report. We observed that, compared with people with no/less advanced AAC,
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52 211 people with any/advanced AAC demonstrated lower BMD across several skeletal sites and
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54 212 higher RR for any and site-specific fractures. These data provide consistent findings linking
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56 213 AAC, a readily quantifiable marker of vascular disease, with poor skeletal health confirming
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3 214 that AAC and bone metabolism are linked and may improve fracture prediction and
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5 215 reclassification. We also showed that in pooling estimates that accounted for BMD in adjusted
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7 216 analyses, AAC remained a significant predictor of fracture risk. *Moreover, the majority of the*
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9 217 *studies that were included in qualitative synthesis only (namely, studies without data for meta-*
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11 218 *analysis) reported an inverse relationship between AAC and BMD (more AAC, lower BMD)*
12
13 219 *(21-23) and increased risk of fractures (24-26) in general and specific populations. A few*
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15 220 *studies included in the qualitative review showed no relationship between AAC, BMD or*
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17 221 *fractures (26-29). These studies were low powered and conducted in samples not*
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19 222 *representative of the general population, but the overall meaningful the qualitative analyses*
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21 223 *generally supports findings from our quantitative synthesis that the presence and severity of*
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23 224 *AAC indicates poor skeletal health and prognosis.*

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29 225 AAC is speculated to alter blood flow dynamics through aortic stiffening, leading to small
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31 226 vessel disease which may impact the skeletal circulation (30). The skeleton receives about 10%
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33 227 of the cardiac output and for similarly perfused organs, aortic stiffening can induce end-organ
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35 228 damage (31). It has also been speculated that AAC diminishes renal and mesenteric blood flow,
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37 229 therefore retarding the delivery and absorption of essential micro-nutrients needed for bone
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39 230 remodelling (30). This potentially increases oxidative stress, thereby accelerating bone loss and
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41 231 increasing fracture risk (9, 32). The femoral head and neck receives most of its supply via the
42
43 232 medial circumflex femoral artery which is a branch of the femoral artery originating from the
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45 233 abdominal aorta via the iliac artery. Thus, this anatomical relation supports the nutrient supply
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47 234 hypothesis (12, 33). Of note, a significant association between AAC and lumbar spine BMD
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49 235 was observed further supporting the nutrient supply theory given the lumbar arteries branch off
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51 236 the abdominal aorta. However, no such relationship was observed with BMD at the distal
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53 237 radius, proximal radius, and whole body. This possibly reflects a lesser contribution of
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55 238 abdominal aortic blood flow to these skeletal areas. This is supported by Szulc *et al* (2014) (33)
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3 239 where the association of AAC and hip fracture persisted, but not lower limb fractures, after
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5 240 adjustment for ankle-brachial index (an indirect marker of blood flow dynamics). This suggests
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8 241 that some observed associations may be explained by mechanisms beyond the nutrient supply
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10 242 hypothesis.

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12 243 Given the well-established association of BMD in the causal pathway for fracture, we expected
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14 244 that associations between AAC and fractures would mirror associations observed for BMD at
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17 245 these sites. Compared with individuals with no/less advanced AAC, we found that those with
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19 246 any/advanced AAC had a 66% increased RR of fracture at any site. Findings were consistent
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21 247 for vertebral, non-vertebral and hip fractures which supports observations from the BMD
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24 248 analysis. This would suggest that AAC may have an important role in increasing the risk of
25
26 249 low BMD leading to fracture. Interestingly, AAC was also associated with greater risks of
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28 250 fractures in studies that reported associations of AAC with fracture after adjustment for BMD
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31 251 which suggests that at least some of the excess fracture risk attributable to AAC is not mediated
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33 252 by BMD. Therefore, the presence of AAC in an individual should warrant further observation
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35 253 and follow-up and may have a role in risk stratification and guide decisions about treatment
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37 254 recommendation in those below treatment threshold. Population age of included studies
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39
40 255 accounted for large proportions of between-study heterogeneity in meta-regression with respect
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42 256 to fractures only and not BMD. Further, the association between AAC and fracture remained
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45 257 in a pooled analysis of available reported multivariable adjusted effect estimates. This suggests
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47 258 unknown (or unaccounted for) factors during aging affecting both the calcification process and
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49 259 fracture risk.

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52 260 Other mechanisms thought to explain these associations include, the well-described effect of
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54 261 atherosclerosis/vessel calcification on syncope and on compromised muscle strength that can
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57 262 both exacerbate the risk of falls (34) and subsequent fracture (35). Further, traditional risk
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59 263 factors for fracture and CVD such as advanced age, smoking and post-menopausal oestrogen
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3 264 decline (all having deleterious effects on bone quality and vascular health) may also explain
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5 265 the observed associations (36). To this end, our subgroup analyses showed estimates were
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8 266 consistently stronger in women-only (particularly for BMD analyses) studies compared to
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10 267 men-only or mixed populations. However, there were inconsistent effects of age and smoking
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12 268 in meta-regression, likely related to the small number of studies included in the analysis and/or
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14 269 limited data availability to enable meaningful regression. Older individuals and smokers may
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16 270 have a greater accumulation of other fracture risk factors, reducing the relative contribution of
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18 271 AAC to fracture risk and BMD. This suggests that early detection of AAC could enhance
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20 272 identification of individuals at higher risk of osteoporosis. Overall, absolute fracture risks were
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22 273 large and, importantly, consistent with the magnitude of RR, supporting the notion that
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24 274 clinically meaningful associations are being observed. Although the absolute risks for hip and
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26 275 non-vertebral fractures were modest (likely related to lower event rates consistent with our
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28 276 understanding of these fractures), the healthcare costs and mortality associated with these
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30 277 fractures renders these ARDs clinically important (37). Notably, these findings highlight areas
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32 278 of primary prevention to reduce vascular-bone disease. From a public health standpoint,
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34 279 screening of AAC in patients at risk for fracture and poor skeletal health could enhance risk
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36 280 stratification and represent an opportunity to ‘value-add’ to existing osteoporosis screening
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38 281 programmes as has been recently demonstrated but has not been adopted in screening
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40 282 guidelines (38).

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43 283 This report has numerous strengths, providing an additional contribution to the literature
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45 284 beyond what has been previously reported (14, 15). Firstly, the reporting of AAC associations
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47 285 with both BMD and fractures provides internal consistency. We showed consistent associations
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49 286 between AAC with BMD and fractures across skeletal sites underscoring the importance of
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51 287 maintaining BMD in fracture reduction but also highlights how vascular disease is an important
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53 288 contributor to fracture. Secondly, we conducted a comprehensive literature search and
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3 289 identified 13-21 (87%-300%) more studies than the previous meta-analyses (14, 15). Thirdly,
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5 290 we undertook detailed subgroup and meta-regression analyses to investigate factors that may
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7 291 explain the observed between-study heterogeneity. These subgroup analyses served a
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9
10 292 secondary purpose of understanding factors that modify observed associations, which could
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12 293 provide clues for putative causal pathways and offer areas to target in intervention trials.

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14
15 294 The present study has several limitations. First, high between-study heterogeneity (I^2 53% -
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17 295 100% and τ^2 0.06-1.53) was noted in several analyses, suggesting the need for a careful
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20 296 interpretation of the findings. This suggests that the range of true effect sizes may yet include
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22 297 the null. Importantly, when we pooled together reported estimates for the association of AAC
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24 298 with fracture after adjustment for BMD, measures of heterogeneity were reduced. This suggests
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26 299 that considering important risk factors enhances confidence in the summary estimates. For this
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28 300 reason, we have attempted to explore such factors through numerous subgroup analyses (where
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30 301 study characteristics were more) homogeneous and meta-regression. Most of these analyses
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32 302 supported the primary analysis, underscoring internal validity. Overall, we are of the view that
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34 303 pooling of studies despite this heterogeneity is justified on clinical grounds as the studies
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36 304 included have sought to investigate the same question. We note that meta-analysing effect
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38 305 estimates from prospective cohort studies yielded reduced heterogeneity, highlighting the
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40 306 putative role AAC may have in fracture and the ongoing need for higher forms of evidence to
41
42 307 inform our understanding. *Specifically, subgroup analyses revealed findings to be more*
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44 308 *pronounced in women, possibly reflecting greater statistical power (as there were more studies*
45
46 309 *conducted in women) as well as the known effects of oestrogen decline on skeletal and vascular*
47
48 310 *outcomes.* Cohort age and percentage of smokers also explained a considerable amount of the
49
50 311 observed between-study heterogeneity in studies that reported the association between AAC,
51
52 312 any or vertebral fractures. However, this fits with our understanding of age and smoking as
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54 313 independent risk factors for AAC and fractures. Second, publication bias was noted for studies
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3 314 that investigated the association between AAC and any and hip fractures. These limitations
4
5 315 may have affected the validity of observed associations. Publication biases may be attributable
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7
8 316 to the inclusion of two conference abstracts; however, we believe inclusion of these data are
9
10 317 justified to increase statistical power and only represent a small fraction of the included studies.
11
12 318 Third, given that the studies included in these meta-analyses were observational, causality
13
14 319 cannot be inferred. Fourth, cut points (thresholds) for AAC groupings that were used to
15
16 320 categorise into any/advanced AAC versus no/low were not consistent amongst the studies and
17
18 321 this may have contributed to observed effect estimate variance through classification bias
19
20 322 which is beyond our capacity as reviewers to control. Dose response analyses were conducted
21
22 323 to minimise this limitation. Fifth, many studies provided limited data on the contribution of
23
24 324 confounders on the associations between AAC, BMD or fracture. This was primarily driven by
25
26 325 the fact that many of the studies were not specifically designed to investigate these associations
27
28 326 but had data for extraction that allowed such an association to be explored.
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327 **Conclusion**

328 The present study synthesized the available literature and determined that, overall, the presence
329 and severity of AAC is associated with lower BMD and increased fracture risk across multiple
330 sites and across multiple patient populations. Since AAC may be quantified at the time
331 of BMD testing, it may provide prognostic information to clinicians about vascular and bone
332 disease. Future studies should focus on understanding shared risk factors and in developing
333 prevention and treatment strategies that may, concomitantly, reduce both vascular and
334 musculoskeletal disease burden.

335 **Conflict of Interest**

336 None declared

337

338

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351 agencies had any input into any aspect of the design and management of this study.

352 Author contributions

353 AJR, JRL, KL and AKG study concept and design. AJR and KL searched and retrieved the
354 articles. AKG, AJR, and KL extracted the data. AKG and AJR conducted the data analyses.
355 AKG and AJR drafted the manuscript. AJR, JRL and MS supervised the study. AJR co-
356 ordinated the authorship team. All authors read and approved the revised version and final
357 supported versions. AKG and AJR have the primary responsibility for the final content.

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9 460 Bone Miner Res. 2021;**36**:892-900.
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13 461 **Table Title**

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16 462 **Table 1.** Characteristics of the included studies

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18 463 **Figure Captions**

19
20 464 **Figure 1:** Study selection flow diagram

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23 465 **Figure 2:** Forest plot for the association between AAC and BMD taking unadjusted group
24
25 466 means by skeletal site

26
27 467 **Figure 3:** Forest plot for the unadjusted association of AAC with prevalent (top) and incident
28
29 468 (bottom) fractures

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31
32
33 469 **Figure 4:** Forest plot for unadjusted association of AAC with site-specific fracture
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38 471

472 **Table 1.** Characteristics of the included studies

Characteristics	All studies, n (%)	Studies included in meta-analysis, n (%)	Study included only in qualitative synthesis, n (%)
Year of publication			
Pre-2010	31 (36.1)	16 (38.1)	15 (34.1)
2010-2015	33 (38.4)	17 (40.5)	16 (36.4)
2016-2021	22 (24.4)	9 (21.4)	13 (29.5)
Setting			
Chronic kidney disease, kidney stones and patients in haemodialysis	19 (22.1)	2 (4.7)	17 (38.6)
Postmenopausal women only	29 (33.7)	21 (50)	8 (18.2)
General population	30 (34.9)	17 (40.5)	13 (29.5)
Other*	8 (9.3)	2 (4.8)	7 (15.9)
Region			
North America	26 (30.2)	11 (26.2)	15 (34.1)
Europe	32 (37.2)	15 (35.7)	17 (38.6)
Asia	10 (11.6)	5 (11.9)	5 (11.4)
Oceania	9 (10.5)	3 (7.1)	6 (13.6)
Africa	5 (5.8)	5 (11.9)	-----
South America	4 (4.7)	3 (7.1)	1 (2.3)
Number of subjects			

<500	48 (55.8)	17 (40.5)	31 (70.5)
>500	38 (44.2)	23 (57.1)	15 (34.1)
Modality of AAC assessment			
Radiography	46 (53.5)	28 (66.7)	18 (40.9)
Quantitative computed tomography	26 (30.2)	4 (9.5)	22 (50.0)
Dual energy x-ray absorptiometry	14 (16.3)	10 (23.8)	4 (9.1)
Sex			
Men only	8 (9.3)	6 (14.2)	2 (4.5)
Women only	33 (38.3)	23 (54.8)	10 (22.7)
Mixed	40 (46.5)	13 (31.0)	27 (61.3)
Not specified	5 (5.8)	-----	5 (11.4)
%People with a smoking history			
<15%	12 (13.9)	9 (21.4)	3 (6.8)
≥ 15%	31 (36.0)	12 (28.6)	19 (43.2)
Not specified	43 (50.0)	21 (50)	22 (50)
Study design			
Prospective	24 (27.9)	15 (35.7)	9 (20.5)
Cross-sectional	58 (67.4)	26 (61.9)	32 (72.7)
Case-control	2 (2.3)?	1 (2.4)	1 (2.3)

473 *Chronic obstructive pulmonary disease, HIV, Rheumatoid arthritis, and type 2 diabetes
 474 mellitus

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Response to Peer Review for Manuscript ID: JGMS-2022-REV-0161

We would like to thank the editors and reviewers for their time to review our work as well as for their valuable comments and suggestions. We have now extensively revised the manuscript to address the feedback. Point by point responses are provided below.

Editor in chief

The reviewer(s) have recommended publication, but also suggest some minor revisions to your manuscript. Therefore, I invite you to respond to the reviewer(s)' comments and revise your manuscript. In addition to responding to the reviewers' comments, I suggest that, to make your article updated and most relevant to the readers, please review and if appropriate, reference recently published papers - including the ones that are published ahead of print online. While we consider this reminder helpful to advancing the scientific conversation, it does not affect the decision process regarding your paper.

Response: We thank the Editor for this advice. We understand the need for recency and relevancy in our meta-analysis. Our submission included titles up until August 2021. For completeness, we re-ran our search for newly published articles or abstracts until the end of May 2022 (August 2021 to May 2022) and found only one full text publication and one abstract that would meet our inclusion criteria.

- Chen et al., 2021 (<https://link.springer.com/content/pdf/10.1007/s11657-022-01059-z.pdf>) included 90 patients in maintenance haemodialysis for an association between abdominal aortic calcification (AAC) and bone mineral density (BMD). The study compared BMD at the lumbar spine between individuals with severe versus mild AAC.

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3 Compared to patients with mild AAC, those with severe AAC had lower lumbar spine
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5 BMD (SMD -0.83 95%CI, -1.32 to -0.33).
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8 ➤ Yoshi et al, (2021) (<http://dx.doi.org/10.1136/annrheumdis-2021-eular.269>) reported an
9
10 association between grades of AAC, grades 0 (n=219), 1 (n=428) & 2 (n=278), and
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12 fragility fracture in 931 patients with osteoporotic fracture. The subsequent occurrence of
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14 fragility fracture for advanced AAC versus no AAC group was 176/706 and 26/219,
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16 respectively.
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20 Incorporating the data from the full-text publication did not substantively change the point
21
22 estimates for our main analysis of the association of AAC with lumbar spine BMD: SMD -
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24 0.666 95%CI, (-1.212 to -0.120) when included versus SMD -0.673 95%CI, (-1.205 to -0.145).
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26 Equally, incorporating the data from the abstract did not substantively change the point
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28 estimates for our main analysis of the association of AAC with any fracture (RR 1.73 95% CI,
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30 1.48 to 2.02 when included versus RR 1.74 95% CI, 1.49 to 2.02, I²=90.5%.
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34 **Associate editor**

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37 **The authors have done a nice job in putting together this meta-analysis but need to make**
38
39 **a stronger case for how it might inform the field, given that this is not a controversial**
40
41 **topic. Please also consider the suggestions of the reviewers to improve the quality and**
42
43 **readability.**
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47 **Response:** Thank you for the comment regarding justification. We believe our review
48
49 represents a significant advance from previous reviews. First, we included up to 21 more
50
51 studies so readers can be assured that this review is a comprehensive report. Second, we
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53 included analysis of both BMD and fractures as outcomes in a single report which provides
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55 internal validity as BMD is accepted to be on the causal pathway to fracture; and to
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57 understand the relative contribution of vascular disease to site-specific fractures as this
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3 evidence suggests stronger links with more central rather than peripheral fractures. Further,
4 these findings highlight the public health potential to value-add osteoporosis screening by
5 capturing AAC at the time of BMD testing. Finally, we have deeply investigated sources
6 of clinical heterogeneity through meta-regression and sub-group analyses. We believe these
7 elements stand this review apart and provide readers with the reliability of findings.
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11 The importance of these findings is recognized for an individual who is close to but not
12 beyond a treatment threshold for fracture prevention therapy, the additional knowledge of
13 their AAC may lead to a recommendation for such therapy. Future research should focus
14 on this concept, namely that identification of AAC improves reclassification and leads to
15 better treatment decision making in terms of fracture risk. For completeness, this was not
16 an explicit aim of our meta-analysis nor that of any of the included studies and hence our
17 call for further research.
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30 **Review-1**

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32 **It would be important to describe at least some of the some of the search terms/strategy**
33 **in the main manuscript (versus all in supplement or referenced from previous publication**
34 **#7) as that is so key for readers to interpret systematic reviews.**
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42 **Response:** We have now included key search terms on page 5, lines 58-60, and reads as;
43 Database searches were performed in MEDLINE, EMBASE, Web of Science core
44 collection and Cochrane library for articles published from inception to August 6, 2021,
45 without language restriction “*using key terms such as vascular calcification, bone mineral*
46 *density, fracture and additional filters such as human and observational studies as detailed*
47 *in **Table S1** and previously published protocol (1).”*
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- 55
56 ○ Figure S1 should be in the main text, as well.

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58 **Response:** We have now moved Figure S1 (study selection flow diagram) to the main text.
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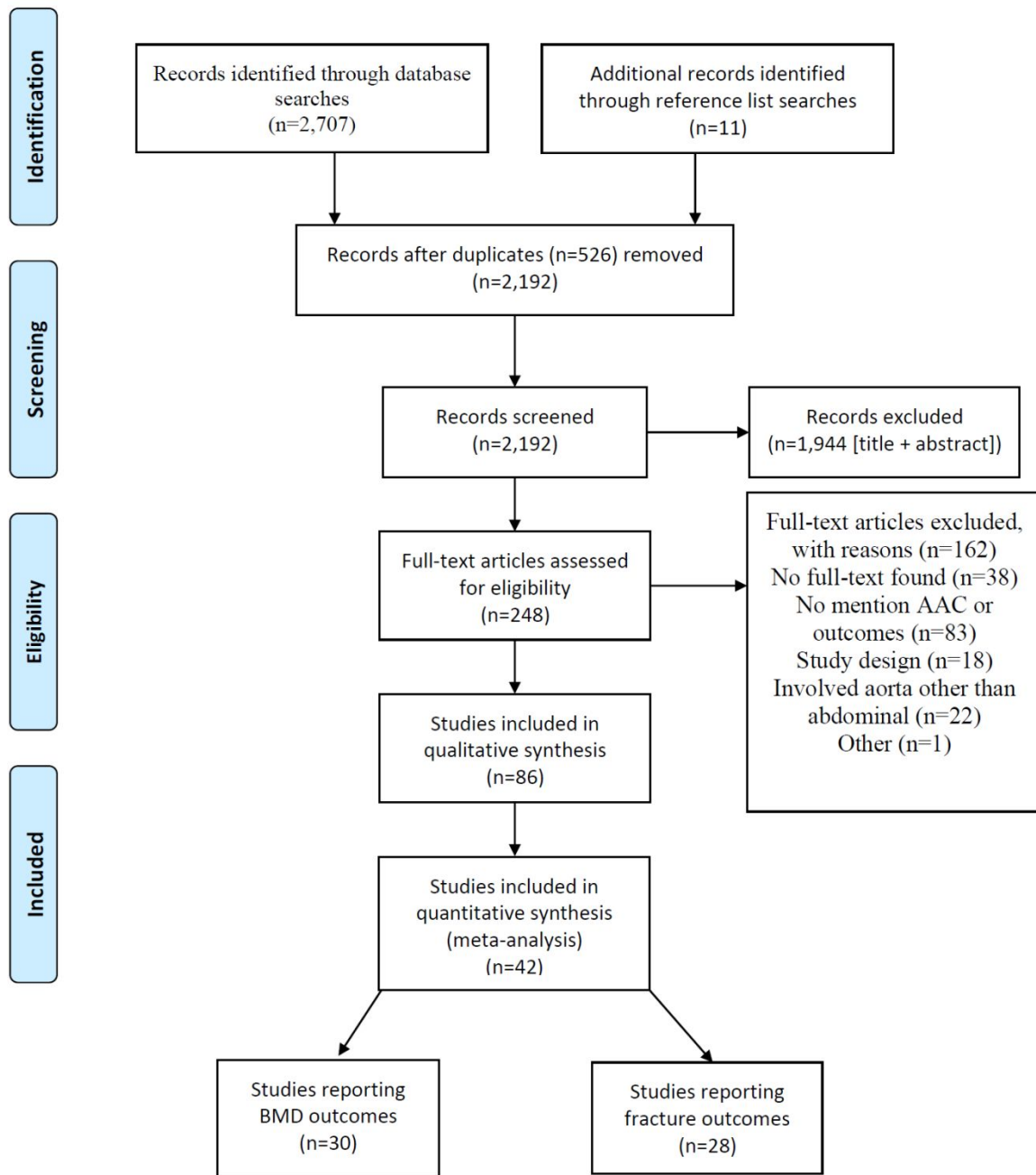


Figure 1: Study selection flow diagram

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3 **It should be clarified what it means that “Of the 86 included studies, 42 studies provided**
4 **data for quantitative analyses...” (page 8). Did the authors sought contact with the**
5 **corresponding authors of all 86 included studies to get data but only 42 responded? There**
6 **may be implicit biases in who those 42 were that may influence the meta-analyses.**
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13 **Response:** The statement has now been edited to clarify that of the 86 studies that were
14 eligible based on the full-text screening, only 42 had extractable data for meta-analyses.
15 The edited paragraph can be found in the main manuscript on page 8, lines 135-136 and
16 reads as: “*Of the 86 eligible studies included in the qualitative synthesis, 42 studies (two*
17 *abstracts, 40 full publications) provided extractable data for the meta-analysis [BMD,*
18 *n=14, fracture, n=12, both BMD and fracture, n=16] [Figure 1].”*
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28 **The authors could add description of differences by studies included vs not in meta-**
29 **analysis re: location, publication year, population studied, AAC and BMD determination**
30 **modalities, etc. Related, Table 1 should add a column for studies included in the meta-**
31 **analysis (to compare the distribution of study characteristics between the subgroup and**
32 **full group of 86).**
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40 **Response:** We have now included additional two columns in **Table 1** (pages 24&25) of the
41 manuscript describing the specific study characteristics (e.g., location, publication year,
42 population studied, AAC and BMD determination modalities) of those included in the
43 meta-analysis as well as the studies which were only included in the qualitative synthesis.
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50 **Table 1.** Characteristics of the included studies
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Characteristics	All studies, n (%)	Studies included in meta-analysis, n (%)	Studies included only in qualitative synthesis, n (%)
Year of publication			
Pre-2010	31 (36.1)	16 (38.1)	15 (34.1)
2010-2015	33 (38.4)	17 (40.5)	16 (36.4)

2016-2021	22 (24.4)	9 (21.4)	13 (29.5)
Setting			
Chronic kidney disease, kidney stones and patients in haemodialysis	19 (22.1)	2 (4.7)	17 (38.6)
Postmenopausal women	29 (33.7)	21 (50)	8 (18.2)
General population	30 (34.9)	17 (40.5)	13 (29.5)
Other	8 (9.3)	2 (4.8)	7 (15.9)
Region			
North America	26 (30.5)	11 (26.2)	15 (34.1)
Europe	32 (37.6)	15 (35.7)	17 (38.6)
Asia	10 (11.7)	5 (11.9)	5 (11.4)
Oceania	9 (10.6)	3 (7.1)	6 (13.6)
Africa	5 (5.9)	5 (11.9)	-----
South America	4 (4.6)	3 (7.1)	1 (2.3)
Number of subjects			
<500	48 (55.8)	17 (40.5)	31 (70.5)
>500	38 (44.2)	23 (57.1)	15 (34.1)
Modality of AAC assessment			
Radiography	46 (53.5)	28 (66.7)	18 (40.9)
Quantitative computed tomography	26 (30.2)	4 (9.5)	22 (50.0)
Dual energy x-ray absorptiometry	14 (16.3)	10 (23.8)	4 (9.1)
Sex			
Men only	8 (9.3)	6 (14.2)	2 (4.5)
Women only	33 (38.3)	23 (54.8)	10 (22.7)
Mixed	40 (46.5)	13 (31.0)	27 (61.3)
Not specified	5 (5.8)	-----	5 (11.4)
%People with a smoking history			
<15%	12 (13.9)	9 (21.4)	3 (6.8)
≥ 15%	31 (36.0)	12 (28.6)	19 (43.2)
Not specified	43 (50)	21 (50)	22 (50)
Study design			
Prospective	24 (27.9)	15 (35.7)	9 (20.5)
Cross-sectional	58 (67.4)	26 (61.9)	32 (72.7)
Case-control	2 (2.3)?	1 (2.4)	1 (2.3)

Sensitivity analyses should be conducted for the meta-analysis after excluding “poor” and perhaps “fair” bias quality.

Response: Thank you for the suggestion. Sensitivity analyses have now been done after excluding the studies with poor and fair quality. A new table (Table S13) is added on page 24 of the supplementary online material. Additionally, descriptions highlighting the results are included on pages 9 lines 162-165: *“Additionally, any/advanced AAC was associated with lower BMD at the total hip and lumbar spine even after excluding the studies with poor and fair quality. However, the association between AAC and femoral neck BMD was attenuated after exclusion of studies with poor and fair quality.”*

And, Page 10 lines 186-187: *“The association between any/advanced AAC, any and site-specific fractures remained significant after excluding studies with poor and fair quality [Table S13].”*

Table S 13: Pooled analyses showing the association between any/advanced AAC, BMD and fracture after excluding studies with poor and fair quality.

		Number of studies (patients)	SMD (95%CI)	I ² (%)
BMD (SMD 95%CI)	Femoral neck			
	No/low AAC	7 (2569)	1 (referent)	
	Any/advanced AAC	7 (2724)	-0.26 (-0.55 to 0.03)	95.7
	Total Hip			
	No/low AAC	10 (6842)	1 (referent)	
	Any/advanced AAC	10 (8688)	-1.26 (-1.70 to -0.82)	99.2
	Lumbar spine			
	No/low AAC	10 (5372)	1 (referent)	
Any/advanced AAC	10 (4804)	-1.05 (-2.07 to -0.03)	99.8	
Fracture (OR 95%CI)	Any/All fracture			
	No/low AAC	17 (2011/13242)	1 (referent)	
	Any/ advanced AAC	17 (1438/10047)	1.68 (1.43 to 1.99)	82.2
	Vertebral fracture			
	No/ low AAC	12 (943/6201)	1 (referent)	
	Any/advanced AAC	12 (1254/5088)	1.97 (1.53 to 2.53)	84.8
	Non-vertebral fracture			
No/low AAC	7 (540/6553)	1 (referent)		

	Any/advanced AAC	7 (1122/9022)	1.30 (1.04 to 1.64)	77.0
	Hip fracture			
	No/low AAC	5 (230/5961)	1 (referent)	
	Any/advanced AAC	5 (547/8672)	1.63 (1.01 to 2.63)	88.1%

It would be useful for the subgroup analyses should be presented in Tables/Figures as well, as they have major implications (eg. Findings stronger in women) but aren't clear from the figures.

Response: We thank the reviewer for the suggestion. We have presented the detailed subgroup analyses in Tables S8 and S14 on pages 19 & 25 of the supplementary online material. Whilst we understand the attraction of presenting all sub-groups in a single forest plot, we believe this may compromise the overall quality readability of the figures.

Table S8. Subgroup analysis showing a standardized mean difference in BMD by skeletal sites in people with any/advanced AAC

Site	Subgroup analysis		Number of studies (n)	SMD (95%CI)	I ² (%)
Femoral neck	Gender	Women only	5 (2140)	-0.32 (-0.54 to -0.09)	81.1
		Men only	2 (1682)	0.04 (-0.07 to 0.14)	0.0
		Mixed	3 (3159)	-0.31 (-0.82 to 0.21)	97.5
	Study location	Europe	6 (2819)	-0.18 (-0.40 to 0.05)	85.7
		North America	2 (1618)	-0.10 (-0.30 to 0.09)	74.4
		South America	1 (815)	-0.36 (-0.52 to -0.20)	-
		Asia	1 (1729)	-0.68 (-0.78 to -0.59)	-
	Imaging modality	Radiograph	8 (5465)	-0.34 (-0.59 to -0.10)	93.9
		DXA	2 (1516)	0.07 (-0.08 to 0.22)	53.0
	Sample size	<500	3 (522)	-0.55 (-0.95 to -0.14)	74.4
>500		7 (6459)	-0.15 (-0.41 to 0.11)	96.0	
Total hip	Gender	Women only	8 (9608)	-0.66 (-1.27 to -0.04)	99.4
		Men only	4 (7402)	-0.11 (-0.18 to -0.04)	21.9
		Mixed	4 (3267)	-3.09 (-5.03 to -1.15)	99.7
	Study location	Europe	5 (5067)	-2.69 (-4.29 to -1.09)	99.8
		North America	3 (8402)	-0.12 (-0.17 to -0.08)	-0.0
		South America	1 (815)	-0.39 (-0.56 to -0.23)	-
		Asia	1 (1729)	-0.52 (-0.62 to -0.43)	-
		Oceania	2 (2768)	-0.16 (-0.24 to -0.08)	0.0
		Africa	3 (1496)	-0.94 (-1.84 to -0.04)	95.8

	Imaging modality	Radiograph	8 (14509)	-0.37 (-0.87 to -0.13)	99.4
		DXA	7 (5768)	-1.84 (-2.73 to -0.95)	99.5
	Sample size	<500	4 (1028)	-0.25 (-0.63 to 0.14)	79.3
		>500	12 (19249)	-1.32 (-1.81 to -0.82)	99.6
Lumbar spine	Gender	Women only	16 (12914)	-0.89 (-1.64 to -0.14)	99.6
		Men only	3 (2002)	0.00 (-0.09 to 0.10)	0.0
		Mixed	2 (2344)	0.04 (-0.41 to 0.49)	95.5
	Study location	Europe	7 (4204)	-0.49 (-1.62 to 0.63)	99.6
		North America	4 (5477)	-0.12 (-0.65 to 0.42)	98.6
		South America	2 (594)	-0.71 (-1.13 to -0.29)	68.3
		Asia	2 (3453)	-3.09 (-8.79 to 2.61)	100
		Africa	3 (1496)	-0.61 (-0.78 to -0.45)	0.0
		Oceania	2 (2036)	0.04 (-0.05 to 0.14)	0.0
	Imaging modality	Radiograph	11 (9368)	-0.91 (-1.92 to 0.10)	99.7
		CT	2 (2844)	-0.84 (-0.93 to -0.75)	0.0
		DXA	7 (5048)	-0.19 (-0.44 to 0.05)	91.3
	Sample size	<500	10 (2168)	-0.37 (-0.65 to -0.09)	81.6
		>500	11 (15092)	-0.92 (-1.69 to -14)	99.8

Table S14: Subgroup analysis showing risks of fractures in people with any/advanced AAC

Site	Subgroup analysis	Number of studies (n)	Relative Risk (95%CI)	I ² (%)	
Any fracture	Gender	Women only	15 (15217)	1.85 (1.43 to 2.39)	94.1
		Men only	7 (15977)	1.33 (1.19 to 1.48)	20.1
		Mixed	6 (2554)	1.97 (1.52 to 2.55)	00.0
	Study location	Europe	8 (8323)	1.33 (1.21 to 1.45)	20.0
		North America	8 (17455)	1.40 (1.13 to 1.72)	86.9
		Asia	5 (3067)	2.14 (1.64 to 2.79)	62.7
		Africa	5 (2455)	3.74 (2.41 to 5.78)	80.8
		Oceania	2 (2448)	1.23 (1.04 to 1.44)	0.0
		Imaging modality	Radiograph	19 (26251)	1.49 (1.32 to 1.68)
	CT		2 (3117)	1.73 (0.63 to 4.72)	94.3
	DXA		7 (4380)	2.68 (1.53 to 4.70)	94.0
	Sample size	<500	8 (2042)	2.02 (1.55 to 2.63)	86.04
		>500	20 (31706)	1.62 (1.34 to 1.96)	91.6
	Vertebral fracture	Gender	Women only	13 (10293)	2.12 (1.48 to 3.03)
Men only			4 (10703)	1.45 (1.31 to 1.60)	0.0
Mixed			5 (2345)	2.12 (1.39 to 3.24)	79.8
Study location		Europe	7 (5589)	1.36 (1.14 to 1.62)	49.5
		North America	4 (9253)	1.57 (1.12 to 2.21)	86.4

		Asia	5 (3067)	2.17 (1.59 to 2.95)	65.1	
		Africa	5 (4408)	3.71 (1.93 to 7.12)	95.2	
		Oceania	1 (1024)	1.03 (0.66 to 1.60)	-	
	Imaging modality	Radiograph	13 (13891)	1.64 (1.37 to 1.96)	75.5	
		CT	2 (3117)	1.81 (0.74 to 4.48)	90.9	
		DXA	7 (6333)	2.62 (1.52 to 4.50)	94.6	
	Sample size	<500	7 (1739)	2.97 (1.94 to 4.56)	85.3	
		>500	15 (21602)	1.62 (1.30 to 2.03)	90.5	
Non-vertebral fracture	Gender	Women only	7 (10962)	1.35 (1.08 to 1.69)	77.0	
		Men only	2 (6446)	1.30 (0.70 to 2.42)	-	
		Mixed	2 (1016)	2.05 (0.94 to 4.47)	31.4	
	Study location	Europe	3 (3604)	1.49 (1.20 to 1.85)	48.0	
		North America	4 (10247)	0.95 (0.72 to 1.26)	52.2	
		Asia	2 (2125)	2.12 (1.44 to 3.11)	0.0	
		Oceania	2 (2448)	1.64 (0.83 to 3.23)	51.4	
	Imaging modality	Radiograph	9 (15052)	1.52 (1.25 to 1.84)	56.1	
		CT	1 (2348)	0.77 (0.59 to 1.00)	-	
		DXA	1 (1024)	1.32 (1.03 to 1.70)	-	
	Sample size	<500	2 (728)	1.91 (0.63 to 5.75)	56.9	
		>500	9 (17696)	1.39 (1.11 to 1.73)	71.4	
	Hip fracture	Gender	Women only	7 (10962)	1.56 (1.03 to 2.36)	81.3
			Men only	2 (6446)	1.93 (0.96 to 3.88)	70.9
Mixed			1 (401)	4.52 (0.95 to 21.49)	-	
Study location		Europe	2 (2989)	2.11 (1.09 to 4.12)	37.8	
		North America	4 (10247)	1.26 (0.77 to 2.06)	87.3	
		Asia	2 (2125)	3.18 (1.85 to 5.47)	0.0	
		Oceania	2 (2448)	1.74 (0.96 to 3.17)	27.2	
Imaging modality		Radiograph	8 (14437)	2.02 (1.33 to 3.07)	74.5	
		CT	1 (2348)	0.77 (0.59 to 1.00)	-	
		DXA	1 (1024)	1.44 (0.87 to 2.39)	-	
Study size		<500	2 (728)	2.09 (0.71 to 6.13)	39.4	
	>500	8 (17081)	1.67 (1.12 to 2.50)	84.4		

Similarly, it would be good to show results for the investigations of heterogeneity between studies that are described in the discussion (limitations section specifically).

Response: We thank the reviewer for the comment. We have explored heterogeneity extensively by way of subgroup analyses (representing clinically homogeneous groups in

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3 an attempt to minimize these known contributors to heterogeneity) and through meta-
4 regression. We recognize that heterogeneity cannot be entirely eliminated, but we have
5 applied these statistical methods to address the observed heterogeneity to improve the
6 internal validity of our primary findings. The findings for heterogeneity, I^2 (%), have been
7 presented in all the figures (**Figure 2-4**) and supplementary tables (Tables S7 (page 18) and
8 8 (page 19), 11-14 (pages 22-25) highlighting between-study heterogeneity. Additionally,
9 we have now clarified the context that we want to refer to when we say high between-study
10 heterogeneity in the limitation on page 15, lines 292-293. *First, high between-study*
11 *heterogeneity “($I^2 > 60\%$ and $\tau^2 > 0.05$)” was noted in several analyses, suggesting the need*
12 *for a careful interpretation of the findings.* The potential causes for this high heterogeneity
13 include, population characteristics (older age groups) women-only, CKD), design (cross-
14 sectional, prospective) and measurement of exposures (radiographs, CT, DXA). We have
15 chosen to preferentially present in the pooled estimates of the data from the total cohort
16 analysis, and this would likely have the greatest statistical power as well. We acknowledge
17 the high heterogeneity in these analyses is not fully overcome by increasing sample size.
18 Further, as can be viewed from our various subgroup analyses, heterogeneity is not fully
19 overcome by increasing clinical homogeneity. This suggests that there is a significant
20 amount of residual confounding when examining the association between bone and
21 vascular calcification, and potentially highlights how vascular calcification may capture
22 underappreciated risk factors for skeletal outcomes. Rather than be discouraged by this we
23 believe that there is a need to further explore the role of specific biological factors in the
24 understanding of the association between AAC and bone health.
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Reviewer-2

Sensitivity analyses would be easier to understand if Table 1 characteristics were provided for the 42 studies included in the meta-analysis- the number of studies differs markedly in women vs men and by imaging modality (while number of studies is provided the n is not).

Response: Thank you, we have now included additional two columns to Table 1 and presented the detailed characteristics of the studies included in the meta-analysis.

Table 2. Characteristics of the included studies

Characteristics	All studies, n (%)	Studies included in meta-analysis, n (%)	Studies included only in qualitative synthesis, n (%)
Year of publication			
Pre-2010	31 (36.1)	16 (38.1)	15 (34.1)
2010-2015	33 (38.4)	17 (40.5)	16 (36.4)
2016-2021	22 (24.4)	9 (21.4)	13 (29.5)
Setting			
Chronic kidney disease, kidney stones and patients in haemodialysis	19 (22.1)	2 (4.7)	17 (38.6)
Postmenopausal women	29 (33.7)	21 (50)	8 (18.2)
General population	30 (34.9)	17 (40.5)	13 (29.5)
Other	8 (9.3)	2 (4.8)	7 (15.9)
Region			
North America	26 (30.5)	11 (26.2)	15 (34.1)
Europe	32 (37.6)	15 (35.7)	17 (38.6)
Asia	10 (11.7)	5 (11.9)	5 (11.4)
Oceania	9 (10.6)	3 (7.1)	6 (13.6)
Africa	5 (5.9)	5 (11.9)	-----
South America	4 (4.6)	3 (7.1)	1 (2.3)
Number of subjects			
<500	48 (55.8)	17 (40.5)	31 (70.5)
>500	38 (44.2)	23 (57.1)	15 (34.1)
Modality of AAC assessment			
Radiography	46 (53.5)	28 (66.7)	18 (40.9)

Quantitative computed tomography	26 (30.2)	4 (9.5)	22 (50.0)
Dual energy x-ray absorptiometry	14 (16.3)	10 (23.8)	4 (9.1)
Sex			
Men only	8 (9.3)	6 (14.2)	2 (4.5)
Women only	33 (38.3)	23 (54.8)	10 (22.7)
Mixed	40 (46.5)	13 (31.0)	27 (61.3)
Not specified	5 (5.8)	-----	5 (11.4)
%People with a smoking history			
<15%	12 (13.9)	9 (21.4)	3 (6.8)
≥ 15%	31 (36.0)	12 (28.6)	19 (43.2)
Not specified	43 (50)	21 (50)	22 (50)
Study design			
Prospective	24 (27.9)	15 (35.7)	9 (20.5)
Cross-sectional	58 (67.4)	26 (61.9)	32 (72.7)
Case-control	2 (2.3)?	1 (2.4)	1 (2.3)

Could power be the explanation for associations seen in women but not men? For associations seen in radiograph studies but not DEXA or CT? Also, the proportion of studies by imaging modality that are included in the meta-analysis is very different (only 5 of 26 CT studies likely because the CT studies were not originally conducted to examine skeletal health).

Response: We thank the reviewer for the comment. We agree that power may partly explain some of the statistically significant associations. Specifically for women we acknowledged in the discussion (page 15, lines 305-308) that power may contribute to the associations. *“Specifically, subgroup analyses revealed findings to be more pronounced in women, possibly reflecting greater statistical power (as there were more studies conducted in women) as well as the known effects of oestrogen decline on skeletal and vascular outcomes”*. We believe a similar phenomenon is taking place regarding the modality used for AAC determination. Encouragingly associations were in the same direction across the

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3 imaging modality subgroups suggesting imaging modality does not affect our clinical
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5 interpretation.
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8 **Can the authors explain the qualitative analysis? Is this limited to the data provided in**
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10 **Table S1? How does this information support the findings in this study?**

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13 **Response:** Thank you for the opportunity to clarify this area. Qualitative analysis includes
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15 all studies that met our inclusion-exclusion criteria. We have now added an additional
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17 column to Table S2 (pages 4-12 of the supplementary online material, **also available at**
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19 **the end of this response letter**) describing the key findings of each study. Additionally, a
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21 few sentences highlighting the qualitative outcomes are now included in the discussion on
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23 page 12, lines 216-224. *“Moreover, the majority of the studies that were included in*
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25 *qualitative synthesis only (namely, studies without data for meta-analysis) reported an*
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27 *inverse relationship between AAC and BMD (more AAC, less BMD) (2-4) and increased*
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29 *risk of fractures (5-7) in general and specific populations. Most recently published studies*
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31 *that are not included in this review also support the aforementioned relationships (8, 9). A*
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33 *few studies included in the qualitative synthesis showed no relationship between AAC,*
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35 *BMD or fractures (7, 10-12) but overall the qualitative synthesis generally supports*
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37 *findings from our quantitative synthesis that the presence and severity of AAC indicates*
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39 *poor skeletal health and prognosis.”*

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46 **Abstracts often present preliminary results- did the authors check with the investigators**
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48 **of the abstracts included in the meta-analysis to confirm the reported abstract**
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50 **associations would not change once final manuscript prepared for publication?**

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54 **Response:** We did not follow up with investigators to confirm if abstracts had been
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56 published but we did search for full text articles from the same investigators. The following
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58 statement is also added on pages 8, lines 140-141: *“Abstracts were checked if they were*
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3 *subsequently published after the search date.”* Where uncertainties were apparent,
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5 corresponding authors were contacted for relevant data.
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8 **Can the authors shade or highlight the studies in Tables S3-S5 included in the meta-**
9 **analysis so that the reader can easily identify the included studies and associated quality**
10 **without having to search back to Table S2?**
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16 **Response:** Thank you for this suggestion. Quality assessment was made only for studies
17 which were included for the meta-analysis. To provide more clarity on this, we have added
18 a new statement on page 6, lines 77-78. The risk of bias for each of the studies “*included*
19 *in the meta-analysis*” was assessed based on the study design (cross-sectional, case-control
20 or cohort studies) grouped into three categories of quality (good, fair or poor) as described
21 previously. Similar phrases are also included in the headings of Tables S3-S5 (pages 13-
22 15, supplementary online material).
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33 **How did the authors approach the studies that investigated settings other than general**
34 **population samples? Table 1, > 15% of studies were CKD- did this contribute to**
35 **heterogeneity? Did authors consider subgroup analysis investigating this population?**
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40 **Response:** Thank you for raising this important point, we have indeed considered several
41 subgroups of clinical interest, and the results of these analyses are provided in above-
42 mentioned Tables S9 and S15, available on pages 19 and 25 of the online supplementary
43 material, respectively. For studies conducted in patients with CKD, there were not enough
44 studies to be considered for subgroup analyses. Of the 19 studies conducted in patients with
45 CKD, haemodialysis or kidney stones, only two studies, Torres et al (2016)
46 (DOI: [10.1016/j.nefro.2016.03.004](https://doi.org/10.1016/j.nefro.2016.03.004)) and Chue et al (2012)
47 (doi: [10.1371/journal.pone.0039241](https://doi.org/10.1371/journal.pone.0039241)) provided quantitative data suitable for meta-analysis.
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60 Unfortunately, these studies reported different outcome measures limiting the ability for

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3 pooled analysis. Torres et al (2012) reported an association between AAC and vertebral
4 fracture, while Chue et al (2012) reported an association between AAC and femoral neck
5 BMD. The remaining 17 studies did not provide quantitative data for an association
6 between AAC and BMD/fracture to be derived. By way of example, studies by Fusaro et
7 al (2013) and Aoki et al (2009) reported associations between calcification, fracture and
8 BMD, respectively. However, in both studies, the calcification measurement included areas
9 of the aorta beyond the abdominal region without providing effect estimates specifically
10 for AAC. While these studies fulfilled our eligibility criteria the exposure variables used in
11 these studies are not equivalent to that of our analyses. This is replicated amongst other
12 studies that examined the association between AAC and BMD/fracture in patients with
13 CKD.
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Table S 2

Table S2: Detailed characteristics of each of the included studies

Included studies (61553 participants)						
Study, year	Country	Study design, participants, groups, and sample size	Imaging modality	AAC modelled as	Outcome measure (s)	Key finding (s)
Aleksova et al,(13) 2018	Australia	Cross sectional, study populations: 48 years;25.9 kg/m ² ; 100%chronic kidney disease (CKD);40%women;53%smoker;36%diabetes;10 %HRT;37%fracture; sample size (n=146).	X-ray	AAC24 score \geq 1, mean AAC AAC24 score	Trabecular bone score (TBS), T-score and aBMD (g/cm ²) at lumbar spine, femoral neck, proximal femur, ultra-distal radius and 1/3 radius	AAC scores were inversely related to the TBS but not to DXA-derived BMD parameters.
Alfieri et al,(14) 2015 abstract	Italy	Prospective, study populations:12 months of follow up; 100% CKD; two groups of AAC, present (n=179) versus absent (n=114)	X-ray	Present/absent AAC2 continuous	BMD (g/cm ²) at femoral neck	The presence and progression of AAC was related with abnormal femoral neck BMD.
Aoki et al, (2) 2009	Japan	Cross sectional, study populations: 59.3 years;30%women;100%CKD;38.6% diabetets;72.3% medications; sample size (n=83)	CT	aortic calcification index (ACI)	BMD (mmAl) at metacarpal bone	Aortic calcification index (ACI) was inversely correlated with Metacarpal BMD
Avramovski et al,(3) 2016	Macedonia	Cross sectional, study populations:59 years; 27.7 kg/m ² ;100%CKD;100%women;25%smoker;21.4 % diabetes;53.5%HTN; sample size (n=56)	X-ray	AAC24 continuous	BMD (g/cm ²) at lumbar spine and total hip	AAC was significantly correlated with subtracted femoral neck BMD from lumbar spine BMD.
Bagger et al,(5) 2007	Denmark	Cross sectional, study populations:69.3 years; 26.4 kg/m ² ;100%women;24.6%smoker; sample size (n=1176)	X-ray	Mean AAC score and AAC24 \geq 6 AAC24 score	Vertebral and hip fractures	Severe AAC (score \geq 6) was associated with hip fracture (OR 4.4 95%CI, 1.6 to 12.9) but not vertebral fracture (1.2 95%CI, 0.9 to 1.7) or wrist (95%CI 1.4 1.0 to 2.1) after adjustment to age.
Bolton et al.,(15) 2011	UK	Cross sectional, study populations:66 years; 29 kg/m ² ;40%women;13% diabetes;38% HTN;2.2%HRT; 22.2%CVD medications; sample size (n=45)	CT	Volume scoring method	BMD (g/cm ²) at lumbar spine, hip, femoral neck, intertrochanteric and trochanter	Aortic calcification was inversely related to BMD.

1 2 3 4 5 6 7 8 9	Canepa et al, (16) 2014	USA	Cross sectional, study populations:67 years;27 kg/m ² ;51%women;45%smoker;22%diabetes;42% HTN;42%CVD medication; four groups based on number of aortic segments with apparent calcification (0 (n=687), 1 (n=214), 2 (n=191), 3 (n=75)	CT	Present/absent AAC severity score (0-3)	BMD (g/cm ²) at whole body and femoral neck	Aortic calcification was inversely related with bone mineral density.
10 11 12	Carr et al,(17) 2008	USA	Cross sectional, study population: 62.4 years;32.8 kg/m ² ;50%women;23.9%smoker;100%diabetes;22.4%HTN; sample size (n=1023)	CT	Present/absent	vBMD at thoracic and lumbar spine measured CT and DXA	Atherosclerotic calcified plaque was inversely associated with vBMD.
13 14 15	Chan et al, (18) 2015	USA	Cross sectional, study population:60 years;29 kg/m ² ;52.3%women 11%smoker; sample size (n=1317)	CT	Agatston score	Integral and trabecular vBMD	AAC was inversely related with spine BMD.
16 17 18 19 20	Chau et al, (10) 2014	Australia	Prospective, study population:42 years;42%women;100% kidney or pancreas-kidney transplant;39.3%smoker;10.6%diabetes; sample size (n=650)	X-ray	Present/absent AAC24	Lumbar spine Z score	No significant inverse association of between AAC and BMD was noted.
21 22 23 24	Chow et al,(19) 2008	USA	Cross sectional, study population:57.4 years; 27.4 kg/m ² ; 54%women;42.7%smoker;22.5%HRT;21.2%fract ure; sample size (n=693)	CT	Agatston score	vBMD at lower vertebral trabecular, total femoral neck and femoral neck trabecular	AAC was inversely associated with vBMD.
25 26 27 28	Dawson-Hughes and Dallal, (20) 1990	USA	Cross sectional, study population:100%women; sample size (n=293)	X-ray	Present/absent	BMD (g/cm ²) at spine radius	AAC was inversely associated with BMD (g/cm ²) at spine radius.
29 30 31	Divers et al, (21) 2011	USA	Cross sectional, study population:60%women;100%diabetes; sample size (n=753)	CT	Agatston score	vBMD at thoracic and lumbar spine	Calcified atherosclerotic plaque was inversely associated with vertebral BMD.
32 33 34	Drinka et al, (11) 1992	USA	Cross sectional, study population:71.9 years; 100% male; sample size (n=113)	X-ray	Present/absent	BMD (g/cm ²) at lumbar spine	No significant correlation between aortic calcification and bone mineral density was observed.
35 36 37 38 39 40 41 42 43 44 45 46	Frye et al, (22) 1992	USA	Cross sectional, study population:100%women; sample size (n=200)	X-ray	Grades of calcification (0,1, and 2)	BMD at spine, femur neck, trochanter, femur shaft, distal radius and BMC midradius	Aortic calcification was not associated with lumbar spine BMD.

					Vertebral fracture	
Fusaro et al, (6) 2013	Italy	Cross sectional, study population:64.2 years; 37%women;100% CKD 36.8%smoker;22%diabetes;77.8%HTN; sample size (n=387)	X-ray	Length of the calcium deposits along the aortic wall (0.1 to 5 cm, 5.1 to 10 cm and >10 cm)	Vertebral fracture	Aortic calcification was associated with greater odds of vertebral fracture (OR 1.77 95%CI, 1.00 to 3.14).
Grant et al,(23) 2017	Canada	Cross sectional, study population: 68.9 years; 28.4 kg/m ² ;71%women;11% diabetes;30%HTN; sample size (n=112)	X-ray	AAC severity categories based on lesion length	BMD (g/cm ²) at lumbar spine	Quantified AAC was negatively associated with hip and spine BMD.
Hampson et al, (24) 2013	UK	Cross sectional, study population:61.6 years;24.8 kg/m ² ; 100%women;36%smoker;28%previous fracture; sample size (n=149)	DXA	AAC8&24 score	BMD (g/cm ²) at lumbar spine	AAC was negatively correlated with BMD.
Hyder et al, (25) 2009	USA	Cross sectional, study population:50%women; sample size (n=1833)	CT	AAC score	vBMD at lumbar spine	Aortic calcification was associated with lower vBMD.
Iannotti et al, (26) 2014	Italy	Cross sectional, study population: 100%HIV; sample size (n=280)	X-ray	AAC8 score	BMD (g/cm ²) Vertebral fracture	AAC (≥1) was predictor of low BMD and with vertebral fracture (OR 2.87 95%CI, 1.30 to 6.31).
Iba et al,(27) 2004	Japan	Cross sectional, study population:100%women; 100% osteoporosis; sample size (n=135)	X-ray	Present/absent	BMD	Abdominal aortic calcification was not associated with BMD.
Idoate et al,(28) 2017	Spain	Cross sectional, study population:91 years; 24.4 kg/m ² ; 74%women; sample size (n=42)	CT	Present/absent	Vertebral BMD	Femoral artery calcification was significantly negatively correlated with BMD.
Jensky et al,(29) 2011	USA	Prospective, study population;64 years; 100%women; 36 months; sample size (n=936)	CT	Agatston score	BMD	Calcified atherosclerosis was inversely associated with vBMD
Kim et al,(30) 2021	South Korea	Cross sectional, study population:65 years;23.7 kg/m ² ;43.6%women;47.9%diabetes;100%CKD;2 3.1%HTN; sample size (n=117)	CT	AAC volume in Hounsfield units	vBMD (mg/cm ³)	AAC volume was negatively correlated with BMD.
Kinsella et al,(31) 2015	Ireland	Cross sectional, study population:47 years;100%CKD; 39%women;15.6%diabetes;	CT	Aortic calcification index	Trabecular and cortical vBMD	Aortic Calcification Index was inversely associated with volumetric BMD.

		43.8%smoker; two groups of AAC, present (n=22) versus absent (n=42)				
Kuipers et al, (32) 2014	Caribbean Islands	Cross sectional, study population:56 years;27.9 kg/m ² ; 10.1% smoker;100%women;24.5% diabetes;45.3%HTN; two groups of AAC, present (n=190) versus absent (n=88)	CT	Present/absent	Trabecular and cortical BMD (mg/cm ³) at tibia and radius	Vascular calcification was associated with low BMD.
Lampropoulos et al, (33) 2016	Greece	Cross sectional, study population:100%women; sample size (n=29)	X-ray	AAC24 score	Osteoporosis	Aortic calcification was associated with osteoporosis.
Lee et al, 2017 (34)	South Korea	Cross sectional, study populations:58.3 years; 23 kg/m ² ;56%women;29%diabetes;100%CKD; sample size (n=55)	X-ray	AAC24 score ≥ 5	Bone mass forearm	AAC was associated with low bone mass at the forearm.
Li et al,(35) 2020	China	Cross sectional, study populations:61.8 years;63%women;21.2%smoker;12.7%diabetes;4 0.7%HTN; sample size (n=3431)	CT	Agatston score	vBMD	AAC is inversely associated with vBMD in men but not in women.
Paccou et al, (36)2014	France	Case control, study populations:60.5 years; 27.1 kg/m ² ;76%women;17.9%smoker;4.6% diabetes;33.4%HTN; 100% rheumatoid arthritis; sample size (n=150)	CT	Abdominal aortic calcium score	BMD (mg/cm ³) at lumbar spine, femoral neck, and total hip	AAC was significantly correlated with BMD.
Pelletier et al, (37) 2015	France	Cross sectional, study populations:50.9 years; 25kg/m ² ; 40%women;56.6%smoker;24.5%diabetes; 100%; two groups of AAC24 score, <6 (n=34) versus ≥ 6 (n=19)	DXA	AAC24 score <6 versus ≥ 6	Cortical bone structure	Severe AAC was associated with poorer tibia cortical bone structure.
Pirlamarla et al, (38) 2017 Abstract	USA	Case-control, study populations: 100% Kidney stones; sample size (n=925)	CT	Present/absent	BMD	AAC and its severity was associated with osteoporosis.
Reid et al,(39) 1991	New Zealand	Prospective, study populations;100%women; 58 years; four groups of AAC, 0 (n=97), 1 (n=21), 2 (n=12), 3 (n=0)	X-ray	Calcification score (0,1,2 and 3)	BMD at spine and femur	AAC was not correlated with BMD.
Rodriguez et al, (40) 2017	Australia	Cross sectional, study populations;70 years;28.1kg/m ² ;61%women;43%smoker;31.6% HTN; sample size (n=337)	X-ray	Present/absent AAC severity groups (0, 1 to 5, ≥ 6) AAC24 score	BMD (g/cm ²) at femoral neck and total hip	AAC was associated with femoral neck BMD.

Rodriguez-Garcia et al, (7) 2009	Spain	Prospective, study populations;64 years; 100% CKD; 37.3% women; sample size (n=193)	X-ray	Mild, moderate, and severe calcification	Vertebral fracture	Vascular calcifications in the medium calibre arteries (OR 6.5 95%CI, 1.4 to 29.8) were associated with a higher rate of prevalent vertebral fractures. Such association were observed at large (OR 3.8 95%CI, 0.5 to 31.6) and small (0.96 95%CI, 0.3 to 3.1)) calibre arteries.
Salam et al, (41) 2019 Abstract	UK	Cross sectional, study populations;100%CKD; sample size (n=69)	DXA	AAC-8 score	Distal tibia cortical bone microstructure, cortical thickness, and cortical porosity, BMD t-score at total hip and 1/3 distal radius	Vascular calcification was associated with worse cortical bone microstructure of distal tibia.
Shavit et al, (42) 2015	UK	Case-control, study populations;100% kidney stones; 43% women; sample size (n=111)	CT	Present/absent Calcification severity ($\leq 10\%$, 11%-50%, $\geq 51\%$ calcification)	BMD	AAC was associated with lower BMD.
Shen et al,(43) 2007	USA	Prospective, study populations;36% months of follow up;55.9%women; sample size (n=682)	CT	Agatston method	BMD	Vascular calcification was not associated with lower BMD.
Sotomayer et al, (44) 2020	The Netherlands	Cross sectional, study populations;51 years;25.5 kg/m ² ;100%kindney transplantation; 42%women;21%smoker;14%diabetes;81%HTN; 22.5% fracture; sample size (n=678)	DXA	AAC-8 score	Areal BMD at lumbar spine	AAC was independently associated with BMD.
Tanko et al, (45) 2002	Denmark	Cross sectional, study populations;100% osteoporotic women; sample size (n=963)	X-ray	AAC24 score	BMD at hip	AAC was inversely correlated with lower BMD.
Toussaint et al,(46) 2008	Australia	Cross sectional, study populations;64.5 years;31.3 kg/m ² ;29%women; 30.4%smoker;100%CKD; sample size (n=48)	CT	Present/absent Median AAC score in Hounsfield units	BMD (g/cm ²) at spine and femur	Vascular calcification was inversely associated with femoral BMD.
Toussaint et al, (47) 2009	Australia	Cross sectional, study populations;58 years; 26.4 kg/m ² ;36%women;38%diabetes;100%CKD; sample size (n=45)	CT	Present/absent Median AAC score in Hounsfield units	BMD (g/cm ²) at spine and femur	Aortic calcification was associated with lower BMD.

1 2 3 4 5 6 7	Wagenknecht et al,(48) 2016	USA	Prospective, study populations;55.1 years;35.3%smoker; 34.7 kg/m ² ;100% type 2 diabetes; 50%women; 38.7%CKD;80.7%HTN; sample size (n=300)	CT	Present/absent AAC score in Hounsfield units	vBMD at thoracic and lumbar	Progression of abdominal aorta was associated with vBMD.
8 9 10	Woisetschlager and Spångeus, (49) 2018	Sweden	Prospective, study populations; 71 years; 26 kg/cm ² ; 50%women; sample size (n=50)	CT	Aortic calcium score	DXA BMD	AAC was not correlated with BMD.
11	Study included in the meta-analysis						
12 13 14 15 16	Aoyagi et al,(50) 2001	USA	Prospective, study populations: 61.8 years; 23.4 kg/m ² ;100%women;10%smoker;6.7%diabetes; two groups of AAC, present (n=220) versus absent (n=304)	X-ray	Present/absent	BMD (mg/cm ²) at proximal and distal radius, and calcaneus	The differences in BMD in those with versus without calcification were attenuated after adjustment for age.
17 18 19 20 21	Bagger et al,(51) 2006	Denmark	Prospective, study populations:64.9 years; 25.1 kg/m ² ; 90 months of follow up;100%women;21.6%smoker;5.2%diabetes; two groups of AAC, AAC ₂₄ ≥3 (n=1877) versus <3 (n=785)	X-ray	AAC ₂₄ ≥3/AAC ₂₄ <3 AAC ₂₄ continuous	BMD (g/cm ²) at lumbar spine and total hip as well as incident (vertebral and hip) fracture	AAC was significantly associated with lower BMD and accelerated bone loss from the proximal femur, hip and vertebral fractures
22 23 24	Banks et al,(52) 1994	UK	Cross sectional, study populations:56.1 years;100%women; sample size (n=115)	X-ray and CT	Present/absent	BMD (g/cm) at femoral neck and ward triangle	AAC was associated with lower proximal femur bone density.
25 26	Boukhris et a,(53) 1973	USA	Cross sectional, study populations:49%women; had fracture at baseline; sample size (n=589)	X-ray	Present/absent	Vertebral fracture	AAC was associated with osteoporosis and fracture.
27 28 29 30 31	Bristow et al,(54) 2019	New Zealand	Prospective, study populations:73 years; 26.6 kg/m ² ;100%women;60 months follow up;2%smoker;37%fracture; four groups of AAC, AAC ₈ score 0 (n=166), 1 to 2 (n=102), 3 to 6 (n=24)	DXA	AAC ₈ score categories (0, 1-2,3-6,7-8)	BMD (g/cm ²), BMC (g), bone area (cm ²) at lumbar spine, hip, and femoral neck	The presence of AAC was not related to changes in BMD at the total hip or femoral neck, nor to BMD at the spine.
32 33 34 35 36	Chue et al,(55) 2012	UK	Cross sectional, study population: 55 years;29 kg/m ² ;35%women;64%smoker; 100% CKD; two groups of AAC, calcification (n=57), no calcification (n=63)	X-ray	Present/absent AAC ₂₄	BMD (g/cm ²) at femoral neck.	AAC was not associated with lower BMD at femoral neck.
37 38 39 40	Paiva et al, (56) 2002	Brazil	Cross sectional, study population:64 years;100%women;100% osteoporosis; sample size (n=96)	X-ray	Present/absent	BMD (g/cm ²) at lumbar spine	AAC was associated with lower BMD.

El Maghraoui et al, (57) 2012	Morocco	Prospective, study population:62.4 years; 100% male;26.4 kg/m ² ; 7.3% smoker; sample size (n=709)	DXA	AAC24 score ≥5 versus<5 AAC24 score	Vertebral fracture	Advanced AAC was associated with prevalent vertebral fractures.
El Maghraoui et al, (58) 2013	Morocco	Cross sectional, study population:60.9 years; 100%women;0.4% smoker;13% history of peripheral fractures; two groups of AAC, AAC24≥5 (n=108) versus <5 (n=800)	DXA	AAC24 score ≥5 versus <5 AAC24 score	BMD (g/cm ²) at lumbar spine and total hip Vertebral fracture	The presence of AAC was significantly associated with vertebral fracture and lower BMD at total hip.
El Maghraoui et al, (59) 2018	Morocco	Cross sectional, study population:59.5 years; 29.9 kg/m ² ; 100%women; all non-smokers;13.3% history of fracture; two groups of AAC, AAC24≥5 (n=34) versus <5 (n=366)	DXA	AAC24 score ≥5 versus <5 AAC24 score	BMD (g/cm ²) at lumbar spine and total hip Vertebral fracture	The presence of AAC was significantly associated with vertebral fracture and lower BMD.
Farhat et al, (60) 2006	USA	Prospective, study population: 100% women; three AAC scores, 0 (n=146), 1 to 74 (n=221), ≥75 (n=123)	CT	Agatston scoring method	vBMD (g/cm)	Higher AAC was associated with lower vBMD.
Figueiredo et al,(61) 2012	Brazil	Cross sectional, study population:73 years; 27.9 kg/m ² ;58%women; 12.3%smoker;21.2%diabetes;63.5%HRT;13%hist roy of fragility fracture; two groups of AAC, AAC24≥7 (n=197) versus <7 (n=618)	X-ray	AAC24 score ≥7 versus <7 AAC24 score	BMD (g/cm ²) and t-score at femoral neck and total femur	Advanced AAC was associated with lower BMD.
Flipon et al,(62) 2010	France	Prospective, study population:100%women;15% smokers; two groups of AAC, AAC24≥median (n=333) versus <median (n=334)	X-ray	AAC24 score ≥median versus <median AAC24 score	BMD (g/cm ²) at femoral neck and osteoporotic fracture	Aortic calcification score was not associated with lower BMD and osteoporotic fractures.
Ghozlani et al,(63) 2017	Morocco	Cross sectional, study population:57.9 years;30.4 kg/m ² ;100%women; two groups of AAC, AAC24≥5 (n=159) versus <5 (n=29)	DXA	AAC24 score ≥5 versus <5 AAC24 score	BMD (g/cm ²) and T-score at total hip and lumbar spine Vertebral fracture	Advanced AAC was associated with lower BMD and higher vertebral fracture
Hanna et al,(64) 2015	USA	Cross sectional, study population:53 years;67.2%women; two groups of AAC, present (n=103) versus absent (n=200)	X-ray	Present/absent	Lumbar fracture	AAC was associated with low velocity impact fractures and lower BMD.
Iwamoto et al,(65) 2010	Japan	Cross sectional, study population:72.4 years;94%women; two groups of AAC, present (n=175) versus absent (n=226)	X-ray	Present/absent	Vertebral fractures	Severity of abdominal aortic calcification was associated with vertebral fractures.

Jamal et al,(66) 2005	Canada	Cross sectional, study population:65.8 years;100%CKD;29% women; 9%smokers; sample size (n=57)	X-ray	AAC24 score, every unit increase in AAC	Fracture	Lumbar aortic calcification was associated with increased fracture risk.
Kim et al, (67) 2012	South Korea	Cross sectional, study population:64.7 years;22.9 kg/m ² ;100%women;9%smoker;16% diabetes;31%HTN;16.8%previous fracture; two groups of AAC, present (n=274) versus absent (n=495)	CT	Agatston score	vBMD at total hip, femoral neck and vertebral Fracture	Aortic calcium score was associated with low trabecular BMD
Lewis et al,(68) 2019	Australia	Prospective, study populations:75 years; 27 kg/m ² ;120 months of follow up; 100%women;35.9%smoker;5.6%diabetes;25.8%previous fracture; three groups of AAC, 0 to 1 (n=459), 2 to 5 (n=373) and ≥6 (n=192)	DXA	AAC24 score (0 to 1, 2 to 5, and ≥6)	Area, BMC, BMD (g/m ²) at total hip, prevalent fracture, vertebral fracture	Advanced AAC was associated with lower BMD and increased fracture risk.
Majjad et al, (69) 2020	Morocco	Cross sectional, study populations: 55 years;100%women; 28.5 kg/m ² ; 2.8% peripheral fracture; sample size (n=250)	DXA	Present/absent AAC24 score	Vertebral fracture	AAC was independently associated with prevalent vertebral fractures.
Mohammed et al,(70) 2014	Ireland	Cross sectional, study populations:57 years; 27 kg/m ² ; 71%women;43%smoker; 17%diabetes;23%HTN; two groups of AAC, present (n=211) versus absent (n=392)	DXA	Present/absent AAC24 score	BMD (g/cm ²) and T-score at hip	AAC was associated with lower BMD.
Nakatsuka et al, (71) 1997	Turkey	Case control, study populations:68.6 years; 100%women; sample size (n=122)	X-ray	Present/absent	Vertebral fracture	AAC was not associated with vertebral fractures.
Naves et al, (72) 2008	Spain	Prospective, study populations:48 months follow up;50.6%women;17.2%smoker;9.1%diabetes; two groups of AAC, present (n=230) versus absent (n=385)	DXA	Present/absent	Lumbar, femoral neck BMD and osteoporotic fracture	AAC was positively associated with osteoporotic fractures. The progression of AAC was also positively associated with the rate of decline in BMD at lumbar spine.
Pirro et al, (73) 2013	Italy	Cross sectional, study populations:64.3 years;26.4 kg/m ² ; 100% women; two groups of AAC, present (n=36) versus absent (n=14)	X-ray	Present/absent	BMD (g/cm ²) at lumbar spine	AAC was not significantly associated with lumbar spine BMD.

Pozzo et al, (74) 2006 abstract	Argentina	Cross sectional, study populations: 100%women; two groups of AAC, AAC \leq 1 (n=354) versus >1(n=144)	CT	AAC score \leq 1 versus >1	BMD (mg/cm ³) at lumbar spine	AAC was associated with lower BMD.
Orwoll et al, (75) 1990	USA	Cross sectional, study populations:64 years; 100%men; four groups of AAC, Grade 0 (n=43), 1(n=44), 2(n=26), 3(n=16)	X-ray	Grad 0 to 4 calcification	BMD at spine and hip	Vascular calcification had very minimal effect on BMD.
Rajzbaum et al,(76) 2005	France	Cross sectional, study populations;63.5 years; 100%women;24.2 kg/m ² ; 20%smoker; 20%HTN;2% diabetes; two groups of AAC, present (n=120) versus absent (n=207)	X-ray	Present/absent	Wrist, hip, vertebral and other fractures BMD (g/cm ²) at femoral neck, t-score and z-score	AAC was associated with lower BMD and increased risk of fracture.
Samelson et al, (77) 2007	USA	Prospective, study populations;60 years;27 kg/m ² ; 3.4% smoker; 0.5% diabetes; 50%women;420 months of follow up; AAC present (n=1557), absent (n=942)	X-ray	Present/absent AAC24 score	Incident hip fracture	Severity of aortic calcification was not associated with hip fracture.
Schousboe et al, (78) 2021	USA	Prospective, study populations; 100%women; 62.5%smokers; two AAC groups, 0 to 1 (n=1519), 2 to 4 (n=1456), 5 to 8 (n=1231), \geq 9 (n=1159)	X-ray	AAC-24 score	Prevalent vertebral and incident osteoporotic fractures	AAC was associated with a higher risk of incident hip and major osteoporotic fractures.
Schulz et al,(79) 2004	USA	Cross sectional, study populations;68.3 years;24.9 kg/m ² ; 100%women; two groups of AAC, present (n=1785) versus absent (n=563)	CT	Present/absent	Vertebral bone density (mg/m ²) and vertebral fracture	Aortic calcification was associated with low bone density and fragility fractures.
Simon et al, (80) 2014	Romania	Cross sectional, study populations;67.6 years; 29.5 kg/m ² ; 100%women;21.6%diabetes;4.8%smoker; two groups of AAC, present (n=61) versus absent (n=64)	X-ray	Present/absent AAC24 score	BMD (mg/m ²) at lumbar spine, femoral neck, and trochanter	AAC was associated with low BMD.
Szulc et al, (81) 2008-MINOS	France	Prospective, study populations;120 months of follow up; 100%men; two groups of AAC, present (n=181) versus absent (n=220)	X-ray	Present/absent AAC24 score	BMD (mg/m ²) at lumbar spine, femoral neck, trochanter, total hip, whole body, distal forearm, and ultra distal radius Incident fracture	AAC (>6) was associated with incident fractures.

Szulc et al, (82) 2013 STRAMBO	France	Cross sectional, study populations;70 years; 100%men; 67.9%smoker;37%HTN; 11% diabetes; four groups of AAC, 0 (n=397), 1 to 2 (n=242), 3 to 6 (n=151), >6 (n=111)	DXA	AAC24 score (0, 1 to 2, 3 to 6, >6)	BMD (g/cm ²) at lumbar spine, femoral neck, total hip, trochanter,1/3 distal radius, ultra-distal radius and whole body Vertebral fracture	AAC (>6) was associated with fracture but not BMD.
Szulc et al,(83) 2014-MrOs	USA	Prospective, study populations;100%men;62.4%smokers; four groups of AAC, 0 to 1 (n=1528), 2 to 4 (n=1468), 5 to 8 (n=1240), >9+(n=1164)	X-ray	AAC24 score (0-1, 2 to 4, 5 to 8, >9+)	BMD (g/cm ²) at total hip Hip and non-spine fracture	AAC was associated with lower BMD and higher fracture risk.
Szulc et al, (84) 2015-SOF	USA	Prospective, study populations;100%women;180 months of follow up; 41%smokers; three groups of AAC, 0 (n=469), 1 to 4 (n=244), ≥5 (n=238)	X-ray	AAC24 score (0, 1 to 4, ≥5)	BMD at lumbar spine, total hip and femoral neck Vertebral fracture	AAC was associated with lower BMD but not vertebral fracture.
Torres et al, (85) 2016	Spain	Cross sectional, study populations;55.2 years;26.7 kg/m ² ;39%women; 100%CKD; four groups of AAC, 0 (n=195), 1 to 6 (n=195), >6 (n=205), had baseline fracture	X-ray	AAC24 score	Vertebral fracture	AAC was not associated with fracture.
Vogt et al, (86) 1997	USA	Cross sectional, study populations; 100%women; two groups of AAC, present (n=1444) and absent (n=607)	X-ray	Present/absent	BMD (g/cm ²) at hip, lumbar spine, proximal radius, distal radius and calcaneus	AAC was associated with lower BMD.
Wang et al, (87) 2010	New Zealand	Prospective, study populations; 81.6% women; sample size (n=1424)	X-ray	Present/absent AAC-8 score	BMD (g/cm ²) at lumbar spine, total femur, and body, osteoporotic and total fractures	AAC was not associated with lower BMD.
Wyers et al, (88) 2017 Abstract	The Netherlands	Cross sectional, study populations;71 years; 60%women;100% clinical fracture; two AAC groups, present (n=479) and absent (n=1296)	X-ray	AAC-8 score	Vertebral fracture	AAC was associated with vertebral fracture.
Yokomoto,(89) 2020	Japan	Cross sectional, study populations;58 years; 22.4 kg/m ² ; 55%women;27%diabetes;47% HTN; 100% with pheochromocytoma; two AAC groups, AAC24≥3 (n=13) and <3 (n=38)	X-ray	AAC-24 score	Vertebral fracture	AAC was associated with vertebral fracture.

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Zhou et al, (90) 2013	China	Prospective, study populations;46%women; 60 months of follow up; two AAC groups, 0 (n=678), 1 to 2 (n=431), 3 to 6 (n=336), >6 (n=284)	X-ray	AAC-24 score	BMD (g/cm ²) at vertebra, femoral neck, femoral tuberosity and total hip	AAC was associated with lower BMD.
Zhou et al, (91) 2014	China	Prospective, study populations;69.3 years;21.6 kg/m ² ; 100%women; 3.1%smoker;22.2%diabets; 31.1%HTN; two AAC groups, present (n=673), absent (n=1051)	X-ray	Present/absent AAC-8 score	Vertebral, hip, and other fractures	AAC was associated with vertebral fracture.

For Peer Review

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Supplementary Material for Review and Online Publication

Data S1. Newcastle-Ottawa scoring

Newcastle-Ottawa Scale adapted for cross-sectional studies

Selection:

1. Representativeness of the sample:
 - a) Truly representative of the average in the target population. * (all subjects or random sampling)
 - b) Somewhat representative of the average in the target group. * (non-random sampling)
 - c) Selected group of users/convenience sample.
 - d) No description of the derivation of the included subjects.
2. Sample size:
 - a) Justified and satisfactory (including sample size calculation). *
 - b) Not justified.
 - c) No information provided
3. Non-respondents:
 - a) Proportion of target sample recruited attains pre-specified target or basic summary of non-respondent characteristics in sampling frame recorded. *
 - b) Unsatisfactory recruitment rate, no summary data on non-respondents.
 - c) No information provided
4. Ascertainment of the exposure (risk factor):
 - a) Clinic registers/hospital records only. **
 - b) Parental or personal recall and hospital records. *
 - c) Parental/personal recall only.

Comparability: (Maximum 2 stars)

5. Comparability of subjects in different outcome groups on the basis of design or analysis. Confounding factors controlled.
 - a) Data/ results adjusted for relevant predictors/risk factors/confounders. **
 - b) Data/results not adjusted for all relevant confounders/risk factors/information not provided.

Outcome:

6. Assessment of outcome:
 - a) Independent blind assessment **
 - b) Record linkage**
 - c) Self-report
 - d) No description
7. Statistical test:
 - a) Statistical test used to analyse the data clearly described, appropriate and measures of association presented including confidence intervals and probability level (p value). *
 - b) Statistical test not appropriate, not described or incomplete.

Newcastle- Ottawa Quality Assessment Scale - Cohort Studies

Note: A study can be awarded a maximum of one star for each numbered item within the Selection and Outcome categories. A maximum of two stars can be given for comparability.

Selection

1. Representativeness of the exposed cohort
 - a) Truly representative of the average population (e.g., general population) of that age in the community *
 - b) Somewhat representative of the average population (general population) of that age in the community *
 - c) Selected group of users e.g., nurses, volunteers
 - d) no description of the derivation of the cohort
2. Selection of the non-exposed cohort
 - a) drawn from the same community as the exposed cohort *
 - b) drawn from a different source
 - c) no description of the derivation of the non-exposed cohort
3. Ascertainment of exposure

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3 a) Secure record (e.g., surgical records) *
4 b) Structured interview *
5 c) Written self-report
6 d) no description
7 4) Demonstration that outcome of interest was not present at start of study

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9 a) yes *
10 b) no

11 **Comparability**

- 12 1) Comparability of cohorts on the basis of the design or analysis

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14 a) Study controls for previous history lower BMD and/or fracture *
15 b) Study controls for any additional conventional osteoporosis and/or fracture risk factors *

16 **Outcome**

- 17 1) Assessment of outcome
18 a) independent blind assessment *
19 b) record linkage *
20 c) self-report
21 d) no description
22 2) Was follow-up long enough for outcomes to occur
23 a) yes (select an adequate follow up period for outcome of interest) *
24 b) no
25 3) Adequacy of follow up of cohorts
26 a) complete follow up-all subjects accounted for *
27 b) subjects lost to follow up unlikely to introduce bias- small number lost - > 20% lost to follow up, or
28 description provided of those lost) *
29 c) follow up rate < 20% and no description of those lost
30 d) no statement
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Table S1: Search strategy

Keyword	MEDLINE	EMBASE
Population= adults	No search strategy	No search strategy
Intervention/test=aortic calcification	exp Vascular Calcification/or exp Calcinosis/ or exp Vascular Diseases/or arterial calcification. mp or exp Arteriosclerosis/or exp Arterial Occlusive Diseases/or exp Aortic Diseases/ oraortic.mp or vascular calcifications.mp. or exp Vascular Calcification/or calcified atherosclerosis.mp or calcification.mp or calcified atherosclerotic plaque.mp or arterial calcium.mp or aortic calcification.mp or aorta calcification.mp and aort\$.mp and calc\$.mp	vascular calcification.mp. or exp blood vessel calcification/or artery calcification.mp. or exp artery calcification/or exp coronary artery disease/or exp arteriosclerosis/or calcified atherosclerosis.mp or arterial calcium. mp or calcified atherosclerotic plaque.mp or calcification.mp or aortic calcification. mp or aorta calcification.mp or vascular calcifications.mp or arteriosclerosis.mp or extracoronary.mp and aort\$.mp and calc\$.mp
Methodology=observational	No search strategy	No search strategy
Comparator= None	No search strategy	No search strategy
Outcome=	bone mineral density.mp or exp Bone Density/ or Fracture.mp or Fractures.mp	bone mineral density.mp or exp bone density/ or fracture.mp or fractures.mp or exp fracture/
Additional specific filters	Human	Human

Table S1: Detailed characteristics of each of the included studies

Included studies (61553 participants)						
Study, year	Country	Study design, participants, groups, and sample size	Imaging modality	AAC modelled as	Outcome measure (s)	Key finding (s)
Aleksova et al,(1) 2018	Australia	Cross sectional, study populations: 48 years;25.9 kg/m ² ; 100%chronic kidney disease (CKD);40%women;53%smoker;36%diabetes;10 %HRT;37%fracture; sample size (n=146).	X-ray	AAC24 score \geq 1, mean AAC AAC24 score	Trabecular bone score (TBS), T-score and aBMD (g/cm ²) at lumbar spine, femoral neck, proximal femur, ultra-distal radius and 1/3 radius	AAC scores were inversely related to the TBS but not to DXA-derived BMD parameters.
Alfieri et al,(2) 2015 abstract	Italy	Prospective, study populations:12 months of follow up; 100% CKD; two groups of AAC, present (n=179) versus absent (n=114)	X-ray	Present/absent AAC2 continuous	BMD (g/cm ²) at femoral neck	The presence and progression of AAC was related with abnormal femoral neck BMD.
Aoki et al, (3) 2009	Japan	Cross sectional, study populations: 59.3 years;30%women;100%CKD;38.6% diabetets;72.3% medications; sample size (n=83)	CT	aortic calcification index (ACI)	BMD (mmAl) at metacarpal bone	Aortic calcification index (ACI) was inversely correlated with Metacarpal BMD
Avramovski et al,(4) 2016	Macedonia	Cross sectional, study populations:59 years; 27.7 kg/m ² ;100%CKD;100%women;25%smoker;21.4 % diabetes;53.5%HTN; sample size (n=56)	X-ray	AAC24 continuous	BMD (g/cm ²) at lumbar spine and total hip	AAC was significantly correlated with subtracted femoral neck BMD from lumbar spine BMD.
Bagger et al,(5) 2007	Denmark	Cross sectional, study populations:69.3 years; 26.4 kg/m ² ;100%women;24.6%smoker; sample size (n=1176)	X-ray	Mean AAC score and AAC24 \geq 6 AAC24 score	Vertebral and hip fractures	Severe AAC (score \geq 6) was associated with hip fracture (OR 4.4 95%CI, 1.6 to 12.9) but not vertebral fracture (1.2 95%CI, 0.9 to 1.7) or wrist (95%CI 1.4 1.0 to 2.1) after adjustment to age.
Bolton et al.,(6) 2011	UK	Cross sectional, study populations:66 years; 29 kg/m ² ;40%women;13% diabetes;38% HTN;2.2%HRT; 22.2%CVD medications; sample size (n=45)	CT	Volume scoring method	BMD (g/cm ²) at lumbar spine, hip, femoral neck, intertrochanteric and trochanter	Aortic calcification was inversely related to BMD.

Canepa et al, (7) 2014	USA	Cross sectional, study populations:67 years;27 kg/m ² ;51%women;45%smoker;22%diabetes;42% HTN;42%CVD medication; four groups based on number of aortic segments with apparent calcification (0 (n=687), 1 (n=214), 2 (n=191), 3 (n=75)	CT	Present/absent AAC severity score (0-3)	BMD (g/cm ²) at whole body and femoral neck	Aortic calcification was inversely related with bone mineral density.
Carr et al,(8) 2008	USA	Cross sectional, study population: 62.4 years;32.8 kg/m ² ;50%women;23.9%smoker;100%diabetes;22.4%HTN; sample size (n=1023)	CT	Present/absent	vBMD at thoracic and lumbar spine measured CT and DXA	Atherosclerotic calcified plaque was inversely associated with vBMD.
Chan et al, (9) 2015	USA	Cross sectional, study population:60 years;29 kg/m ² ;52.3%women 11%smoker; sample size (n=1317)	CT	Agatston score	Integral and trabecular vBMD	AAC was inversely related with spine BMD.
Chau et al, (10) 2014	Australia	Prospective, study population:42 years;42%women;100% kidney or pancreas-kidney transplant;39.3%smoker;10.6%diabetes; sample size (n=650)	X-ray	Present/absent AAC24	Lumbar spine Z score	No significant inverse association of between AAC and BMD was noted.
Chow et al,(11) 2008	USA	Cross sectional, study population:57.4 years; 27.4 kg/m ² ; 54%women;42.7%smoker;22.5%HRT;21.2%fracture; sample size (n=693)	CT	Agatston score	vBMD at lower vertebral trabecular, total femoral neck and femoral neck trabecular	AAC was inversely associated with vBMD.
Dawson-Hughes and Dallal, (12) 1990	USA	Cross sectional, study population:100%women; sample size (n=293)	X-ray	Present/absent	BMD (g/cm ²) at spine radius	AAC was inversely associated with BMD (g/cm ²) at spine radius.
Divers et al, (13) 2011	USA	Cross sectional, study population:60%women;100%diabetes; sample size (n=753)	CT	Agatston score	vBMD at thoracic and lumbar spine	Calcified atherosclerotic plaque was inversely associated with vertebral BMD.
Drinka et al, (14) 1992	USA	Cross sectional, study population:71.9 years; 100% male; sample size (n=113)	X-ray	Present/absent	BMD (g/cm ²) at lumbar spine	No significant correlation between aortic calcification and bone mineral density was observed.
Frye et al, (15) 1992	USA	Cross sectional, study population:100%women; sample size (n=200)	X-ray	Grades of calcification (0,1, and 2)	BMD at spine, femur neck, trochanter, femur shaft, distal radius and BMC midradius Vertebral fracture	Aortic calcification was not associated with lumbar spine BMD.
Fusaro et al, (16) 2013	Italy	Cross sectional, study population:64.2 years; 37%women;100% CKD 36.8%smoker;22%diabetes;77.8%HTN;	X-ray	Length of the calcium deposits along the aortic wall	Vertebral fracture	Aortic calcification was associated with greater odds of

		sample size (n=387)		(0.1 to 5 cm, 5.1 to 10 cm and >10 cm)		vertebral fracture (OR 1.77 95%CI, 1.00 to 3.14).
Grant et al,(17) 2017	Canada	Cross sectional, study population: 68.9 years; 28.4 kg/m ² ;71%women;11% diabetes;30%HTN; sample size (n=112)	X-ray	AAC severity categories based on lesion length	BMD (g/cm ²) at lumbar spine	Quantified AAC was negatively associated with hip and spine BMD.
Hampson et al, (18) 2013	UK	Cross sectional, study population:61.6 years;24.8 kg/m ² ; 100%women;36%smoker;28%previous fracture; sample size (n=149)	DXA	AAC8&24 score	BMD (g/cm ²) at lumbar spine	AAC was negatively correlated with BMD.
Hyder et al, (19) 2009	USA	Cross sectional, study population:50%women; sample size (n=1833)	CT	AAC score	vBMD at lumbar spine	Aortic calcification was associated with lower vBMD.
Iannotti et al, (20) 2014	Italy	Cross sectional, study population: 100%HIV; sample size (n=280)	X-ray	AAC8 score	BMD (g/cm ²) Vertebral fracture	AAC (≥1) was predictor of low BMD and with vertebral fracture (OR 2.87 95%CI, 1.30 to 6.31).
Iba et al,(21) 2004	Japan	Cross sectional, study population:100%women; 100% osteoporosis; sample size (n=135)	X-ray	Present/absent	BMD	Abdominal aortic calcification was not associated with BMD.
Idoate et al,(22) 2017	Spain	Cross sectional, study population:91 years; 24.4 kg/m ² ; 74%women; sample size (n=42)	CT	Present/absent	Vertebral BMD	Femoral artery calcification was negatively correlated with BMD.
Jensky et al,(23) 2011	USA	Prospective, study population;64 years; 100%women; 36 months; sample size (n=936)	CT	Agatston score	BMD	Calcified atherosclerosis was inversely associated with vBMD
Kim et al,(24) 2021	South Korea	Cross sectional, study population:65 years;23.7 kg/m ² ;43.6%women;47.9%diabetes;100%CKD;2 3.1%HTN; sample size (n=117)	CT	AAC volume in Hounsfield units	vBMD (mg/cm ³)	AAC volume was negatively correlated with BMD.
Kinsella et al,(25) 2015	Ireland	Cross sectional, study population:47 years;100%CKD; 39%women;15.6%diabetes; 43.8%smoker; two groups of AAC, present (n=22) versus absent (n=42)	CT	Aortic calcification index	Trabecular and cortical vBMD	Aortic Calcification Index was inversely associated with volumetric BMD.
Kuipers et al, (26) 2014	Caribbean Islands	Cross sectional, study population:56 years;27.9 kg/m ² ; 10.1% smoker;100%women;24.5% diabetes;45.3%HTN; two groups of AAC, present (n=190) versus absent (n=88)	CT	Present/absent	Trabecular and cortical BMD (mg/cm ³) at tibia and radius	Vascular calcification was associated with low BMD.
Lampropoulos et al, (27) 2016	Greece	Cross sectional, study population:100%women; sample size (n=29)	X-ray	AAC24 score	Osteoporosis	Aortic calcification was associated with osteoporosis.
Lee et al, 2017 (28)	South Korea	Cross sectional, study populations:58.3 years; 23 kg/m ² ;56%women;29%diabetes;100%CKD; sample size (n=55)	X-ray	AAC24 score ≥5	Bone mass forearm	AAC was associated with low bone mass at the forearm.

Li et al,(29) 2020	China	Cross sectional, study populations:61.8 years;63%women;21.2%smoker;12.7%diabetes;4 0.7%HTN; sample size (n=3431)	CT	Agatston score	vBMD	AAC was inversely associated with vBMD in men but not in women.
Paccou et al, (30)2014	France	Case control, study populations:60.5 years; 27.1 kg/m ² ;76%women;17.9%smoker;4.6% diabetes;33.4%HTN; 100% rheumatoid arthritis; sample size (n=150)	CT	Abdominal aortic calcium score	BMD (mg/cm ³) at lumbar spine, femoral neck, and total hip	AAC was significantly correlated with BMD.
Pelletier et al, (31) 2015	France	Cross sectional, study populations:50.9 years; 25kg/m ² ; 40%women;56.6%smoker;24.5%diabetes; 100%; two groups of AAC24 score, <6 (n=34) versus ≥6 (n=19)	DXA	AAC24 score <6 versus ≥6	Cortical bone structure	Severe AAC was associated with poorer tibia cortical bone structure.
Pirlamarla et al, (32) 2017 Abstract	USA	Case-control, study populations: 100% Kidney stones; sample size (n=925)	CT	Present/absent	BMD	AAC and its severity was associated with osteoporosis.
Reid et al,(33) 1991	New Zealand	Prospective, study populations;100%women; 58 years; four groups of AAC, 0 (n=97), 1 (n=21), 2 (n=12), 3 (n=0)	X-ray	Calcification score (0,1,2 and 3)	BMD at spine and femur	AAC was not correlated with BMD.
Rodriguez et al, (34) 2017	Australia	Cross sectional, study populations;70 years;28.1kg/m ² ;61%women;43%smoker;31.6% HTN; sample size (n=337)	X-ray	Present/absent AAC severity groups (0, 1 to 5, ≥6) AAC24 score	BMD (g/cm ²) at femoral neck and total hip	AAC was associated with femoral neck BMD.
Rodriguez-Garcia et al, (35) 2009	Spain	Prospective, study populations;64 years; 100% CKD; 37.3% women; sample size (n=193)	X-ray	Mild, moderate, and severe calcification	Vertebral fracture	Vascular calcifications in the medium calibre arteries (OR 6.5 95%CI, 1.4 to 29.8) were associated with a higher rate of prevalent vertebral fractures. Such association were observed at large (OR 3.8 95%CI, 0.5 to 31.6) and small (0.96 95%CI, 0.3 to 3.1)) calibre arteries.
Salam et al, (36) 2019 Abstract	UK	Cross sectional, study populations;100%CKD; sample size (n=69)	DXA	AAC-8 score	Distal tibia cortical bone microstructure, cortical thickness, and cortical porosity, BMD t-score at total hip and 1/3 distal radius	Vascular calcification was associated with worse cortical bone microstructure of distal tibia.

Shavit et al, (37) 2015	UK	Case-control, study populations;100% kidney stones; 43% women; sample size (n=111)	CT	Present/absent Calcification severity (≤10%, 11%-50%, ≥51% calcification)	BMD	AAC was associated with lower BMD.
Shen et al,(38) 2007	USA	Prospective, study populations;36% months of follow up;55.9%women; sample size (n=682)	CT	Agatston method	BMD	Vascular calcification was not associated with lower BMD.
Sotomayer et al, (39) 2020	The Netherlands	Cross sectional, study populations;51 years;25.5 kg/m ² ;100%kindney transplantation; 42%women;21%smoker;14%diabetes;81%HTN; 22.5% fracture; sample size (n=678)	DXA	AAC-8 score	Areal BMD at lumbar spine	AAC was independently associated with BMD.
Tanko et al, (40) 2002	Denmark	Cross sectional, study populations;100% osteoporotic women; sample size (n=963)	X-ray	AAC24 score	BMD at hip	AAC was inversely correlated with lower BMD.
Toussaint et al,(41) 2008	Australia	Cross sectional, study populations;64.5 years;31.3 kg/m ² ;29%women; 30.4%smoker;100%CKD; sample size (n=48)	CT	Present/absent Median AAC score in Hounsfield units	BMD (g/cm ²) at spine and femur	Vascular calcification was inversely associated with femoral BMD.
Toussaint et al, (42) 2009	Australia	Cross sectional, study populations;58 years; 26.4 kg/m ² ;36%women;38%diabetes;100%CKD; sample size (n=45)	CT	Present/absent Median AAC score in Hounsfield units	BMD (g/cm ²) at spine and femur	Aortic calcification was associated with lower BMD.
Wagenknecht et al,(43) 2016	USA	Prospective, study populations;55.1 years;35.3%smoker; 34.7 kg/m ² ;100% type 2 diabetes; 50%women; 38.7%CKD;80.7%HTN; sample size (n=300)	CT	Present/absent AAC score in Hounsfield units	vBMD at thoracic and lumbar	Progression of abdominal aorta was associated with vBMD.
Woisetschlager and Spångeus, (44) 2018	Sweden	Prospective, study populations; 71 years; 26 kg/cm ² ; 50%women; sample size (n=50)	CT	Aortic calcium score	DXA BMD	AAC was not correlated with BMD.
Study included in the meta-analysis						
Aoyagi et al,(45) 2001	USA	Prospective, study populations: 61.8 years; 23.4 kg/m ² ;100%women;10%smoker;6.7%diabetes; two groups of AAC, present (n=220) versus absent (n=304)	X-ray	Present/absent	BMD (mg/cm ²) at proximal and distal radius, and calcaneus	The differences in BMD in those with versus without calcification were attenuated after adjustment for age.
Bagger et al,(46) 2006	Denmark	Prospective, study populations:64.9 years; 25.1 kg/m ² ; 90 months of follow up;100%women;21.6%smoker;5.2%diabetes; two groups of AAC, AAC24≥3 (n=1877) versus <3 (n=785)	X-ray	AAC24≥3/AAC24<3 AAC24 continuous	BMD (g/cm ²) at lumbar spine and total hip as well as incident (vertebral and hip) fracture	AAC was significantly associated with lower BMD and accelerated bone loss from the proximal femur, hip and vertebral fractures
Banks et al,(47) 1994	UK	Cross sectional, study populations:56.1 years;100%women; sample size (n=115)	X-ray and CT	Present/absent	BMD (g/cm) at femoral neck and ward triangle	AAC was associated with lower proximal femur bone density.

Boukhris et al,(48) 1973	USA	Cross sectional, study populations:49%women; had fracture at baseline; sample size (n=589)	X-ray	Present/absent	Vertebral fracture	AAC was associated with osteoporosis and fracture.
Bristow et al,(49) 2019	New Zealand	Prospective, study populations:73 years; 26.6 kg/m ² ;100%women;60 months follow up;2%smoker;37%fracture; four groups of AAC, AAC8 score 0 (n=166), 1 to 2 (n=102), 3 to 6 (n=24)	DXA	AAC8 score categories (0, 1-2,3-6,7-8)	BMD (g/cm ²), BMC (g), bone area (cm ²) at lumbar spine, hip, and femoral neck	The presence of AAC was not related to changes in BMD at the total hip or femoral neck, nor to BMD at the spine.
Chue et al,(50) 2012	UK	Cross sectional, study population: 55 years;29 kg/m ² ;35%women;64%smoker; 100% CKD; two groups of AAC, calcification (n=57), no calcification (n=63)	X-ray	Present/absent AAC24	BMD (g/cm ²) at femoral neck.	AAC was not associated with lower BMD at femoral neck.
Paiva et al, (51) 2002	Brazil	Cross sectional, study population:64 years;100%women;100% osteoporosis; sample size (n=96)	X-ray	Present/absent	BMD (g/cm ²) at lumbar spine	AAC was associated with lower BMD.
El Maghraoui et al, (52) 2012	Morocco	Prospective, study population:62.4 years; 100% male;26.4 kg/m ² ; 7.3% smoker; sample size (n=709)	DXA	AAC24 score ≥5 versus <5 AAC24 score	Vertebral fracture	Advanced AAC was associated with prevalent vertebral fractures.
El Maghraoui et al, (53) 2013	Morocco	Cross sectional, study population:60.9 years; 100%women;0.4% smoker;13% history of peripheral fractures; two groups of AAC, AAC24≥5 (n=108) versus <5 (n=800)	DXA	AAC24 score ≥5 versus <5 AAC24 score	BMD (g/cm ²) at lumbar spine and total hip Vertebral fracture	The presence of AAC was significantly associated with vertebral fracture and lower BMD at total hip.
El Maghraoui et al, (54) 2018	Morocco	Cross sectional, study population:59.5 years; 29.9 kg/m ² ; 100%women; all non-smokers;13.3% history of fracture; two groups of AAC, AAC24≥5 (n=34) versus <5 (n=366)	DXA	AAC24 score ≥5 versus <5 AAC24 score	BMD (g/cm ²) at lumbar spine and total hip Vertebral fracture	The presence of AAC was significantly associated with vertebral fracture and lower BMD.
Farhat et al, (55) 2006	USA	Prospective, study population: 100% women; three AAC scores, 0 (n=146), 1 to 74 (n=221), ≥75 (n=123)	CT	Agatston scoring method	vBMD (g/cm)	Higher AAC was associated with lower vBMD.
Figueiredo et al,(56) 2012	Brazil	Cross sectional, study population:73 years; 27.9 kg/m ² ;58%women; 12.3%smoker;21.2%diabetes;63.5%HRT;13%hist roy of fragility fracture; two groups of AAC, AAC24≥7 (n=197) versus <7 (n=618)	X-ray	AAC24 score ≥7 versus <7 AAC24 score	BMD (g/cm ²) and t-score at femoral neck and total femur	Advanced AAC was associated with lower BMD.
Flipon et al,(57) 2010	France	Prospective, study population:100%women;15% smokers; two groups of AAC, AAC24≥median (n=333) versus <median (n=334)	X-ray	AAC24 score ≥median versus <median AAC24 score	BMD (g/cm ²) at femoral neck and osteoporotic fracture	Aortic calcification score was not associated with lower BMD and osteoporotic fractures.

Ghozlani et al,(58) 2017	Morocco	Cross sectional, study population:57.9 years;30.4 kg/m ² ;100%women; two groups of AAC, AAC24≥5 (n=159) versus <5 (n=29)	DXA	AAC24 score ≥5 versus <5 AAC24 score	BMD (g/cm ²) and T-score at total hip and lumbar spine Vertebral fracture	Advanced AAC was associated with lower BMD and higher vertebral fracture
Hanna et al,(59) 2015	USA	Cross sectional, study population:53 years;67.2%women; two groups of AAC, present (n=103) versus absent (n=200)	X-ray	Present/absent	Lumbar fracture	AAC was associated with low velocity impact fractures and lower BMD.
Iwamoto et al,(60) 2010	Japan	Cross sectional, study population:72.4 years;94%women; two groups of AAC, present (n=175) versus absent (n=226)	X-ray	Present/absent	Vertebral fractures	Severity of abdominal aortic calcification was associated with vertebral fractures.
Jamal et al,(61) 2005	Canada	Cross sectional, study population:65.8 years;100%CKD;29% women; 9%smokers; sample size (n=57)	X-ray	AAC24 score, every unit increase in AAC	Fracture	Lumbar aortic calcification was associated with increased fracture risk.
Kim et al, (62) 2012	South Korea	Cross sectional, study population:64.7 years;22.9 kg/m ² ;100%women;9%smoker;16% diabetes;31%HTN;16.8%previous fracture; two groups of AAC, present (n=274) versus absent (n=495)	CT	Agatston score	vBMD at total hip, femoral neck and vertebral Fracture	Aortic calcium score was associated with low trabecular BMD
Lewis et al,(63) 2019	Australia	Prospective, study populations:75 years; 27 kg/m ² ;120 months of follow up; 100%women;35.9%smoker;5.6%diabetes;25.8%previous fracture; three groups of AAC, 0 to 1 (n=459), 2 to 5 (n=373) and ≥6 (n=192)	DXA	AAC24 score (0 to 1, 2 to 5, and ≥6)	Area, BMC, BMD (g/m ²) at total hip, prevalent fracture, vertebral fracture	Advanced AAC was associated with lower BMD and increased fracture risk.
Majjad et al, (64) 2020	Morocco	Cross sectional, study populations: 55 years;100%women; 28.5 kg/m ² ; 2.8% peripheral fracture; sample size (n=250)	DXA	Present/absent AAC24 score	Vertebral fracture	AAC was independently associated with prevalent vertebral fractures.
Mohammed et al,(65) 2014	Ireland	Cross sectional, study populations:57 years; 27 kg/m ² ; 71%women;43%smoker; 17%diabetes;23%HTN; two groups of AAC, present (n=211) versus absent (n=392)	DXA	Present/absent AAC24 score	BMD (g/cm ²) and T-score at hip	AAC was associated with lower BMD.
Nakatsuka et al, (66) 1997	Turkey	Case control, study populations:68.6 years; 100%women; sample size (n=122)	X-ray	Present/absent	Vertebral fracture	AAC was not associated with vertebral fractures.
Naves et al, (67) 2008	Spain	Prospective, study populations:48 months follow up;50.6%women;17.2%smoker;9.1%diabetes; two groups of AAC, present (n=230) versus absent (n=385)	DXA	Present/absent	Lumbar, femoral neck BMD and osteoporotic fracture	AAC was positively associated with osteoporotic fractures. The progression of AAC was also positively associated with

						the rate of decline in BMD at lumbar spine.
Pirro et al, (68) 2013	Italy	Cross sectional, study populations:64.3 years;26.4 kg/m ² ; 100% women; two groups of AAC, present (n=36) versus absent (n=14)	X-ray	Present/absent	BMD (g/cm ²) at lumbar spine	AAC was not significantly associated with lumbar spine BMD.
Pozzo et al, (69) 2006 abstract	Argentina	Cross sectional, study populations: 100%women; two groups of AAC, AAC≤1 (n=354) versus > 1(n=144)	CT	AAC score ≤ 1 versus >1	BMD (mg/cm ³) at lumbar spine	AAC was associated with lower BMD.
Orwoll et al, (70) 1990	USA	Cross sectional, study populations:64 years; 100%men; four groups of AAC, Grade 0 (n=43), 1(n=44), 2(n=26), 3(n=16)	X-ray	Grad 0 to 4 calcification	BMD at spine and hip	Vascular calcification had very minimal effect on BMD.
Rajzbaum et al,(71) 2005	France	Cross sectional, study populations;63.5 years; 100%women;24.2 kg/m ² ; 20%smoker; 20%HTN;2% diabetes; two groups of AAC, present (n=120) versus absent (n=207)	X-ray	Present/absent	Wrist, hip, vertebral and other fractures BMD (g/cm ²) at femoral neck, t-score and z-score	AAC was associated with lower BMD and increased risk of fracture.
Samelson et al, (72) 2007	USA	Prospective, study populations;60 years;27 kg/m ² ; 3.4% smoker; 0.5% diabetes; 50%women;420 months of follow up; AAC present (n=1557), absent (n=942)	X-ray	Present/absent AAC24 score	Incident hip fracture	Severity of aortic calcification was not associated with hip fracture.
Schousboe et al, (73) 2021	USA	Prospective, study populations; 100%women; 62.5%smokers; two AAC groups, 0 to 1 (n=1519), 2 to 4 (n=1456), 5 to 8 (n=1231), ≥9 (n=1159)	X-ray	AAC-24 score	Prevalent vertebral and incident osteoporotic fractures	AAC was associated with a higher risk of incident hip and major osteoporotic fractures.
Schulz et al,(74) 2004	USA	Cross sectional, study populations;68.3 years;24.9 kg/m ² ; 100%women; two groups of AAC, present (n=1785) versus absent (n=563)	CT	Present/absent	Vertebral bone density (mg/m ²) and vertebral fracture	Aortic calcification was associated with low bone density and fragility fractures.
Simon et al, (75) 2014	Romania	Cross sectional, study populations;67.6 years; 29.5 kg/m ² ; 100%women;21.6%diabetes;4.8%smoker; two groups of AAC, present (n=61) versus absent (n=64)	X-ray	Present/absent AAC24 score	BMD (mg/m ²) at lumbar spine, femoral neck, and trochanter	AAC was associated with low BMD.
Szulc et al, (76) 2008-MINOS	France	Prospective, study populations;120 months of follow up; 100%men; two groups of AAC, present (n=181) versus absent (n=220)	X-ray	Present/absent AAC24 score	BMD (mg/m ²) at lumbar spine, femoral neck, trochanter, total hip, whole body, distal forearm, and ultra distal radius Incident fracture	AAC (>6) was associated with incident fractures.

Szulc et al, (77) 2013 STRAMBO	France	Cross sectional, study populations;70 years; 100%men; 67.9%smoker;37%HTN; 11% diabetes; four groups of AAC, 0 (n=397), 1 to 2 (n=242), 3 to 6 (n=151), >6 (n=111)	DXA	AAC24 score (0, 1 to 2, 3 to 6, >6)	BMD (g/cm ²) at lumbar spine, femoral neck, total hip, trochanter,1/3 distal radius, ultra-distal radius and whole body Vertebral fracture	AAC (>6) was associated with fracture but not BMD.
Szulc et al,(78) 2014-MrOs	USA	Prospective, study populations;100%men;62.4%smokers; four groups of AAC, 0 to 1 (n=1528), 2 to 4 (n=1468), 5 to 8 (n=1240), >9+(n=1164)	X-ray	AAC24 score (0-1, 2 to 4, 5 to 8, >9+)	BMD (g/cm ²) at total hip Hip and non-spine fracture	AAC was associated with lower BMD and higher fracture risk.
Szulc et al, (79) 2015-SOF	USA	Prospective, study populations;100%women;180 months of follow up; 41%smokers; three groups of AAC, 0 (n=469), 1 to 4 (n=244), ≥5 (n=238)	X-ray	AAC24 score (0, 1 to 4, ≥5)	BMD at lumbar spine, total hip and femoral neck Vertebral fracture	AAC was associated with lower BMD but not vertebral fracture.
Torres et al, (80) 2016	Spain	Cross sectional, study populations;55.2 years;26.7 kg/m ² ;39%women; 100%CKD; four groups of AAC, 0 (n=195), 1 to 6 (n=195), >6 (n=205), had baseline fracture	X-ray	AAC24 score	Vertebral fracture	AAC was not associated with fracture.
Vogt et al, (81) 1997	USA	Cross sectional, study populations; 100%women; two groups of AAC, present (n=1444) and absent (n=607)	X-ray	Present/absent	BMD (g/cm ²) at hip, lumbar spine, proximal radius, distal radius and calcaneus	AAC was associated with lower BMD.
Wang et al, (82) 2010	New Zealand	Prospective, study populations; 81.6% women; sample size (n=1424)	X-ray	Present/absent AAC-8 score	BMD (g/cm ²) at lumbar spine, total femur, and body, osteoporotic and total fractures	AAC was not associated with lower BMD.
Wyers et al, (83) 2017 Abstract	The Netherlands	Cross sectional, study populations;71 years; 60%women;100% clinical fracture; two AAC groups, present (n=479) and absent (n=1296)	X-ray	AAC-8 score	Vertebral fracture	AAC was associated with vertebral fracture.
Yokomoto,(84) 2020	Japan	Cross sectional, study populations;58 years; 22.4 kg/m ² ; 55%women;27%diabetes;47% HTN; 100% with pheochromocytoma; two AAC groups, AAC24≥3 (n=13) and <3 (n=38)	X-ray	AAC-24 score	Vertebral fracture	AAC was associated with vertebral fracture.
Zhou et al, (85) 2013	China	Prospective, study populations;46%women; 60 months of follow up; two AAC groups, 0 (n=678), 1 to 2 (n=431), 3 to 6 (n=336), >6 (n=284)	X-ray	AAC-24 score	BMD (g/cm ²) at vertebra, femoral neck, femoral tuberosity and total hip	AAC was associated with lower BMD.
Zhou et al, (86) 2014	China	Prospective, study populations;69.3 years;21.6 kg/m ² ; 100%women; 3.1%smoker;22.2%diabets;	X-ray	Present/absent AAC-8 score	Vertebral, hip, and other fractures	AAC was associated with vertebral fracture.

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		31.1%HTN; two AAC groups, present (n=673), absent (n=1051)				
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Table S3. Risk of bias assessment of cross-sectional studies included in the meta-analysis

Reference	Selection				Comparability	Outcome		Total (10)	Quality
Study, year	Representativeness of the sample	Sample size	Non-respondents	Ascertainment of the exposure	Confounding factors are controlled	Assessment of the outcome	Statistical test		
Aoyagi et al, 2001	*	*		**	**	**	*	9	Good
Banks et al, 1994	*			**		**		5	Fair
Boukhris et al, 1973								0	Poor
Chue et al, 2012	*			**		**	*	6	Fair
Paiva et al, 2002				**		**	*	5	Fair
El Maghraoui et al, 2012	*	*		**		**	*	7	Good
El Maghraoui et al, 2013	*	*		**		**		6	Fair
El Maghraoui et al, 2018	*	*		**	**	**	*	9	Good
Figueredo et al, 2012	*	*		**		**	*	7	Good
Flipon et al, 2010	*	*		**		**		6	Fair
Ghozlani et al, 2017				**	**	**	*	7	Good
Hanna et al, 2015	*	*		*	**	**	*	8	Good
Iwamoto et al, 2010	*	*		**		**		6	Fair
Jamal et al, 2005	*	*	*	**	**	**	*	10	Good
Kim et al, 2012	*	*		**	**	**	*	9	Good
Majjad et al, 2020				**		**	*	5	Fair
Mohammed et al, 2014				**	**	**	*	7	Good
Nakatsuka et al, 1997	*			**		**	*	6	Fair
Orwoll et al, 1990		*		**		**		5	Fair
Pirro et al, 2013				**		**	*	5	Fair
Rajzbaum et al, 2005	*	*		**	**	**	*	9	Good
Schulz et al, 2004	*	*		**		**		6	Fair
Szulc et al, 2013-STRAMBO	*	*		**	**	**	*	9	Good
Simon et al, 2014	*	*		**		**	*	7	Good
Torres et al, 2016	*	*		**		**	*	7	Good
Vogt et al, 1997	*	*		**	**	**	*	9	Good

A study can be awarded a maximum of one star for each numbered item within the selection categories. A maximum of two stars can be given for comparability and outcomes for assessment of the outcome

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Table S4. Risk of bias assessment of case-control studies included in the meta-analysis

Reference	Selection				Comparability	Exposure				
Study, year	Is the case definition adequate?	Representativeness of the cases	Selection of controls	Definition of controls	Comparability of cases and controls	Ascertainment of exposure	Same ascertainment of exposure for cases and control	Non-response rate	Total (9)	Quality
Yokomoto et al, 2020	*		*	*	*	*	*	*	7	Good

A study can be awarded a maximum of one star for each numbered item within the selection and outcome categories. A maximum of two stars can be given for comparability

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Table S5. Risk of bias assessment of prospective cohort studies included in the meta-analysis

Reference	Selection				Comparability	Outcome			Total (9)	Quality
	Representativeness exposed cohort	Selection of non-exposed cohort	Ascertainment of exposure	Demonstration that outcome of interest was not present at start of study	Comparability of cohorts	Assessment of outcome	Was follow-up long enough for outcomes to occur	Adequacy of follow up		
Bagger et al, 2006	*	*	*		**	*	*		7	Good
Bristow et al, 2019			*		**	*	*	*	5	Poor
Farhat et al, 2006	*	*	*		**	*		*	7	Good
Naves et al, 2008	*	*	*		**	*	*	*	8	Good
Lewis et al, 2019	*		*		**	*	*	*	7	Fair
Samelson et al, 2007	*	*	*		**	*	*	*	8	Good
Schousboe et al, 2021	*	*	*		**	*		*	7	Good
Szulc et al, 2008-MINOS	*	*	*		**		*	*	7	Good
Szulc et al, 2014-MrOS	*	*	*		**	*	*	*	8	Good
Szulc et al, 2015-SOF	*		*		**	*	*	*	7	Fair
Wang et al, 2010	*		*		**	*	*		6	Fair
Zhou et al, 2013	*	*	*	*	**	*	*		8	Good
Zhou et al, 2014	*	*	*		**	*	*		7	Good

A study can be awarded a maximum of one star for each numbered item within the selection and outcome categories. A maximum of two stars can be given for comparability

Table S6. Standardized mean difference of BMD in people with any/advanced AAC for studies included on the BMD meta-analysis

Study	Characteristics		BMD [SMD (95%CI)]						
	Age, y	Test	Femoral neck	Total hip	Lumbar spine	Distal radius	Proximal radius	Whole body	Calcaneus
Aoyagi et al, 2001	66.1	X-ray	-0.28 (-0.45, -0.11)	-0.29 (-0.46, -0.11)	...	-0.21 (-0.39, -0.04)
Bagger et al, 2006	65	X-ray	...	-0.36 (-0.45, -0.28)	-3.00 (-3.14, -2.86)
Banks et al, 1994	55.2	X-ray	-0.62 (-1.13, -0.11)	...	-0.42 (-0.92, 0.09)
Bristow et al, 2019	73	X-ray
Chue et al, 2012	55	X-ray	...	0.30 (-0.07, 0.66)
El Maghraoui et al, 2013	60.9	X-ray	...	-1.70 (-1.92, -1.49)	-0.60 (-0.80, -0.39)
El Maghraoui et al, 2018	59.3	X-ray	...	-0.36 (-0.71, -0.01)	-0.53 (-0.89, -0.18)
Farhat et al, 2006 (vBMD)	50.0	CT	-0.28 (-0.48, -0.09)
Figueiredo et al, 2013	73	X-ray	-0.36 (-0.52, -0.20)	-0.39 (-0.55, -0.23)
Flipon et al, 2012	80.1	X-ray	0.00 (-0.15, 0.15)
Ghozalani et al, 2017	57.7	X-ray	...	-0.73 (-1.13, -0.32)	0.79 (-1.20, -0.39)
Kim et al, 2012 (vBMD)	64.7	CT	-0.73 (-0.88, -0.57)
Lewis et al, 2019	75	DXA	...	-0.16 (-0.28, -0.04)
Kim et al, 2012 (vBMD)	64.7	CT	-0.73 (-0.88, -0.57)
Mohammed et al, 2014	57	DXA	...	-11.99 (-12.68, -11.29)
Naves et al, 2008	65.2	X-ray	0.15 (-0.01, 0.31)	...	0.28 (0.11 to 0.44)
Orwoll et al, 1990	64	X-ray	0.22 (-0.15, 0.59)
Paiva et al, 2002	64	X-ray	-0.44 (-0.88, -0.003)
Pirro et al, 2013	74.2	CT	0.00 (-0.62, 0.62)
Pozzo et al, 2006	-	CT	-0.88 (-1.08, -0.68)
Rajzbaum et al, 2005	63.5	X-ray	-0.25 (-0.48, -0.03)
Schulz et al, 2004	68.3	CT	-0.83 (-0.93, -0.73)
Simone et al, 2014	67.7	X-ray	-0.85 (-1.22, -0.49)	...	-0.28 (-0.63, 0.07)
Szulc et al, 2008-MINOS	65	X-ray	0.08 (-0.07, 0.24)	0.00 (-0.16, 0.16)	-0.05 (-0.21, 0.10)	-0.17 (-0.32, -0.01)	...	-0.19 (-0.34, -0.03)	...
Szulc et al, 2013-STRAMBO	70.0	DXA	0.00 (-0.13, 0.13)	-0.07 (-0.21, 0.06)	0.05 (-0.08, 0.19)	0.08 (-0.05, 0.21)	0.03 (-0.11, 0.16)	0.11 (-0.02, 0.24)	...
Szulc et al, 2014- MrOS	73.3	X-ray	...	-0.15 (-0.21, -0.09)
Szulc et al, 2015-SOF	71.8	X-ray	-0.20 (-0.33, -0.07)	-0.08 (-0.21, 0.05)	0.18 (0.05, 0.31)
Vogt et al, 1997	70	X-ray	...	-0.09 (-0.19, 0.004)	0.00 (-0.10, 0.10)	-0.149 (-0.24, -0.05)	-0.11 (-0.21, -0.02)	...	-0.12 (-0.22, -0.03)
Wang et al, 2010-M	56.4	X-ray	...	-0.22 (-0.51, 0.07)	-0.06 (-0.35, 0.22)	-0.22 (-0.51, 0.07)	...
Wang et al, 2010-W	74.2	X-ray	...	-0.15 (-0.25, -0.04)	0.06 (-0.05, 0.16)	-0.11 (-0.22, -0.01)	...
Zhou et al, 2013	72	X-ray	-0.69 (-0.78, 0.59)	-0.52 (-0.62, -0.43)	-0.18 (-0.28, -0.08)
Zhou et al, 2014	69.3	X-ray	-6.00 (-6.22, -5.78)

Alexova et al (2018) showed an inverse association between AAC and trabecular bone score but not DXA derived BMD. Avramovski et al (2013) reported an inverse correlation between AAC and BMD, while Shen et al (2007) revealed no association

Table S7: Pooled standardised mean difference of BMD in people with any/advanced AAC

Skeletal site	Number of studies (patients)	SMD (95%CI)	I ² (%)	Egger's test	Certainty of evidence (GRADE)
Femoral neck					
No/low AAC	10 (3419)	1 (referent)			
Any/advanced AAC	10 (3562)	-0.25 (-0.46 to -0.04)	94.1	0.79	Moderate
Total Hip					
No/low AAC	16 (9613)	1 (referent)			
Any/advanced AAC	16 (10664)	-1.05 (-1.47 to -0.63)	99.4	0.21	Moderate
Lumbar spine					
No/low AAC	21 (8307)	1 (referent)			
Any/advanced AAC	21 (8953)	-0.67 (-1.21 to -0.12)	99.6	0.49	Moderate
Distal radius					
No/low AAC	4 (1528)	1 (referent)			
Any/advanced AAC	4 (2729)	-0.12 (-0.26 to 0.02)	76.7	0.83
Proximal radius					
No/low AAC	3 (1308)	1 (referent)			
Any/advanced AAC	3 (2168)	-0.11 (-0.26 to 0.04)	74.8	0.77
Whole body					
No/low AAC	4 (1597)	1 (referent)			
Any/advanced AAC	4 (1829)	-0.09 (-0.23 to 0.06)	72.2	0.71
Calcaneus					
No/low AAC	2 (911)	1 (referent)			
Any/advanced AAC	2 (1664)	-0.14 (-0.23 to -0.06)	0.0	< 0.01
Vertebral trabecular vBMD					
No/low AAC	2 (420)	1 (referent)			
Any/advanced AAC	2 (839)	-0.51 (-0.94 to -0.07)	92.0	

Egger's test < 0.05 was considered significant and the test is more reliable for analyses of more than ten studies

Table S8. Subgroup analysis showing a standardised mean difference in BMD by skeletal sites in people with any/advanced AAC

Site	Subgroup analysis		Number of studies (n)	SMD (95%CI)	I ² (%)
Femoral neck	Gender	Women only	5 (2140)	-0.32 (-0.54 to -0.09)	81.1
		Men only	2 (1682)	0.04 (-0.07 to 0.14)	0.0
		Mixed	3 (3159)	-0.31 (-0.82 to 0.21)	97.5
	Study location	Europe	6 (2819)	-0.18 (-0.40 to 0.05)	85.7
		North America	2 (1618)	-0.10 (-0.30 to 0.09)	74.4
		South America	1 (815)	-0.36 (-0.52 to -0.20)	-
	Imaging modality	Asia	1 (1729)	-0.68 (-0.78 to -0.59)	-
		Radiograph	8 (5465)	-0.34 (-0.59 to -0.10)	93.9
	Sample size	DXA	2 (1516)	0.07 (-0.08 to 0.22)	53.0
		<500	3 (522)	-0.55 (-0.95 to -0.14)	74.4
	≥500	7 (6459)	-0.15 (-0.41 to 0.11)	96.0	
Total hip	Gender	Women only	8 (9608)	-0.66 (-1.27 to -0.04)	99.4
		Men only	4 (7402)	-0.11 (-0.18 to -0.04)	21.9
		Mixed	4 (3267)	-3.09 (-5.03 to -1.15)	99.7
	Study location	Europe	5 (5067)	-2.69 (-4.29 to -1.09)	99.8
		North America	3 (8402)	-0.12 (-0.17 to -0.08)	-0.0
		South America	1 (815)	-0.39 (-0.56 to -0.23)	-
		Asia	1 (1729)	-0.52 (-0.62 to -0.43)	-
		Oceania	2 (2768)	-0.16 (-0.24 to -0.08)	0.0
		Africa	3 (1496)	-0.94 (-1.84 to -0.04)	95.8
	Imaging modality	Radiograph	8 (14509)	-0.37 (-0.87 to -0.13)	99.4
		DXA	7 (5768)	-1.84 (-2.73 to -0.95)	99.5
	Sample size	<500	4 (1028)	-0.25 (-0.63 to 0.14)	79.3
≥500		12 (19249)	-1.32 (-1.81 to -0.82)	99.6	
Lumbar spine	Gender	Women only	16 (12914)	-0.89 (-1.64 to -0.14)	99.6
		Men only	3 (2002)	0.00 (-0.09 to 0.10)	0.0
		Mixed	2 (2344)	0.04 (-0.41 to 0.49)	95.5
	Study location	Europe	7 (4204)	-0.49 (-1.62 to 0.63)	99.6
		North America	4 (5477)	-0.12 (-0.65 to 0.42)	98.6
		South America	2 (594)	-0.71 (-1.13 to -0.29)	68.3
		Asia	2 (3453)	-3.09 (-8.79 to 2.61)	100
		Africa	3 (1496)	-0.61 (-0.78 to -0.45)	0.0
		Oceania	2 (2036)	0.04 (-0.05 to 0.14)	0.0
	Imaging modality	Radiograph	11 (9368)	-0.91 (-1.92 to 0.10)	99.7
		CT	2 (2844)	-0.84 (-0.93 to -0.75)	0.0
		DXA	7 (5048)	-0.19 (-0.44 to 0.05)	91.3
	Sample size	<500	10 (2168)	-0.37 (-0.65 to -0.09)	81.6
≥500		11 (15092)	-0.92 (-1.69 to -0.14)	99.8	

Table S9. Modifiers of the association between any/advanced AAC and BMD by skeletal sites

Site	Modifier	Number of studies	β -coefficient	p-value
Femoral neck	Age	10	0.007	0.681
	BMI	9	0.027	0.611
	%Smokers in the cohort	8	-0.003	0.843
	%Women in the cohort	10	-0.005	0.018
Total hip	Age	16	0.144	0.126
	BMI	12	0.185	0.715
	%Smokers in the cohort	11	-0.072	0.181
	%Women in the cohort	16	-0.006	0.755
Lumbar spine	Age	20	-0.004	0.943
	BMI	13	0.281	0.082
	%Smokers in the cohort	8	0.030	0.708
	%Women in the cohort	20	-0.010	0.204

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Table S10: Absolute (ARD = absolute risk difference) and relative risks (RR) of fractures in people with any/advanced AAC for studies included in the fracture meta-analysis

Study	Characteristics		Any/All fractures		Vertebral fracture		Non-vertebral fracture		Hip fracture	
	Age, y	Test	% Events no/low vs any/advanced (ARD)	RR (95% CI)	% Events no/low vs any/advanced (ARD)	RR (95% CI)	% Events no/low vs any/advanced (ARD)	RR (95% CI)	% Events no/low vs any/advanced (ARD)	RR (95% CI)
Bagger et al, 2006	65	X-ray	14.3 vs 23.3 (+9.0)	1.63 (1.38, 1.93)	14.0 vs 20.9 (+6.9)	1.48 (1.05, 2.12)	0.9 vs 2.5 (+1.6)	2.81 (1.48, 5.34)	0.9 vs 2.5 (+1.6)	2.81 (1.48, 5.34)
Boukhris et al, 1973		X-ray	4.0 vs 18.5 (+14.5)	4.57 (2.56, 8.17)	4.0 vs 18.5 (+14.5)	4.57 (2.56, 8.17)
El Maghraoui et al, 2012	62.4	DXA	32.7 vs 45.0 (+12.3)	1.38 (0.84, 2.26)	14.3 vs 20.8 (+6.5)	1.45 (1.22, 1.73)	...			
El Maghraoui et al, 2013	60.9	DXA	13.9 vs 63.0 (+49.1)	4.54 (3.62, 5.68)	13.9 vs 63.0 (+49.1)	4.54 (3.62, 5.69)
El Maghraoui et al, 2018	59.3	DXA	12.3 vs 52.9 (+40.6)	4.31 (2.83, 6.54)	12.3 vs 52.9 (+40.6)	4.30 (2.83, 6.55)
Flipon et al, 2010	80.1	X-ray	26.6 vs 29.1 (+2.5)	1.09 (0.86, 1.40)	23.4 vs 23.3 (+0.1)	1.00 (0.76, 1.32)	...			
Ghozlani et al, 2017	57.7	DXA	5.7 vs 31.0 (+25.3)	5.48 (2.38, 12.63)	5.7 vs 31.0 (+25.3)	5.48 (2.38, 12.64)
Hanna et al, 2015	53	X-ray	45.0 vs 83.5 (+38.5)	1.86 (1.56, 2.21)
Iwamoto et al, 2010	73.8	X-ray	41.6 vs 77.7 (+30.1)	1.87 (1.57, 2.22)	40.7 vs 73.7 (+33.0)	1.81 (1.51, 2.17)	0.9 vs 4.0 (+3.1)	4.52 (0.95, 21.49)	0.9 vs 4.0 (+3.1)	4.52 (0.95, 21.49)
Kim et al, 2012	64.7	CT	5.5 vs 16.4 (+10.9)	2.99 (1.76, 5.08)	5.5 vs 16.4 (+10.9)	2.99 (1.76, 5.08)	...			
Lewis et al, 2019	75	DXA	22.4 vs 28.5 (+6.1)	1.27 (1.03, 1.57)	7.2 vs 7.4 (+0.2)	1.03 (0.66, 1.60)	17.4 vs 23.0 (+5.6)	1.32 (1.03, 1.70)	4.8 vs 6.9 (+2.1)	1.44 (0.87, 2.39)
Majjad (2020)	55	DXA	66.3 vs 12.9 (+53.4)	5.14 (3.33, 7.93)	66.3 vs 12.9 (+53.4)	5.14 (3.33, 7.93)				
Nakatsuka et al, 1997	68.6	X-ray	34.4 vs 42.3 (+7.9)	1.23 (0.73, 2.09)	34.4 vs 42.3 (+7.9)	1.23 (0.73, 2.09)	...			
Naves et al, 2008	65.2	X-ray	22.3 vs 31.7 (+9.4)	1.42 (1.09, 1.85)	32.7 vs 45.0 (+12.3)	1.38 (0.84, 2.26)	10.1 vs 17.0 (+6.9)	1.67 (1.11, 2.53)		
Rajzbaum et al, 2005	63.5	X-ray	52.2 vs 70.8 (+18.6)	1.36 (1.14, 1.62)	11.6 vs 27.5 (+15.9)	2.37 (1.48, 3.82)	40.6 vs 43.3 (+2.7)	1.07 (0.82, 1.39)	5.3 vs 7.5 (+2.2)	1.41 (0.60, 3.31)
Samelson et al, 2007-m	60	X-ray	3.8 vs 5.0 (+1.2)	1.30 (0.70, 2.42)	3.8 vs 5.0 (+1.2)	1.30 (0.70, 2.42)	3.8 vs 5.0 (+1.2)	1.30 (0.70, 2.42)
Samelson et al, 2007-w	61	X-ray	15 vs 15.7 (+0.7)	1.05 (0.82, 1.35)	15.0 vs 15.7 (+0.7)	1.05 (0.82, 1.35)	15.0 vs 15.7 (+0.7)	1.05 (0.82, 1.35)
Schousboe (2021)	74.9	DXA	8.3 vs 5.60 (+2.8)	1.50 (1.19, 1.89)	8.3 vs 5.60 (+2.8)	1.50 (1.19, 1.89)				
Schulz et al, 2004	68.3	CT	45.1 vs 48.3 (+3.2)	1.07 (0.97, 1.19)	32.7 vs 38.8 (+5.1)	1.19 (1.04, 1.35)	9.5 vs 12.4 (+2.9)	0.77 (0.59, 1.00)	12.4 vs 9.5 (-2.9)	0.77 (0.59, 1.00)
Szulc et al, 2008-MINOS	65	X-ray	6.4 vs 9.3 (+2.9)	1.46 (0.82, 2.57)
Szulc et al, 2013-STRAMBO	70	DXA	9.8 vs 11.7 (+1.9)	1.19 (0.81, 1.75)	9.8 vs 11.7 (+1.9)	1.19 (0.81, 1.75)
Szulc et al, 2014-MrOS	73.3	X-ray	15.0 vs 17.3 (+2.3)	1.15 (1.00, 1.32)	12.2 vs 16.1 (+3.9)	1.32 (1.14, 1.54)	1.5 vs 4.0 (+2.5)	2.70 (1.72, 4.10)
Szulc et al, 2015-SOF	71.8	X-ray	17.3 vs 20.1 (+2.8)	1.17 (0.89, 1.52)	17.3 vs 20.1 (+2.8)	1.17 (0.89, 1.52)
Torres et al, 2016	55.2	X-ray	12.8 vs 15.5 (+2.7)	1.21 (0.79, 1.86)	12.8 vs 15.5 (+2.7)	1.21 (0.79, 1.86)
Wang et al, 2010	71	X-ray	13.8 vs 16.1 (+2.3)	1.17 (0.91, 1.50)	0.7 vs 2.0 (+1.3)	2.84 (1.03, 7.84)	0.7 vs 2.0 (+1.3)	2.84 (1.03, 7.84)
Wyers et al, 2017	66	X-ray	26.7 vs 39.0 (+12.3)	1.46 (1.27, 1.69)	26.7 vs 39.0 (+12.3)	1.46 (1.27, 1.69)	...			
Yokomoto et al, 2020	57	X-ray	21.0 vs 84.6 (+63.6)	4.02 (2.08, 7.76)	21.1 vs 84.6 (+63.5)	4.02 (2.08, 7.76)	...			
Zhou et al, 2014	69.3	X-ray	8.4 vs 18.1 (+9.7)	2.17 (1.68, 2.80)	4.5 vs 10.3 (+5.8)	2.29 (1.60, 3.28)	3.9 vs 7.9 (+4.0)	2.02 (1.36, 3.00)	1.6 vs 4.9 (+3.3)	3.03 (1.70, 5.40)

Jamal et al, 2005 reported adjusted odds ratio and was included in the BMD adjusted analysis.

Table S11: Pooled relative risk of fracture in people with any/advanced AAC compared to those with no/less advanced AAC

AAC group	Fracture type	Number of studies (No. Events/ No. Group)	Absolute Risk Difference (95%CI)	Relative Risk (95%CI)	I ² (%)	Egger's test (p value)
Any/advanced AAC	Any/All fracture					
	No/low AAC	27 (2687/15632)	1 (referent)	1 (referent)		
	Any/ advanced AAC	27 (3829/18116)	+12.9 (+9.6 to +16.2)	1.73 (1.48 to 2.02)	91.0	0.02
	Vertebral fracture					
	No/ low AAC	22 (1841/12025)	1 (referent)	1 (referent)		
	Any/advanced AAC	22 (2274/319)	+14.1(+10.0 to +18.1)	1.93 (1.58 to 2.36)	90.5	0.66
	Non-vertebral fracture					
	No/low AAC	10 (611/7955)	1 (referent)	1 (referent)		
	Any/advanced AAC	10 (1277/10469)	+2.1 (+0.9 to +3.3)	1.36 (1.11 to 1.66)	72.3	0.17
	Hip fracture					
	No/low AAC	10 (270/7570)	1 (referent)	1 (referent)		
	Any/advanced AAC	10 (616/10239)	+1.7 (+0.9 to +2.6)	1.72 (1.18 to 2.49)	81.1	0.02
	Incident any/all fracture					
	No/low AAC	8 (721/7179)	1 (referent)	1 (referent)		
	Any/advanced AAC	8 (981/8950)	+4.2 (+2.1 to +6.4)	1.51 (1.25 to 1.82)	71.7	0.87
	Incident vertebral fracture					
	No/low AAC	3 (335/3387)	1 (referent)	1 (referent)		
	Any/advanced AAC	3 (280/2023)	+5.4 (+3.8 to +7.1)	1.80 (1.30 to 2.47)	64.1	0.36
	Incident non-vertebral fracture					
	No/low AAC	6 (834/9282)	1 (referent)	1 (referent)		
Any/advanced AAC	6 (603/5451)	+2.4 (+1.2 to +3.5)	1.46 (1.19 to 1.79)	60.1	0.17	
Incident hip fracture						
No/low AAC	6 (187/6240)	1 (referent)	1 (referent)			
Any/advanced AAC	6 (430/8159)	+2.0 (+1.4 to +2.5)	1.79 (1.25 to 2.58)	71.8	0.07	

Jamal et al, 2005 (n=52 participants) reported adjusted odds ratio and was included in the BMD adjusted analysis.

Table S12: Pooled relative risk of fracture in people with any and different thresholds of AAC

	Fracture type	Number of studies (No. Events/ No. Group)	Absolute Risk Difference (95%CI)	Relative Risk (95%CI)	I² (%)
Any detectable AAC	Any/All fracture				
	No detectable AAC	18 (1403/7420)	1 (referent)	1 (referent)	
	Any detectable AAC	18 (2208/8268)	+13.3 (+8.6 to +18.0)	1.68 (1.41 to 2.01)	88.3
	Vertebral fracture				
	No detectable AAC	13 (880/5186)	1 (referent)	1 (referent)	
	Any detectable AAC	13 (1442/5245)	+11.3 (+6.8 to 15.9)	1.79 (1.45 to 2.21)	83.5
	Non-vertebral fracture				
	No detectable AAC	7 (305/3706)	1 (referent)	1 (referent)	
	Any detectable AAC	7 (465/5017)	+1.4 (-0.2 to +3.0)	1.27 (0.93 to 1.73)	74.2
	Hip fracture				
No detectable AAC	6 (206/3480)	1 (referent)	1 (referent)		
Any detectable AAC	6 (395/4842)	+1.1 (-0.5 to 2.7)	1.38 (0.91 to 2.09)	78.4	
Increasing severity of AAC	Any/All fracture				
	Lowest reported AAC group	8 (737/6486)	1 (referent)	1 (referent)	
	Middle/combined AAC group (s)	8 (1040/8161)	+2.5 (+0.8 to +4.2)	1.26 (1.07 to 1.49)	61.2
	Highest AAC reported group	8 (533/3403)	+ 4.6 (+1.6 to +7.7)	1.49 (1.19 to 1.85)	71.3
	Vertebral fracture				
	Lowest reported AAC group	6 (331/4016)	1 (referent)	1 (referent)	
	Middle/combined AAC group (s)	6 (404/4164)	+2.7 (+0.8 to +4.7)	1.34 (1.07 to 1.67)	53.0
	Highest AAC reported group	6 (254/1971)	+ 5.6 (+2.20 to +9.0)	1.67 (1.26 to 2.22)	67.9
	Non-vertebral fracture				
	Lowest reported AAC group	4 (369/3906)	1 (referent)	1 (referent)	
	Middle/combined AAC group (s)	4 (597/4642)	+2.5 (+1.2 to +3.8)	1.28 (1.07 to 1.53)	34.4
	Highest AAC reported group	4 (282/1690)	+3.9 (-0.2 to +7.9)	1.53 (1.14 to 2.05)	53.2
	Hip fracture				
	Lowest reported AAC group	3 (143/3521)	1 (referent)	1 (referent)	
Middle/combined AAC group (s)	3 (254/4515)	+2.0 (+1.2 to +2.8)	1.71 (1.02 to 2.88)	80.2	
Highest AAC reported group	3 (102/1587)	+2.1 (-0.8 to +4.9)	1.81 (0.79 to 4.12)	84.8	

Table S 13: Pooled analyses showing the association between any/advanced AAC, BMD and fracture after excluding studies with poor and fair quality.

		Number of studies (patients)	SMD (95%CI)	I ² (%)
BMD (SMD 95%CI)	Femoral neck			
	No/low AAC	7 (2569)	1 (referent)	
	Any/advanced AAC	7 (2724)	-0.26 (-0.55 to 0.03)	95.7
	Total Hip			
	No/low AAC	10 (6842)	1 (referent)	
	Any/advanced AAC	10 (8688)	-1.26 (-1.70 to -0.82)	99.2
	Lumbar spine			
	No/low AAC	10 (5372)	1 (referent)	
	Any/advanced AAC	10 (4804)	-1.05 (-2.07 to -0.03)	99.8
Fracture (OR 95%CI)	Any/All fracture			
	No/low AAC	17 (2011/13242)	1 (referent)	
	Any/ advanced AAC	17 (1438/10047)	1.68 (1.43 to 1.99)	82.2
	Vertebral fracture			
	No/ low AAC	12 (943/6201)	1 (referent)	
	Any/advanced AAC	12 (1254/5088)	1.97 (1.53 to 2.53)	84.8
	Non-vertebral fracture			
	No/low AAC	7 (540/6553)	1 (referent)	
	Any/advanced AAC	7 (1122/9022)	1.30 (1.04 to 1.64)	77.0
	Hip fracture			
No/low AAC	5 (230/5961)	1 (referent)		
Any/advanced AAC	5 (547/8672)	1.63 (1.01 to 2.63)	88.1%	

Table S14: Subgroup analysis showing risks of fractures in people with any/advanced AAC

Site	Subgroup analysis		Number of studies (n)	Relative Risk (95%CI)	I ² (%)
Any fracture	Gender	Women only	15 (15217)	1.85 (1.43 to 2.39)	94.1
		Men only	7 (15977)	1.33 (1.19 to 1.48)	20.1
		Mixed	6 (2554)	1.97 (1.52 to 2.55)	00.0
	Study location	Europe	8 (8323)	1.33 (1.21 to 1.45)	20.0
		North America	8 (17455)	1.40 (1.13 to 1.72)	86.9
		Asia	5 (3067)	2.14 (1.64 to 2.79)	62.7
		Africa	5 (2455)	3.74 (2.41 to 5.78)	80.8
		Oceania	2 (2448)	1.23 (1.04 to 1.44)	0.0
	Imaging modality	Radiograph	19 (26251)	1.49 (1.32 to 1.68)	77.9
		CT	2 (3117)	1.73 (0.63 to 4.72)	94.3
		DXA	7 (4380)	2.68 (1.53 to 4.70)	94.0
	Sample size	<500	8 (2042)	2.02 (1.55 to 2.63)	86.04
>500		20 (31706)	1.62 (1.34 to 1.96)	91.6	
Vertebral fracture	Gender	Women only	13 (10293)	2.12 (1.48 to 3.03)	93.3
		Men only	4 (10703)	1.45 (1.31 to 1.60)	0.0
		Mixed	5 (2345)	2.12 (1.39 to 3.24)	79.8
	Study location	Europe	7 (5589)	1.36 (1.14 to 1.62)	49.5
		North America	4 (9253)	1.57 (1.12 to 2.21)	86.4
		Asia	5 (3067)	2.17 (1.59 to 2.95)	65.1
		Africa	5 (4408)	3.71 (1.93 to 7.12)	95.2
		Oceania	1 (1024)	1.03 (0.66 to 1.60)	-
	Imaging modality	Radiograph	13 (13891)	1.64 (1.37 to 1.96)	75.5
		CT	2 (3117)	1.81 (0.74 to 4.48)	90.9
		DXA	7 (6333)	2.62 (1.52 to 4.50)	94.6
	Sample size	<500	7 (1739)	2.97 (1.94 to 4.56)	85.3
>500		15 (21602)	1.62 (1.30 to 2.03)	90.5	
Non-vertebral fracture	Gender	Women only	7 (10962)	1.35 (1.08 to 1.69)	77.0
		Men only	2 (6446)	1.30 (0.70 to 2.42)	-
		Mixed	2 (1016)	2.05 (0.94 to 4.47)	31.4
	Study location	Europe	3 (3604)	1.49 (1.20 to 1.85)	48.0
		North America	4 (10247)	0.95 (0.72 to 1.26)	52.2
		Asia	2 (2125)	2.12 (1.44 to 3.11)	0.0
		Oceania	2 (2448)	1.64 (0.83 to 3.23)	51.4
	Imaging modality	Radiograph	9 (15052)	1.52 (1.25 to 1.84)	56.1
		CT	1 (2348)	0.77 (0.59 to 1.00)	-
		DXA	1 (1024)	1.32 (1.03 to 1.70)	-
	Sample size	<500	2 (728)	1.91 (0.63 to 5.75)	56.9
		>500	9 (17696)	1.39 (1.11 to 1.73)	71.4
Hip fracture	Gender	Women only	7 (10962)	1.56 (1.03 to 2.36)	81.3
		Men only	2 (6446)	1.93 (0.96 to 3.88)	70.9
		Mixed	1 (401)	4.52 (0.95 to 21.49)	-
	Study location	Europe	2 (2989)	2.11 (1.09 to 4.12)	37.8
		North America	4 (10247)	1.26 (0.77 to 2.06)	87.3
		Asia	2 (2125)	3.18 (1.85 to 5.47)	0.0
		Oceania	2 (2448)	1.74 (0.96 to 3.17)	27.2
	Imaging modality	Radiograph	8 (14437)	2.02 (1.33 to 3.07)	74.5
		CT	1 (2348)	0.77 (0.59 to 1.00)	-
		DXA	1 (1024)	1.44 (0.87 to 2.39)	-
	Study size	<500	2 (728)	2.09 (0.71 to 6.13)	39.4
		>500	8 (17081)	1.67 (1.12 to 2.50)	84.4

Table S15: Modifiers of the association between any/advanced AAC with risk of fractures

Site	Modifier	Number of studies	β -coefficient	p-value
Any fracture	Age	26	-0.038	<0.001
	BMI	21	0.038	0.505
	%Smokers in the cohort	17	-0.012	0.007
	%Women in the cohort	27	0.001	0.764
	AAC24 cut point	27	0.077	0.126
Vertebral fracture	Age	20	-0.047	< 0.001
	BMI	18	0.035	0.556
	% Smokers in the cohort	14	-0.012	0.031
	% Women in the cohort	22	0.00	0.943
	AAC24 cut point	22	0.043	0.443
Non-vertebral fracture	Age	11	0.015	0.613
	BMI	9	-0.039	0.629
	% Smokers	8	-0.005	0.434
	%Women	11	-0.001	0.864
	AAC24 cut point	11	-0.001	0.974
Hip fracture	Age	10	0.043	0.279
	BMI	8	-0.072	0.605
	% Smokers	7	-0.001	0.913
	%Women	10	0.003	0.636
	AAC24 cut point	10	0.159	0.360

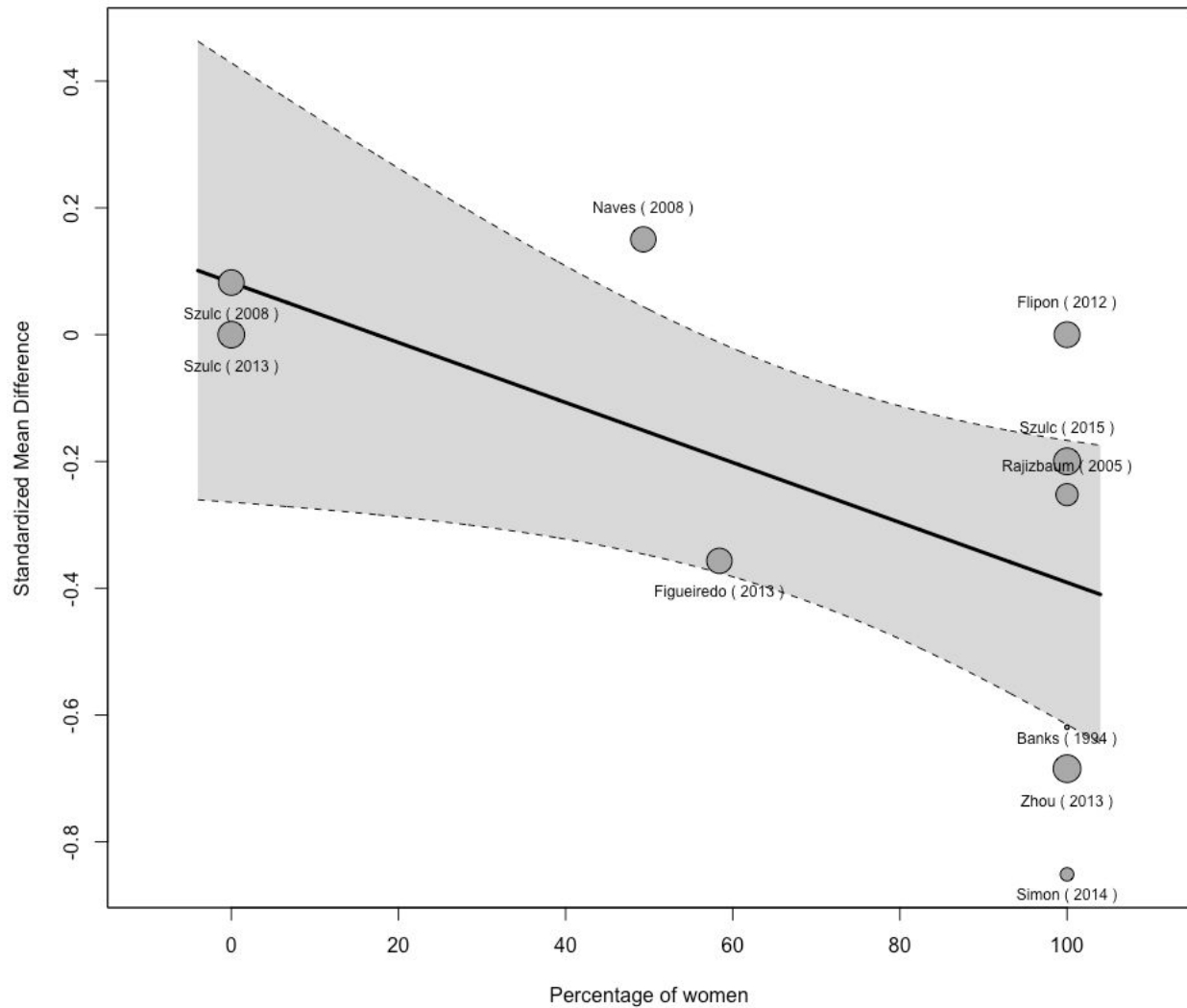


Figure S1: Meta-regression of the modifying effect of percentage women on the association between AAC and femoral neck BMD. Studies with greater percentages of women had greater differences in AAC (negative standardised differences indicate that BMD was lower in those with higher AAC)

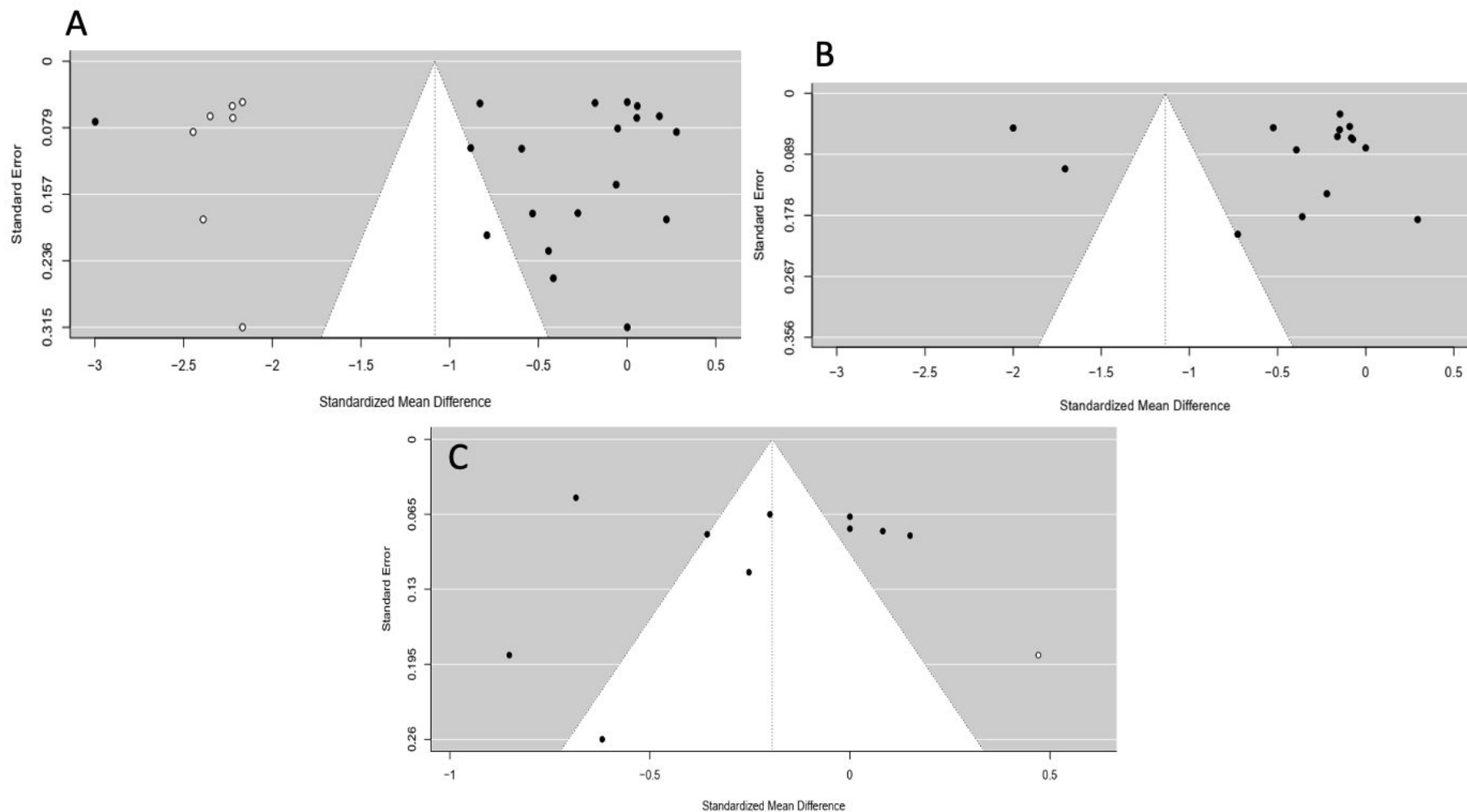


Figure S2: Funnel plots (trim and fill method) showing publication bias on the association between any/advanced AAC and (A) lumbar spine BMD, (B) total hip BMD and (C) Femoral neck BMD

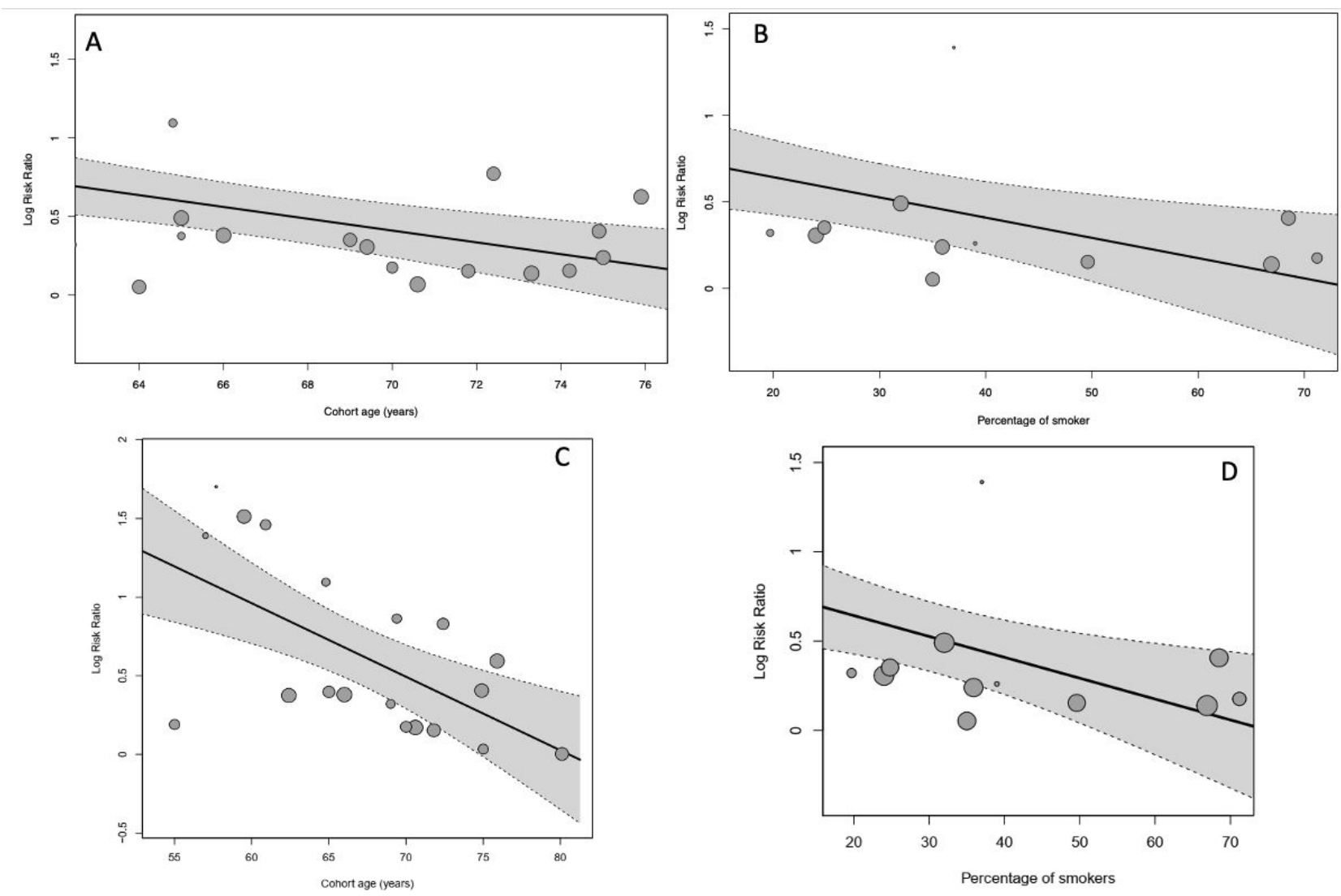


Figure S3: Meta-regression, (A) age and log RR of any fracture, (B) Percentage of smokers in the cohort and log RR of any fracture, (C) age and log RR of vertebral fracture, (D) Percentage of smokers in the cohort and log RR of vertebral fracture

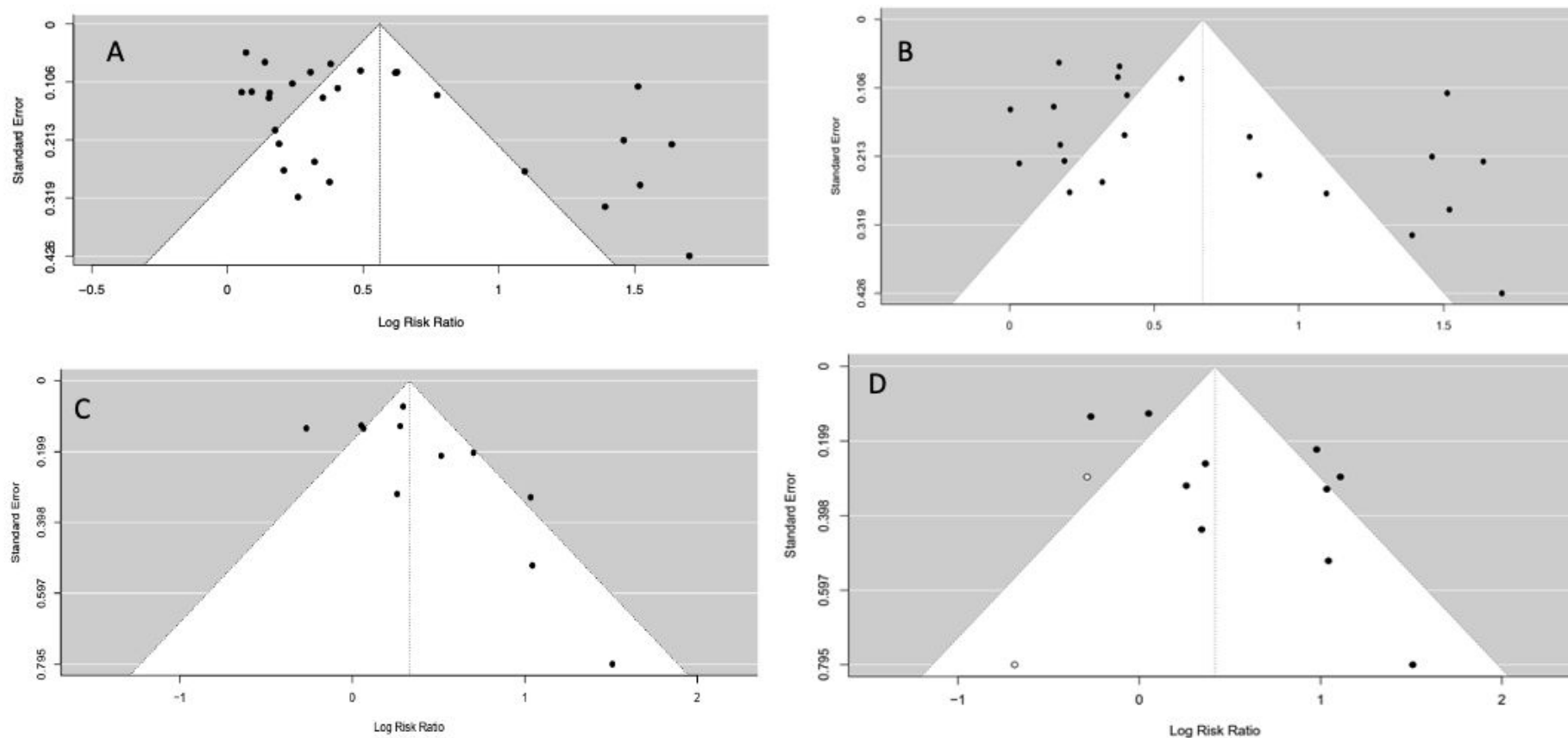


Figure S4: Funnel plots (trim and fill method) showing publication bias on the association between any/advanced AAC and (A) any fracture, (B) vertebral fracture, (C) non-vertebral fracture and (D) hip fracture

Table S16. Detailed GRADE assessment for outcomes in people with any/advanced AAC compared to those with no/less advanced AAC.

		Quality Assessment				Summary of findings				
Outcome	Studies (subjects)	Risk of bias	Inconsistency	Indirectness	Imprecision	Effect size/Dose response	SMD/RR (95%CI)	Test for heterogeneity	Certainty of Evidence	
BMD	Femoral neck	10 (6981)	-	↓1 between-study heterogeneity	pop. generalizable	No serious imprecision	-0.25 (-0.46 to -0.04)	I ² =94.1%, p-value<0.001	Moderate	
	Total hip	16 (20277)	-	↓1 between-study heterogeneity	pop. generalizable	No serious imprecision	-1.05 (-1.47 to -0.63)	I ² =99.4%, p-value<0.001	Moderate	
	Lumbar Spine	21 (17260)	-	↓1 between-study heterogeneity	pop. generalizable	No serious imprecision	-0.67 (-1.21 to -0.12)	I ² =99.6%, p-value<0.001	Moderate	
Fracture	Any	28 (34458)	evidence of publication bias (↓1)	↓1 between-study heterogeneity	pop. generalizable	No serious imprecision	0/↑1	1.73 (1.48 to 2.02)	I ² =91.0, p-value<0.001	Moderate
	Vertebral	22 (23344)	-	↓1 between-study heterogeneity	pop. generalizable	No serious imprecision	0/↑1	1.93 (1.58 to 2.36)	I ² =90.5, p-value<0.001	High
	Non-vertebral	11 (18424)	-	↓1 between-study heterogeneity	pop. generalizable	No serious imprecision	0/↑1	1.36 (1.11 to 1.66)	I ² =72.3, p-value<0.001	High
	Hip	10 (17809)	evidence of publication bias (↓1)	↓1 between-study heterogeneity	pop. generalizable	No serious imprecision	0/0	1.71 (1.18 to 2.48)	I ² =81.1, p-value<0.001	Low

Scores are based on the GRADE for assessment of evidence about prognosis where the evidence begins as high quality evidence.(87)These criteria are based on; a) 5 domains diminishing confidence (-1 for risk of bias, inconsistency, imprecision, indirectness, and publication bias) and b) 2 situations increasing confidence (+1 or +2 for large (RR >2) to very large (RR >4) effect size and a +1 for a dose-response gradient [increasing pooled relative risks for any fracture, vertebral fracture, non-vertebral fracture and hip fractures with increasing severity of AAC]).(87)

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