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# **PRIMARY RESEARCH**

**Open Access**



# The frequency of *DRD2* rs1076560 and *OPRM1* rs1799971 in substance use disorder patients from the United Arab Emirates

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## **Abstract**

**Background:** Dopaminergic and opioid systems are involved in mediating drug reward and reinforcement of various types of substances including psychoactive compounds. Genes of both systems have been candidate for investigation for associations with substance use disorder (SUD) in various populations. This study is the frst study to determine the allele frequency and the genetic association of the *DRD2* rs1076560 SNP and *OPRM1* rs1799971 SNP variants in clinically diagnosed patients with SUD from the United Arab Emirates (UAE).

**Methods:** A cross-sectional case–control cohort that consisted of 512 male subjects was studied. Two hundred and ffty patients with SUD receiving treatment at the UAE National Rehabilitation Center were compared to 262 controls with no prior history of mental health and SUD. DNA from each subject was extracted and genotyped using the TaqMan® SNP genotyping assay.

**Results:** There were no signifcant associations observed for *DRD2* rs1076560 SNP, *OPRM1* rs1799971 SNP, and combined genotypes of both SNPs in the SUD group.

**Conclusion:** Further research is required with refnements to the criteria of the clinical phenotypes. Genetic studies have to be expanded to include other variants of the gene, the interaction with other genes, and possible epigenetic relationships.

**Keywords:** Substance use disorder, *DRD2* gene, *OPRM1* gene, rs1076560, rs1799971, UAE

## **Background**

The dopaminergic and opioid systems are part of a network involved in rewarding response following the consumption of opioids and other psychoactive substances  $[1, 2]$  $[1, 2]$  $[1, 2]$  $[1, 2]$ . The dopamine system has been central to theories in reward of substance use disorder (SUD) that has been debated for several decades  $[3]$  $[3]$ . The consumption of addictive substances stimulates the release of dopamine into nucleus accumbens (NAc) elevating the dopamine level to above basal levels  $[4]$  $[4]$ . There are different mechanisms of action and target molecules in the dopamine

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properties of the dopamine D2 receptor. The D2L/S variation changes the localization of the third intracellular loop of the receptor that interacts with the G coupled protein; hence, it afects the intracellular signalling mechanism. The mechanisms of dopamine receptor signal transduction and regulation are not only mediated via G protein signalling, but also involve G protein independent signalling events [\[6](#page-8-3)].

Understanding the reward and the treatment responses highlight the necessity of reviewing the relation between the genetic variants of these dopaminergic genes and SUD [[7\]](#page-8-4). Patriquin et al. [\[7](#page-8-4)] reviewed the correlation of dopaminergic genes to SUD. The genetic variants of *DRD2* have been a focus of intense research to determine their link to SUD. Two single-nucleotide polymorphisms (SNPs) of the *DRD2* loci; rs2283265 in intron 5 and rs1076560 in intron 6 have been reported to be associated with cocaine use [\[8](#page-8-5)]. A *DRD2* variant (rs1076560) has also been studied in various populations. Clark et al. [[9\]](#page-8-6) reported the association between rs1076560 and opioid use in African Americans (AA) (*p*=*0.03*) and European Americans (EA)  $(p=0.02)$ . These findings introduced insights into the possible roles of these dopaminergic variants on SUD. However, the extent of genetic variations acting as a risk factor for SUD is still not understood.

The opioid receptor gene family has been extensively studied to identify if there are any associations with SUD. There three subtypes are  $\mu$ ,  $\kappa$ , and  $\delta$ , encoded by the *OPRM1*, *OPRK1*, and *OPRD1* genes, respectively. The product of the *OPRM1* gene plays a role in facilitating the analgesia and euphoria effects of opioids. The G protein-coupled mu opioid receptor encoded by the *OPRM1* gene is a multiple trans-membrane protein that has a high affinity for endogenous and exogenous opioids [[10\]](#page-8-7). The *OPRM1* gene consists of 9 exons which encode over 100 variants that produce between 19 and 39 splice forms of the protein  $[11]$  $[11]$ . The rs1799971 (A118G) site is an SNP that is located in exon 1 of the *OPRM1* gene. This variant encodes a missense change in *OPRM1* at position 40 resulting in a change from an asparagine to an aspartate (Asn40Asp) in the extracellular domain of the receptor. This substitution eliminates an *N*-glycosylation site in the extracellular domain, which afects endogenous opioid binding and receptor activity  $[12]$  $[12]$ . The role of the  $rs1799971$  in SUD remains in dispute  $[13, 14]$  $[13, 14]$  $[13, 14]$  $[13, 14]$  $[13, 14]$ . The efect of the variants of rs1799971 on diferent classes of substance has been extensively studied in various populations  $[10, 11, 13, 15–20]$  $[10, 11, 13, 15–20]$  $[10, 11, 13, 15–20]$  $[10, 11, 13, 15–20]$  $[10, 11, 13, 15–20]$  $[10, 11, 13, 15–20]$  $[10, 11, 13, 15–20]$  $[10, 11, 13, 15–20]$  $[10, 11, 13, 15–20]$ . However, only two studies [[21,](#page-8-14) [22\]](#page-8-15) have looked into rs1799971 variants in the Arab population. Several studies have reported associations between A118G with diferent substances of use in patients from diferent ethnic groups [[10,](#page-8-7) [11,](#page-8-8) [13,](#page-8-10) [15](#page-8-12)[–20](#page-8-13)], with others not fnding signifcant associations with SUD [[23,](#page-8-16) [24](#page-8-17)].

This study is the first study to report on the allele frequency for the rs1076560 SNP of *DRD2* and the rs1799971 SNP of *OPRM1* in individuals with SUD from the United Arab Emirates (UAE). This case–control study investigated the genetic association between the *DRD2* rs1076560 SNP and *OPRM1* rs1799971 SNP and SUD in the UAE population. The allele frequencies of *DRD2* rs1076560 SNP in the UAE population were compared to other global populations. The allele frequencies of the *OPRM1* rs1799971 SNP in this UAE study were compared with SUD cohorts in other Arab populations.

## <span id="page-3-0"></span>**Methods**

## **Subject information**

A total of 250 male nationals of the UAE were recruited from the National Rehabilitation Center (NRC) based on the nation's capital of Abu Dhabi. All participants were previously diagnosed with SUD based on the DSM-5 criteria. Saliva samples were collected from each patient who had agreed to participate in this study, using the DNA Oragene saliva kit (DNA Genotek, Ottawa, Ontario, Canada). In addition, 262 male nationals of the UAE with no prior history of SUD or mental illness were recruited as controls. These individuals were part of an ongoing population study towards the establishment of the Emirates Family Registry (EFR)  $[25]$ . The characteristics of the cohort are summarised in Alblooshi et al. [[26](#page-8-19)] which includes socio-demographic data as well as the combination and types of substances that were used. The study was conducted in accordance with standards set by the World Medical Association of Helsinki [[27\]](#page-8-20). Specifcally, approval to study human subjects was obtained from the NRC in Abu Dhabi. In addition, reciprocal approval was obtained from the human ethic committee at the University of Western Australia (RA/4/1/6715).

### **Genotyping of single‑nucleotide polymorphism (SNP)**

Genomic DNA was isolated from the cells in human saliva samples using the laboratory protocol for manual extraction of DNA as recommended by Genoteck (Ottawa, Ontario, Canada). SNP genotyping was preformed using a TaqMan® SNP genotyping assay on the viiA™7 (Applied Biosystems Inc. (ABI); Foster City, CA, USA). For quality control (QC) purposes, 10% of samples that were studied were randomly selected. These QC samples were genotyped at least twice. There was 100% concordance between the genotypes recorded for replicates from the same individual. The Hardy-Weinberg equilibrium (HWE) was calculated for both the cases and controls. No signifcant deviation from HWE was observed.

## **Identifcation and inclusion criteria of relevant studies for comparison purposes**

Life science journal articles containing information related to genotyping studies of the two SNPs of interest: *DRD2* rs1076560 and *OPRM1* rs1799971 were retrieved from a search of electronic publication databases. Specifcally, articles in PubMed/MEDLINE (US National Library of Medicine), EMBASE (Elsevier B.V., Amsterdam, The Netherlands), and ISI Web of Science (Thomson Reuters, New York, NY, USA) that were published to 15 March 2017 were retrieved. The search process was set up to specifcally identify case–control studies that examined associations between each SNP (*DRD2* rs1076560 and *OPRM1* rs1799971) with diferent types of SUD in diferent populations or ethnic groups. Data that were specifcally extracted from these published studies for comparison included: (1) the number of cases and controls; (2) the ethnicity of the study population; (3) the genotyping method used; (4) allele and genotype frequency data; (5) information related to Hardy–Weinberg equilibrium; and (6) the signifcance of the levels of associations identifed (*p* values and statistical tests).

## **Statistical analysis**

Allele and genotype frequencies in the cases and controls from this study were calculated using the GenAlex package (Peakall and Smouse 2006, 2012) and association was determined using the STATA statistical software (College Station, TX, USA).

## **Results**

The allele frequencies of the *DRD2* rs1076560 SNP in the patient and control groups were compared. The Minor Allele Frequency (MAF) for *DRD2* rs1076560 was the "A" allele, with a frequency of 11.80% in the substance use group compared with 13.20% in the controls. Correspondingly, the "C" allele was 88.20% in cases and 86.80% in controls (Table [1\)](#page-4-0). The  $\chi^2$  allelic association between the *DRD2* rs1076560 SNP and substance use was not significant in the UAE population that was studied  $[p=0.52]$ , odds ratio  $(OR) = 0.88$ ].

The results of this UAE study were compared with published data that included association studies between the *DRD2* rs1076560 SNP and the use of diferent substances (e.g., alcohol, cocaine, opioids, and poly-substances) in a number of diferent populations (e.g., Caucasians, African Americans, Asians, and Jordanian Arabs) (Table [1](#page-4-0)). Six relevant publications matched the selection criteria described in the "[Methods](#page-3-0)" section. All the studies identifed were case versus control studies. Clark et al. [\[9](#page-8-6)] studied a relatively large population of EA and AA (999 EA cases versus 656 EA controls and 278 AA cases versus 750 AA controls) and showed that the *DRD2* rs1076560 SNP was signifcantly associated with opioid use in both

Population	Substance	Phenotype	Number	Allele's frequency (%)		p	OR (95% CI)	References
				C	Α			
Caucasians	Alcohol	Case	171	79.00	21.00	0.14	$1.34(0.90 - 1.98)$	$[30]$
		Control	160	83.00	17.00			
African Americans	Opioid	Case	278	88.00	12.00	0.03	$1.43(1.04 - 1.97)$	$[9]$
		Control	750	91.00	9.00			
European Americans		Case	999	83.00	17.00	0.02	$1.27(1.04 - 1.54)$	
		Control	656	86.00	14.00			
African Americans	Cocaine	Case	45	94.00	6.00	0.53	$0.66(0.18 - 2.40)$	$[27]$
		Control	31	92.00	8.00			
Caucasians		Case	74	76.00	24.00	0.003	$2.74(1.38 - 5.45)$	
		Control	63	90.00	10.00			
Japanese	Alcohol	Case	297	59.90	40.10	0.03	$1.30(1.02 - 1.66)$	$[29]$
		Control	425	66.00	34.00			
Jordanian Arabs	Poly-substance	Case	220	84.30	15.70	0.03	$1.53(0.90 - 2.68)$	$[30]$
		Control	240	89.20	10.80			
<b>UAE Cohort</b>	Mixed <sup>a</sup>	Case	250	88.20	11.80	$0.52***$	$0.88(0.61 - 1.28)$	This study
		Control	262	86.80	13.20			

<span id="page-4-0"></span>**Table 1 Summary of the meta-analysis of the** *DRD2* **rs1076560 in association with SUD in diferent populations**

*CI* confdence intervals, *OR* odds ratio

\*\* *p* value of Armitage test using the status of mixed opioids (*n*=250) versus no addiction (*n*=262)

a Mixed: include single substance and poly-substance users

populations with *p* values of 0.02 and 0.03, respectively. The MAF of the *DRD2* rs1076560 SNP was higher in EA case group (17.0%) when compared to EA control group (14.0%) as well as in AA cases (12.0%) versus AA controls (9.0%) [\[9](#page-8-6)]. Moyer et al. [[28\]](#page-8-23) studied cocaine users in the same two ethnic groups (EA and AA) and showed that the *DRD2* rs1076560 SNP was associated with cocaine use in EA ( $p=0.003$ , OR=2.74), but not in AA  $(p=0.53, \text{OR} = 0.66)$ . A polish study of European alcohol users reported results that were not significant ( $p=0.14$ ,  $OR = 1.34$ ). In a study of Japanese patients, the risk allele "A" of the *DRD2* rs1076560 SNP was associated with alcohol use  $(p=0.03, \text{ OR} = 1.30)$  [\[29](#page-8-22)]. To date, there has only been one other study of patients of Middle Eastern descent. Al-Eitan et al. [\[30\]](#page-8-21) found the *DRD2* rs1076560 SNP to be associated with poly-substance use in a Jordanian Arab population ( $p=0.03$ , OR = 1.53).

The *OPRM1* rs1799971 SNP genotype frequencies studied in two case–control studies of SUD in populations of Arab descent are summarised in Table [2](#page-5-0). In this study, the MAF "G allele" was 15.4% in cases and 18.9% in controls. Overall, the association of the *OPRM1* rs1799971 SNP was not signifcant in the UAE patients with SUD ( $p=0.12$ , OR=0.78). In comparison with an Egyptian Arab population, no signifcant association was reported between the *OPRM1* rs1799971 SNP and Tramadol use  $(p=0.54, \text{ OR }=0.73)$  with MAF "G allele" of 5.2% in cases and 7.0% in controls. Simple

combinations in both populations indicate signifcant association between the MAF "G allele" with SUD  $(p=0.04, \text{ OR} = 0.73)$ . This enhanced the odd ratio value with no heterogeneity observed. The combined data were adjusted using Cochran–Mantel–Haenszel test that was close to the UAE cohort.

The combined genotype frequencies for the *DRD2* rs1076560 SNP and *OPRM1* rs1799971 SNP are summa-rised in Table [3.](#page-5-1) There were no significant associations between the combined genotypes of both SNPs in cases  $(p=0.88)$  and controls  $(p=0.23)$ . The combined genotype CC/AA was the highest in cases (55.6%) and controls  $(50.8%)$ . This was followed by the combined genotype CC/AG with similar representation in cases (22.0%) and controls  $(22.9%)$ . The combined genotype of the AC/GG was not observed in any individuals in the case group. Whereas, this combined genotype was observed in 1.2% of the control group. There were no cases or controls subjects with the combined genotype, AA/GG.

## **Discussion**

In the UAE cohort represented in this study, there was no signifcant genetic association between the *DRD2* rs1076560 SNP  $(p=0.52)$  and SUD. The MAF of the *DRD2* rs1076560 SNP was higher in the controls (13.2%) when compared to the substance users  $(11.8\%)$ . This was similar to the observations made in an AA population studied by Moyer et al.  $[28]$ , where the MAF in cocaine

<span id="page-5-0"></span>



*CI* confdence intervals, *MAF* minor allele frequency, *OR* odds ratio

\* *p* value of Cochran–Armitage test using allelic model

\*\* *p*-hetero: *p* value of heterogeneity of Breslow–Day of homogeneity test

a Cochran–Mantel–Haenszel test (CMH) is a test used in the analysis of stratified or matched categorical data

<span id="page-5-1"></span>



users (6.0%) was lower than in the control group at 8.0%. In general, Moyer et al. [\[28\]](#page-8-23) reported an association between the *DRD2* rs1076560 SNP and cocaine use, in EA but not the AA. The overall odds ratio of 1.94 in population  $(n=214)$  was attributed to an artefact arising from the small sample size that was studied [[9\]](#page-8-6). In a more recent study, Clark et al. [\[9](#page-8-6)] replicated the Moyer et al. [[28\]](#page-8-23) study by increasing sample size. The *DRD2* rs1076560 SNP was found to be associated with opioid use disorder in the two populations examined in this subsequent study (EA:  $p = 0.02$ , AA:  $p = 0.03$ ), but not cocaine use (EA:  $p=0.23$ , AA:  $p=0.19$ ). The MAF of the *DRD2* rs1076560 SNP, the "A allele", was found to be higher in the cases when compared to controls in both populations: EA at 17.0% versus 14.0%, respectively, and in AA at 12.0% versus 9.0%, respectively [[9\]](#page-8-6).

The different association outcomes between the studies may account for the diferences in the substance of use or the pattern of use in the cohorts that were studied. Table [1](#page-4-0) summarises the type of substances in each study, which included alcohol, opioid, cocaine, and poly-substance use. Stratifying these studies based on the type or pattern of substance used is important to identify more specific genetic risk variants  $[31]$  $[31]$ . Iacono et al.  $[32]$  $[32]$  suggested that specifc substances infuenced the nature of the genes that are involved in the pharmacodynamics and pharmacokinetics of that substance [[31](#page-8-24), [32\]](#page-8-25). However, it is a challenge to stratify patients according to substance of use, as often there is no single substance that is used by patients and there are overlaps between the substances are used. Clark et al. [[9\]](#page-8-6) investigated associations with a single substance. However, their study was plagued with difculties related to overlap between diferent types of the used substances  $[9]$  $[9]$ . In addition, the differences in the genetic architecture between populations could dictate whether a variant is associated or not (Table [1](#page-4-0)). For example, the association between *DRD2* rs1076560 SNP and alcohol use was statistically significant  $(p=0.03,$  $OR = 1.30$ ) in a Japanese population [[29\]](#page-8-22). However, the same SNP was not statistically signifcant in the Polish patients with alcohol use disorder  $(p=0.14, \text{ OR} = 1.30)$ [[33\]](#page-8-26). Even though the findings of Malecka et al. [\[33](#page-8-26)] were not signifcant, the MAF "A allele" in the group of alcohol users was higher in the cases (21.0%) than in the controls (17.0%). In contrast, the MAF "A allele" in this UAE study and the AA group in Moyer et al. [\[28](#page-8-23)] were opposite, where the MAF "A allele" was higher in controls than in cases (Table [1](#page-4-0)).

This study found no significant genetic association between the *OPRM1* rs1799971 SNP ( $p = 0.12$ ) with SUD among patients from the UAE population. The association between the *OPRM1* rs1799971 SNP and various phenotypes of SUD has been studied and includes being a risk factor to diferent types of substances of use including tobacco consumption [[34](#page-8-27)], alcohol use and sensitivity [[13,](#page-8-10) [19](#page-8-28), [34](#page-8-27), [35\]](#page-8-29), and opioid use [[16](#page-8-30), [36](#page-8-31)]. Other studies looked into inducing clinical symptoms or mediating responses to therapeutic treatment [\[11](#page-8-8), [17](#page-8-32), [37,](#page-8-33) [38\]](#page-8-34). The association between the *OPRM1* rs1799971 SNP and SUD failed to reach statistical signifcance in our study ( $p = 0.12$ ) and in a previous study by Enabah et al.  $[22]$  $[22]$  ( $p = 0.54$ ). In addition, the MAF of the *OPRM1* rs1799971 SNP or "G allele" in our study (case=15.4%,  $control = 18.9\%)$  was distributed in a similar pattern to Enabah et al.  $[22]$  $[22]$  (case=5.2%, control=7.0%), where the MAF "G allele" was lower in cases than in the controls. However, by combining the two cohorts, as shown in Table [3](#page-5-1), the increase in numbers resulted in a signifcant association between the *OPRM1* rs1799971 SNP and substance use. This suggests that a larger population size in future studies is required. The *OPRM1* rs1799971 SNP association varies and appears to depend on the study population and the nature of the substance of use. For example, Chen et al. [[35\]](#page-8-29) examined the association between the *OPRM1* rs1799971 SNP and alcohol use disorder in two diferent populations (Asian and Caucasian) in a meta-analysis study. They reported an association with the *OPRM1* rs1799971 SNP in Asians (*p* ≤ 0.001) but not in Caucasian  $(p=0.76)$ . Other studies have reported a lack of association with alcohol use [\[24](#page-8-17)] and with heroin and/or cocaine use [\[16](#page-8-30), [23\]](#page-8-16). Since the *OPRM1* rs1799971 SNP has been widely studied in diferent populations, we focused on compiling data based on the Arab studies (Table [2\)](#page-5-0). Another Arab study by Al-Eitan et al. [\[21](#page-8-14)] investigated the role of *OPRM1* variants including the rs1799971 SNP on the outcomes of therapeutic treatment for opioids. This association between *OPRM1* rs1799971 SNP and the possibility of an increased chance of relapse in patients undergoing Naltrexone treatment for opioid use disorder in Jordanian patients was not significant ( $p=0.55$ ). The variability of the findings from the range of studies conducted to date highlights some contribution by the *OPRM1* rs1799971 SNP. However, the variability in associations found to date requires further study to understand the contribution of this SNP.

This study is the first to examine if there is any association between combined genotypes of two genes (*DRD2* rs1076560 SNP and *OPRM1* rs1799971 SNP) and the susceptibility to SUD in patients of Arabian ancestry. There was no signifcant association found between the combined genotype frequencies of the two SNPs and disease in this case–control study (cases  $p=0.88$  and controls  $p=0.23$ ). Although some studies support the combined efect of variants of these two genes (*DRD2* and *OPRM1*), the exact mechanism remains elusive. This may suggest the involvement of other genetic variants within or in the

vicinity of the *DRD2* and *OPRM1* genes. For example, Zhang et al. [\[10](#page-8-7)] examined 13 SNPs in the *OPRM1* gene using haplotype analysis in an association study involving substance use patients from two populations: European and Russian ancestries  $[10]$  $[10]$  $[10]$ . They reported the involvement of the intronic variants of *OPRM1* (rs511435, rs534731, rs3823010, rs2075572, and rs609148) in increasing risk to SUD. Some of these SNPs were located in linkage disequilibrium (LD) with *OPRM1* rs1799971 SNP and others have been postulated to be involved in transcription regulation or alternative gene splicing. The fndings in Zhang et al. [\[10](#page-8-7)] highlighted the limitation of selecting a single SNP of a candidate gene to examine the genetic association with SUD.

Interaction between the *DRD2* and *OPRM1* genes with other genes has been examined across diferent substances of use. For instance, Lechner et al. [\[39\]](#page-8-35) examined the combined efect of the *OPRM1* rs1799971 SNP and the *DRD4* exon 3 VNTR variants on cigarette craving after alcohol consumption. The study reported that the presence of the G allele is associated with an increase in cigarette craving after alcohol consumption. However, no signifcant association between to the exon 3 VNTR variants of the *DRD4* were found with the condition [[39](#page-8-35)]. In addition, Sullivan et al. [\[40](#page-8-36)] reported a gene–gene interaction between the dopamine receptors gene (*DRD2*) and the dopamine transporter gene (*DAT*) in cocaine users. The interaction between the regulatory variant of *DRD2* (rs2283265) and dopamine transporters gene altered *DAT* protein activity, supporting the possibility that variants being a risk factors for cocaine use [[40\]](#page-8-36).

## **Conclusion**

This study provides insights into two major genes that are thought to be risk factors of substance use. Specifcally, the *DRD2* rs1076560 SNP and the *OPRM1* rs1799971 SNP were studied in substance use patients from the UAE population. No signifcant association between the *DRD2* rs1076560 SNP, the *OPRM1* rs1799971 SNP, and the combined genotype of the two SNPs and SUD was identifed in this cohort. Nevertheless, future studies must consider stratifcation of the disease phenotype to assess possible association with *DRD2* and *OPRM1*. In addition, the fndings of this study might suggest the involvement of other variants or genes in the mechanism of the disorder. Haplotype analyses for *DRD2* and *OPRM1* variants can be considered in future studies to evaluate the interaction of variants on each gene. Alternatively, genome-wide association study (GWAS) could be more objective strategy, since it does not rely on any previous conclusions from other populations.

#### **Abbreviations**

SUD: substance use disorder; UAE: United Arab Emirates; NRC: National Rehabilitation Center; EFR: Emirates Family Registry; DSM-5: Diagnostic and Statistical Manual\_5; SNP: single nucleotide polymorphism; QC: quality control; HWE: Hardy Weinberg equilibrium; AA: African American; EA: European American; VNTR: variable number of tandem repeats.

#### **Authors' contributions**

HA contributed to the design of the study, processing the samples, analysing the data, and preparing the manuscript. The NRC team, comprising of AEK, MS, and HAG, was involved in recruiting patients and accessing data for patients. WO provided further assistance with statistical analysis. GH, HAS, and GT are supervisors of HA, who is a doctoral student at the University of Western Australia. They contributed on all elements of the study. All authors read and approved the fnal manuscript.

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#### **Competing interests**

The authors declare that they have no competing interests.

#### **Availability of data and materials**

The data sets used and analysed during the current study are available from the corresponding author on reasonable request.

#### **Consent for publication**

All participants provided their consent for their de-identifed data to be published.

#### **Ethics approval and consent to participate**

The approvals to involve human subjects in this study were obtained from the NRC in Abu Dhabi and the University of Western Australia (RA/4/1/6715).

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