Emotional Memory Forever: The Cinematography of Paul Ewing

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Over a period of ten years Paul Ewing documented the life of his family on film – initially using Super 8 film and then converting to VHS with the advent of the new technology. Through the lens of home movies, autoteography and memory I discuss his approach to amateur image making and its lasting legacy.

Home movies have been the driving force behind a number of autobiographical documentaries such as Tarnation, Video Fool for Love and Stories We Tell. Here I take an auto ethnographical look at the films my own father made over a ten year period, prior to my parents divorce, and examine their impact on my own life and look to see what value they hold for myself and for others.

"Autoteography is predicated on the ability to invite readers into the lived experience of the presumed "Other" and to experience it viscerally" (Boylorn and Orbe 15). It is a research method that connects "the autobiographical and personal to the cultural, social and political" (Ellis xix). Autoteography involves the turning of the ethnographic gaze inward on the self (Denzin 227). Autoteographers use their personal experience as primary data reflexively to bend back on self and look more critically at self-other interactions.

Paul Francis Ewing was born in 1947 in Redhill in the United Kingdom. Inez Anne Taveira was born eight years previously in another part of the world entirely, Taiping in Malaysia or Malaya as it was known then. She immigrated to the UK when she was 21 to study acting and later teaching. She married Paul in 1970 and by 1976 they had two children – my brother Brendan and myself. Around 1978 Paul, or Dad, started to film the family. He wanted to "capture the moment. Like writing a diary."

Patricia Zimmerman writes, "Amateur film represents psychic psychics of dares and dreams. The family, dreams, and nightmares create new hybrids, new discoveries" (276). In the beginning of the last century Pierre Janet already noted that: "certain happenings ... leave indelible and distressing memories – memories to which the sufferer continually returns, and by which he is tormented day by and day.

Janet, postulated that intense emotional reactions make events traumatic by interfering with the integration of the experience into existing memory schemes. Intense emotions, Janet thought, cause memories of particular events to be dissociated from consciousness, and to be stored, instead, as visceral sensations (anxiety and panic), or as visual images (nightmares and flashbacks). Schachter defined it as: "Memory as a function of the living person can be understood as a capacity for the organization and reorganization of past experiences and impressions in the service of present needs, fears, and interests" (294).

The images captured by Paul Ewing are part of both our consciousness and unconsciousness. I have revisited them on numerous occasions for varying reasons. Amateur film's otherness requires analysis of active relationships between maker and subject (Zimmerman 277). When I questioned Paul in regards to this research, he suggested that screening the films was very important to him. "Mum and I enjoyed them and then left the grand parents. Also you and Brien." I found it more than interesting that he placed me, my brother and myself last in the list of those who enjoyed the screenings. As a student of film I have looked for the stories within these images, looking to understand who the man behind the lens was: potentially who the men behind the lenses have been. Who was the man from my/our memories, who was the boy, who were the boys who became the man/men we are?

Van der Kolk and Fisler suggest that ‘dissociation refers to a compartmentalization of experience: elements of the experience are not integrated into a unitary whole, but are stored in memory as isolated fragments consisting of sensory perceptions or affective states” (510). Karen L. Ishizuka insists, "Within home movies ... lie hidden histories of the world." In this case, perhaps only hidden histories of myself. Given a consistent dissociative reaction to stressful situations my honest agenda is to watch and re-watch my father's home cinema may indeed be to attempt to decode what Janet claimed people experience when intense emotions, memories cannot be transformed into a neutral narrative: a person is "unable to make the recital which we call narrative memory, and yet he remains confronted by the difficult situation" (660). This results in a phobia of memory that prevents the integration of traumatic events and splits off the traumatic memories from ordinary consciousness.

Piaget claimed that dissociation occurs when an active failure of semantic memory leads to the organization of memory on somatosensory or iconic levels (201). It cannot be coincidence that these descriptors sound familiar to any student or practitioner of cinema. We, the autonym: a moving mechanical device made in imitation of a human being.

"The limbic system is thought to be the part of the central nervous system that maintains and guides the emotions and behavior necessary for self-preservation and survival of the species, and that is critically involved in the storage and retrieval of memory" (Van der Kolk 10). Of all areas in the central nervous system, the amygdala is most clearly implicated in the evaluation of the emotional meaning of incoming stimuli. It is thought to integrate internal representations of the external world in the form of memory images with emotional associations as a part of integrative memory systems. This results in a phobia of memory that prevents the integration of traumatic events and splits off the traumatic memories from ordinary consciousness.

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By the age of five I was literally bathing in representation. I was recreating the past in order to both process the trauma and make sense of its absence. Everything I did as a child was caught on film. From the origin of her trauma. I had a similar experience in that I was encouraged by a therapist to ask my father about the reasons behind his infidelity and what he felt were the triggers for his sexual behaviour.

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The filming of home movies does not always have such dramatic consequences, but it always carries a risk for the subjects filmed, especially children. Parents cannot be transformed into a neutral narrative: a person is "unable to make the recital which we call narrative memory, and yet he remains confronted by the difficult situation" (660). This results in a phobia of memory that prevents the integration of traumatic events and splits off the traumatic memories from ordinary consciousness. Parents claimed that dissociation occurs when an active failure of semantic memory leads to the organization of memory on somatosensory or iconic levels (201). It cannot be coincidence that these descriptors sound familiar to any student or practitioner of cinema. We, the autonym: a moving mechanical device made in imitation of a human being.

Missing, however, is the experience of the ordinary. The events that are all too common to us all and to which we are all exposed every day of our lives. The events that we see again and again in our dreams and nightmares. The events that we see repeated in the films we watch on television and the films we make with our home video cameras.

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One image, of Inez, my mother, comes up in my mind a lot. She stares into the camera as my Father films her. She appears to be engaged in a non verbal conversation with him, with the camera. She doesn't smile but looks ready to resign, the request to stop filming that is present in so many other instances of her in Paul's films is absent – it seems to suggest there is no point in her asking. Shortly after the date stamped onto the video image, she revealed to my brother and myself that Paul had been having an affair. “Your father does not love us anymore”. In therapy I have explored both moments – the memory and the video taped image. Something in my mother's gaze suggests the break, the end of the illusion Paul had crafted both on film and video, and in life.

Pierre Bourdieu, discussing family photography, argued that nothing could be filmed outside of what must be filmed. The same ritual ceremonies (marriage, birth, family meals, gift-giving), the same daily scenes (a baby in his mother’s arms, a baby having a bath), the same vacation sequences (playtime on the beach, walks in the forest) appear across most home movies. Discussing “common things,” Georges Perec contended the difficulty is “to free these images from the straitjacket in which they are trapped, to make them produce meaning and speak about what they are and what we are.” Home movies are precisely “common things.” Erving Goffman terms the process of “shifting of frame.” A film of minor importance can suddenly become a fabulous document when the historical context of reading changes. Every old home movie that operates within different spatial, cultural, ethnic, or social framework will benefit from de-framed readings. Even if these images were not documents and were stereotypical home movies, they become precious because they look new. Hungarian filmmaker Péter Forgács “creates masterful reflections on the notion of the document itself: why one makes films; the language of the images and language itself; and the possibilities that the image holds for cognition” (Odin 266). The cinematography of Paul Ewing remains a source of possibilities.

References